

Activity Calendar

March 2020

Monday	Tuesday	Wednesday
2 Registration Day 8:50-9:50 Happy Feet* RM411 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM411 11:25-12:15 Stretching* RM411 11:30-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 12:30-1:30 Healthy Hips, Shoulders* RM411 1:45-2:45 55+ Pilates* RM411 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	3 9:15-10:00 Strength Training RM527 9:30-11:00 Spanish Class RM411 11:00-12:00 Spanish Conversation RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:30-11:30 Advisory Committee RM527 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM411	4 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Bingo* RM205 4:30-6:00 Gentle & Meditative Yoga* RM527
9 8:50-9:50 Happy Feet* RM411 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-12:00 Travel In Person Signup RM527 10:10-11:10 Core Conditioning* RM411 11:25-12:15 Stretching* RM411 11:30-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 12:30-1:30 Healthy Hips, Shoulders* RM411 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 1:45-2:45 55+ Pilates* RM411 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	10 9:15-10:00 Strength Training RM527 9:30-11:00 Spanish Class RM411 11:00-12:00 Spanish Conversation RM411 10:00-12:00 Origami for Beginners RM404 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM411	11 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Bingo* RM205 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 4:30-6:00 Gentle & Meditative Yoga* RM527 6:30-7:30 Music Streaming RM527
16 8:50-9:50 Happy Feet* RM411 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM411 11:25-12:15 Stretching* RM411 11:30-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 12:30-1:30 Healthy Hips, Shoulders* RM411 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 1:45-2:45 55+ Pilates* RM411 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	17 9:15-10:00 Strength Training RM527 9:30-11:00 Spanish Class RM411 11:00-12:00 Spanish Conversation RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:00 Cornhole Practice Courtyard RM411 1:45-2:45 Advanced Pilates* RM411	18 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 11:00-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 4:30-6:00 Gentle & Meditative Yoga* RM527
23 8:50-9:50 Happy Feet* RM411 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM411 11:00-12:00 Pickleball for Beginners* GYM 11:25-12:15 Stretching* RM411 11:30-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM411 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 1:45-2:45 55+ Pilates* RM411 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	24 9:15-10:00 Strength Training RM527 9:30-11:00 Spanish Class RM411 11:00-12:00 Spanish Conversation RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM411	25 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Bingo* RM205 4:30-6:00 Gentle & Meditative Yoga* RM527 6:30-7:30 Beginner Friendly Poker RM205
30 8:50-9:50 Happy Feet* RM411 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:10-11:10 Core Conditioning* RM411 11:00-12:00 Pickleball for Beginners* GYM 11:25-12:15 Stretching* RM411 11:30-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 12:30-1:30 Healthy Hips, Shoulders* RM411 1:00-2:00 Stay Active & Ind. Life (SAIL) RM527 1:45-2:45 55+ Pilates* RM411 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	31 9:15-10:00 Strength Training RM527 9:30-11:00 Spanish Class RM411 11:00-12:00 Spanish Conversation RM411 10:00-11:00 Rummikub RM205 10:00-12:00 Crochet Group RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:30 Movies & Critics: 1917 (2019) (R) RM525 1:45-2:45 Advanced Pilates* RM411	

Thursday	Friday
5 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM527 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-12:30 Arabic Class RM411 1:30-3:30 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Line Dance Studio RM527 4:00-6:30 55+ Open Hours RM205	6 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM411 10:00-12:00 Emma's Craft Corner RM205 11:00-12:00 Healthy Hips, Shoulders* RM411 11:00-1:00 Open Art Studio RM132 11:00-3:00 55+ Pickleball Drop-in GYM 12:15-1:15 Advanced Pilates* RM411 4:00-10:00 55+ Open Hours RM205
12 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM527 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-12:30 Uber & Lyft RM525 11:00-12:30 Arabic Class RM411 1:30-3:30 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Line Dance Studio RM527 4:00-6:30 55+ Open Hours RM205	13 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM411 10:00-12:00 Emma's Craft Corner RM205 11:00-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Healthy Hips, Shoulders* RM411 11:00-1:00 Open Art Studio RM132 12:15-1:15 Advanced Pilates* RM411 4:00-10:00 55+ Open Hours RM205
19 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM527 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-12:30 Arabic Class RM411 11:00-12:30 Dust off your Bike RETAIL 1:30-3:30 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Line Dance Studio RM527 1:00-3:30 Movies & Critics: Judy (2019) (PG-13) RM525 4:00-10:00 55+ Open Hours RM205	20 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM411 10:00-12:00 Open Latino Dance RM527 10:00-12:00 Emma's Craft Corner RM205 11:00-12:00 Healthy Hips, Shoulders* RM411 11:00-1:00 Open Art Studio RM132 11:00-3:00 55+ Pickleball Drop-in GYM 12:15-1:15 Advanced Pilates* RM411 4:00-10:00 55+ Open Hours RM205
26 9:00-10:00 Arlington Mill Trekkers PLAZA 9:15-10:00 Strength Training RM527 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-12:30 Arabic Class RM527 1:30-3:30 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 2:00-3:00 Line Dance Studio RM527 4:00-10:00 55+ Open Hours RM205	27 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM411 10:00-12:00 Emma's Craft Corner RM205 11:00-12:00 Birthday Celebration RM527 11:00-12:00 Healthy Hips, Shoulders* RM411 11:00-1:00 Open Art Studio RM132 11:00-3:00 55+ Pickleball Drop-in GYM 1:00-3:00 Social Ballroom Dance RM527 12:15-1:15 Advanced Pilates* RM411 4:00-10:00 55+ Open Hours RM205

Activities with a star (*) require a prepaid fee. All other activities are open to 55+ members.

Please call us if you plan on attending any upcoming activities so we can notify you of any changes or cancellations.

Lunch is served every weekday at noon in room 418.

Pickleball Court Schedule:

2 Courts Available:
Monday: 12:30-3pm
Tuesday: 12:30-3pm
Wednesday: 11:00am-3pm
Thursday: 1:30-3:30pm
Friday: 11:00am-3pm

Weekend Activities:

Photo Interest Group:

Social Art Swap:
 Sun., March 22, 1:30-3:30pm
 RM526