

Activity Calendar

July 2018

Activities with a star* require a prepaid fee. All other activities are open to 55+ members.

Please call us if you plan on attending any upcoming activities so we can notify you of any changes or cancellations.

Lunch is served every weekday at noon in room 418.

Pickleball Court Schedule:

2 Courts Available:
Monday: 12:30-3pm
Tuesday: 12:30-3pm
Wednesday: 11:00am-3pm
Thursday: 12:30-3pm
Friday: 11:00am-3pm

Weekend Activities:

Sunday, May 6:
 Photo Safari to U.S. National Arboretum, 3-5pm

Monday	Tuesday	Wednesday
2 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 11:45-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 4:00-10:00 55+ Open Hours RM205	3 9:00-11:00 ComputerHelp (byappt.) RM205 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 12:30-3:00 55+ Pickleball Drop-in GYM	4 County Holiday Center Closed
9 9:00-12:00 Table Games RM205 10:00-12:00 Travel Sign-up RM217 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 11:45-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 4:00-10:00 55+ Open Hours RM205	10 9:00-11:00 ComputerHelp (byappt.) RM205 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 10:30-12:00 Advisory Committee RM527 12:30-3:00 55+ Pickleball Drop-in GYM Social 60+ Cafe Trip Day*	11 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM527 10:30-1:00 Arlington Mill Crafters RM404 11:00-12:00 Bingo* RM411 11:00-3:00 55+ Pickleball Drop-in GYM 6:30-8:00 Snapchat & Instagram RM527
16 8:50-9:50 Happy Feet* RM527 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	17 9:00-11:00 ComputerHelp (byappt.) RM205 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-12:00 Emma's Craft Corner RM205 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	18 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM527 10:30-1:00 Arlington Mill Crafters RM404 11:00-12:00 Bingo* RM411 11:00-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-8:00 Fuerza Contra Alzheimer's RM205 7:00-8:30 War Gardens in America RM527
23 8:50-9:50 Happy Feet* RM527 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	24 9:00-11:00 ComputerHelp (byappt.) RM205 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:00 Cornhole in the Courtyard PLAZA 1:45-2:45 Advanced Pilates* RM525	25 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM527 10:30-1:00 Arlington Mill Crafters RM404 11:00-12:00 Bingo* RM411 11:00-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 6:30-7:30 Print Online RM527
30 8:50-9:50 Happy Feet* RM527 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	31 9:00-11:00 ComputerHelp (byappt.) RM205 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 11:00-12:00 Design Your Workout RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	

Thursday	Friday
5 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205	6 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-1:00 Open Art Studio RM526 4:00-10:00 55+ Open Hours RM205
12 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Digital Photography RM411 4:00-10:00 55+ Open Hours RM205	13 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-1:00 Open Art Studio RM526 1:00-3:00 Social Ballroom Dance RM527 4:00-10:00 55+ Open Hours RM205
19 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:30 Movies & Critics: Phantom Thread (R) RM525 1:00-2:00 Line Dancing RM527 2:00-3:00 Digital Photography RM411 4:00-10:00 55+ Open Hours RM205	20 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 11:00-3:00 55+ Pickleball Drop-in GYM 10:00-12:00 Open Latino Dance RM404 11:00-1:00 Open Art Studio RM132 11:00-12:00 Healthy Hips, Shoulders* RM527 12:15-1:15 Advanced Pilates* RM527 4:00-10:00 55+ Open Hours RM205
26 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Digital Photography RM411 4:00-10:00 55+ Open Hours RM205	27 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:00-12:00 Art of Kirigami RM404 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Healthy Hips, Shoulders* RM527 11:00-1:00 Open Art Studio RM132 12:15-1:15 Advanced Pilates* RM412 1:00-3:00 Social Ballroom Dance RM527 4:00-10:00 55+ Open Hours RM205

