

Activity Calendar

January 2018

Activities with a star* require a prepaid fee. All other activities are open to 55+ members.

Please call us if you plan on attending any upcoming activities so we can notify you of any changes or cancellations.

Lunch is served every weekday at noon in room 418.

Pickleball Court Schedule:

2 Courts Available:
Monday: 12:30-3pm
Tuesday: 12:30-3pm
Wednesday: 11:00am-3pm
Thursday: 12:30-3pm
Friday: 11:00am-3pm

Weekend Activities:

Photo Review Session
 Sun., Jan. 13, 2-3pm

55+ Social Art Swap
 Sun., Jan. 27, 3-4:30pm

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | 1 County Holiday Center Closed | 2 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-1:00 Arlington Mill Crafters RM404 4:30-6:00 Gentle & Meditative Yoga* RM527 | 3 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:45-1:30 Arabic Class RM525 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 | 4 9:00-10:00 Pickleball for Beginners* GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-12:00 Emma's Craft Corner RM205 11:00-12:00 Healthy Hips, Shoulders* RM527 11:00-1:00 Open Art Studio RM526 12:15-1:15 Advanced Pilates* RM525 4:00-10:00 55+ Open Hours RM205 |
| 7 8:50-9:50 Happy Feet* RM527 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-11:00 Holistic Wellness RM411 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205 | 8 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:30-12:00 Advisory Committee RM527 10:30-12:00 Art with Jim RM526 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525 | 9 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-1:00 Arlington Mill Crafters RM404 11:00-12:00 Bingo* RM411 4:30-6:00 Gentle & Meditative Yoga* RM527 6:30-7:30 Smartphone Photography RM527 | 10 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:45-1:30 Arabic Class RM411 12:30-3:00 55+ Pickleball Drop-in GYM 10:45-11:30 Story Time! RM217 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 | 11 9:00-10:00 Pickleball for Beginners* GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-12:00 Emma's Craft Corner RM205 11:00-1:00 Open Art Studio RM526 11:00-12:00 Healthy Hips, Shoulders* RM527 10:00-11:00 55+ Pilates* RM527 10:30-3:00 55+ Pickleball Drop-in GYM 2:00-3:30 Fitness Goals for 2019 RM527 4:00-10:00 55+ Open Hours RM205 |
| 14 8:50-9:50 Happy Feet* RM527 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-12:00 Travel Registration RM217 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205 | 15 9:00-9:50 Cardio Boxing & More* GYM 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Origami Group RM404 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Meet and Greet RM205 1:45-2:45 Advanced Pilates* RM525 | 16 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-12:45 Arlington Mill Crafters RM404 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-8:00 Fuerza Contra Alzheimers RM205 | 17 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 11:00-12:00 Design Your Ideal Year RM527 11:45-1:30 Arabic Class RM411 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 1:00-3:30 Movies & Crits: A Star is Born (R) RM525 4:00-10:00 55+ Open Hours RM205 | 18 9:00-10:00 Pickleball for Beginners* GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:00-12:00 Emma's Craft Corner RM205 10:30-3:00 55+ Pickleball Drop-in GYM 10:00-12:00 Open Latino Dance RM404 11:00-1:00 Open Art Studio RM526 11:00-12:00 Healthy Hips, Shoulders* RM527 12:15-1:15 Advanced Pilates* RM525 4:00-10:00 55+ Open Hours RM205 |
| 21 County Holiday Center Closed | 22 9:00-9:50 Cardio Boxing & More* GYM 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:30-12:00 Art with Roz RM526 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:30 Movies & Crits: The Favourite (R) RM527 1:45-2:45 Advanced Pilates* RM525 2:00-3:00 Print Online RM411 | 23 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-1:00 Arlington Mill Crafters RM404 11:00-12:00 Bingo* RM411 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-9:00 Social Dance Night RM527 | 24 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:45-1:30 Arabic Class RM411 12:30-3:00 55+ Pickleball Drop-in GYM 10:45-11:30 Story Time! RM217 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 | 25 9:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:00-12:00 Emma's Craft Corner RM205 10:30-1:00 55+ Pickleball Drop-in GYM 11:00-12:00 Healthy Hips, Shoulders* RM527 11:00-12:00 Birthday Celebration RM205 11:00-1:00 Open Art Studio RM526 12:15-1:15 Advanced Pilates* RM525 1:00-3:00 Social Ballroom Dance RM527 1:00-3:00 Kickball Game! GYM 4:00-10:00 55+ Open Hours RM205 |
| 28 8:50-9:50 Happy Feet* RM527 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM527 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205 | 29 9:00-9:50 Cardio Boxing & More* GYM 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 11:00-12:00 Mindfulness: New Science RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525 | 30 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-3:00 55+ Pickleball Drop-in GYM 10:30-12:45 Arlington Mill Crafters RM404 11:00-12:00 Bingo RM411 4:30-6:00 Gentle & Meditative Yoga* RM527 | 31 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:45-1:30 Arabic Class RM411 12:30-3:00 55+ Pickleball Drop-in GYM 10:45-11:30 Story Time! RM217 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 | |