

# KNOW WHAT TO DO IN THE EVENT OF AN OPIOID OVERDOSE



## WHAT ARE OPIOIDS?

Opioids are a class of highly addictive drugs used to reduce pain. They include prescription opioids like oxycodone, hydrocodone, morphine and fentanyl as well as illegal opioids like heroin.



## OVERDOSE SYMPTOMS

PALE FACE	DROWSINESS OR UNCONSCIOUSNESS
LIMP BODY	SLOW BREATHING OR HEARTBEAT
BLUE-ISH LIPS OR NAILS	MUSCLE SPASMS
VOMITING OR GURGLING	DEEP SNORING



## HOW TO RESPOND TO AN OVERDOSE

**CALL 911 — DO NOT WAIT!**

**HELP WILL COME IMMEDIATELY!**

First responders want to save lives and help people recover.



## HELP SAVE LIVES - GET FREE NARCAN

Naloxone (Narcan) can save the life of someone who is overdosing, if given in time. It is available without a prescription for a fee at all pharmacies. Obtain it for free by attending a REVIVE! training. Contact Emily Siqveland at 703-228-4216 or [esiqveland@arlingtonva.us](mailto:esiqveland@arlingtonva.us) or check our website for information on the next training. Anyone who assists a person in need is protected from liability by the Good Samaritan Law.



## NEED HELP?

If you or someone you care about needs help with addiction, call the Arlington County Behavioral Healthcare Division at: **703-228-5150**.

<https://health.arlingtonva.us/opioid-awareness/>

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