



Please call ahead to reserve
your space for a class,
workshop or special event:

703-228-5722

AURORA HILLS 55+ SENIOR CENTER

735 S. 18th Street
Arlington, Virginia 22202
703-228-5722

February 2019

Registration Fees:
55+ Arlington Residents: \$20/\$60* **Household \$30/\$90***
Non-Arlington Resident: \$45/\$90* **Household \$65/\$135***
 *55+ GOLD Pass also provides access to all fitness equipment.
 You must be registered and have a current "55+ Pass"
 to be able to participate in our programs and classes.
 Registration also accepted online (enter search term 55+ Pass).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TR = Training Room KIT = Kitchen MR = Main Room OS = Outside RA = Reception Area * = PROGRAM HAS FEE</p>	<p>NEW at Aurora Hills: Join Our Email Distribution List! Sign up at the Front Desk at Aurora Hills 55+ Center to receive the monthly newsletter and important special events information by email.</p>			<p>1 10-11:30 Cozy Up with Crosswords & Puzzles MR 10:30-11:30 Line Dancing MR 12:30-3 Cinema Talk: Mark Felt: The Man Who Brought Down the White House (2017, PG-13) MR</p>
<p>4 10-12:30 Yarn Crafters MR 11:30-1 Advisory Committee Meeting TR 12-2 Mah Jongg KIT 2-3 Tai Chi Practice MR</p>	<p>5 *9:30-10:30 Cardio Tone Exercise MR</p>	<p>6 *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 10-12:15 Mac, iPhone, iPad RA 1:00-2:30 Ghana the Gold Coast TR</p>	<p>7 *11-12 Cardio Tone Exercise MR</p>	<p>8 10-11:30 Cozy Up with Crosswords & Puzzles MR 10:30-11:30 Line Dancing MR 1:30-3 The Play's the Thing TR</p>
<p>11 *10-11 Gentle Hatha Yoga TR 10-12:30 Yarn Crafters- Hoffman Boston Choral MR Group Performance MR 12-2 Mah Jongg KIT 1-1:30 Intergenerational Story Time MR 2-3 Tai Chi Practice MR</p>	<p>12 *9:30-10:30 Cardio Tone Exercise MR</p>	<p>13 *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 1:30-3 Age in Place with ANV-Continuum of Care MR</p>	<p>14 Valentine's Day! *11-12 Cardio Tone Exercise MR</p>	<p>15 10-11:30 Cozy Up with Crosswords & Puzzles MR 10:30-11:30 Line Dancing: Love Songs & Cupcakes MR 1:30-3 The Importance of Diplomacy MR</p>
<p>18 Closed for President's Day Holiday</p>	<p>19 *9:30-10:30 Cardio Tone Exercise MR</p>	<p>20 *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 10-12:15 Mac, iPhone, iPad RA 11:30-12:30 Comedy Club TR</p>	<p>21 *11-12 Cardio Tone Exercise MR</p>	<p>22 9-10:30 Fast Forwards Walking Group OS 10-11:30 Cozy Up with Crosswords & Puzzles MR 10:30-11:30 Line Dancing TR 1-2 Pamper Yourself: DIY Spa MR 1:30-3 The Play's the Thing TR</p>
<p>25 *10-11 Gentle Hatha Yoga TR 10-12:30 Yarn Crafters MR 12-2 Mah Jongg KIT 12:15-1:30 Book Club TR *1:30-3 Monet In Love With The Sea- TR Joan Hart MR 2-3 Tai Chi Practice MR</p>	<p>26 *9:30-10:30 Cardio Tone Exercise MR</p>	<p>27 *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 1:30-2:30 Taking Flight: Yesterday & Today TR</p>	<p>28 *11-12 Cardio Tone Exercise MR</p>	<p>INCLEMENT WEATHER CLOSINGS HOTLINE 703-228-4715</p>

**Registration for Spring classes starts at 10 a.m. on
 March 4th for Residents; March 5th for Non-Residents!**