

Senior Farmers Market 2020

Safety Guide



The COVID-19 pandemic continues to have a major affect on our Arlington community. Th Arlington Agency on Aging is committed to helping you stay safe while you enjoy visiting the farmer’s markets and enjoying your Senior Farmer’s Market Nutrition Program benefit.

Arlington Farmer’s Markets now have three ways of making your purchases.

1. Online (computer needed and ability to operate, or assistance)
2. Curbside Pickup (Check market websites for pickup availability-days and times vary)
3. Market Shopping (must make list of items and pickup). No browsing or touching items allowed.

If you choose to order your produce online, please be sure to consult the list of participating vendors at the market before placing your order. Not all farmer’s are approved to accept the SFMNP coupons.

Below are a list of requirements and safety tips while shopping at Farmer’s Markets in Arlington. Guardians, aides and volunteers are required to follow these same safety tips when shopping for you:



- **Wear a mask**
- **Follow physical distancing guidelines of 6 feet** between other customers and vendors
- **Minimize your time at the market.** Prepare a list before shopping, or order online. Touching products currently not allowed
- **Use hand sanitizer** after payment to each vendor
- **Avoid touching your face**
- **After returning home, wash your hands for 20 seconds.** Also, wash your hands after putting away groceries and sanitize kitchen surfaces.



The CDC recommends cloth face coverings (cloth masks) as an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Wear Your Cloth Mask Correctly

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- The elastic straps are to secure the mask around your ears
- Make sure you can breathe easily

Use the Cloth Mask to Protect Yourself and Others

- Wear a cloth mask to help protect others in case you're infected but don't have symptoms
- Keep the mask on your face the entire time you're in public
- **Don't** put the mask around your neck or up on your forehead
- **Don't** touch the front of the mask, and, if you do, wash your hands

Take Off Your Cloth Mask Carefully, When You Get Home

- Handle only by the ear loops
- Fold outside corners together
- Place cloth mask in the washing machine
- Be careful not to touch your eyes, nose, and mouth when removing the mask and wash your hands immediately after removing.