

## What is in season now?

Eating seasonally has many advantages: the -fruits and vegetables are easy to get, they are fresh, have more flavor and are less expensive. Eating seasonally means eating locally grown foods, supporting small and midsize local farmers.

*Let's celebrate the new season visiting your near farmer's market and eating seasonal produce.*

- [Apples](#)
- [Apricots](#)
- [Avocados](#)
- [Bananas](#)
- [Beets](#)
- [Bell Peppers](#)
- [Blackberries](#)
- [Blueberries](#)
- [Cantaloupe](#)
- [Carrots](#)
- [Celery](#)
- [Cherries](#)
- [Corn](#)
- [Cucumbers](#)
- [Eggplant](#)
- [Garlic](#)
- [Green Beans](#)
- [Honeydew Melon](#)
- [Lemons](#)
- [Lima Beans](#)
- [Limes](#)
- [Mangos](#)
- [Okra](#)
- [Peaches](#)
- [Plums](#)
- [Raspberries](#)
- [Strawberries](#)
- [Summer Squash](#)
- [Tomatillos](#)
- [Tomatoes](#)
- [Watermelon](#)
- [Zucchini](#)

