

# Social Skills Groups for Children

Location: Langston Brown Community Center  
2121 N. Culpeper Street, Arlington, VA 22207

Classes are designed for children with High Functioning Autism, ADD/ADHD, and related disorders. Participants must be able to verbally and actively participate within a group setting. Children learn to explore their emotions, make appropriate friendships, improve self-esteem, manage anxiety, work on a variety of social skills, and a whole lot more!

## Let's Play

Ages: 6-8

Join us for an hour of fun and exploration as children learn and strengthen their social skills through active play in a safe and healthy environment. This class is designed for children with ADD/ADHD, high functioning autism (formerly Asperger's syndrome), learning disabilities, and developmental delays. Children must be able to participate verbally in group activities. A welcome interview for new participants must be scheduled before class starts.

Wednesdays, September 16-December 9 (10 weeks)  
(no class Sept. 23, Nov. 11, 25)

5pm-6pm

Fee: \$300

Code: #6861

Wednesdays, January 13-March 2 (8 weeks)

5pm-6pm

Fee: \$240

Code: #6928

Wednesdays, April 6- May 25 (8 weeks)

5pm-6pm

Fee: \$240

Code: #6929

## Friends

Ages: 9-12

A fun class designed to help children explore and understand their emotions through recreational play. Discussion topics include dealing with anger, understanding feelings, the power of positive thinking, and handling stress. This class is designed for children with ADD/ADHD, high-functioning autism, learning disabilities, and developmental delays. Children must be able to participate verbally in group activities. A welcome interview for new participants must be scheduled before class starts.

Wednesdays, September 16-December 9 (10 weeks)  
(no class Sept. 23, Nov. 11, 25)

6:15pm-7:15pm

Fee: \$300

Code: #6864

Wednesdays, January 13- March 2 (8 weeks)

6:15pm-7:15pm

Fee: \$240

Code: #6930

Wednesdays, April 6- May 25 (8 weeks)

6:15pm-7:15pm

Fee: \$240

Code: #6931

For more information, please contact Arlene Lechner, Special Needs Support Coordinator, [Arlene.Lechner@jccnv.org](mailto:Arlene.Lechner@jccnv.org), 703.537.3032

REGISTRATION FORM

CODE: # \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (H) (\_\_\_\_\_) \_\_\_\_\_ (C) (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Names of additional participants \_\_\_\_\_ / \_\_\_\_\_

I want to help support important programs at the J by making a donation to one or more of the following funds (suggested gift: \$18).

Feel free to provide an alternative amount below for your 100% tax-deductible gift. \$ \_\_\_\_\_ General Operating Fund

\$ \_\_\_\_\_ Other: \_\_\_\_\_ \$ \_\_\_\_\_ Israel Programs \$ \_\_\_\_\_ Adult Programming \$ \_\_\_\_\_ Special Needs

Program Total \$ \_\_\_\_\_ Donation Total \$ \_\_\_\_\_ Grand Total \$ \_\_\_\_\_

Check  VISA  MasterCard  American Express

Credit Card # \_\_\_\_\_ Expiration Date \$ \_\_\_\_\_ Security Code \_\_\_\_\_

Member # \_\_\_\_\_ Name as Written on Card \_\_\_\_\_

The JCCNV reserves the right to photograph and or videotape activities for use in publicity and promotional materials. Please notify the JCCNV in writing if you do not want photos of either you or your family members to be used and send in a recent photo so that we can be sure that you and/or your family members are not included in these materials.

SPECIAL NEEDS

Jewish Community Center of Northern Virginia  
8900 Little River Turnpike • Fairfax, VA 22031  
[www.jccnv.org](http://www.jccnv.org) • Phone: 703.323.0880 • Fax: 703.323.1993



Partner Agency of  
The Jewish Federation  
OF GREATER WASHINGTON

