

How do I get involved?

The Arlington Addiction Recovery Initiative stakeholders' group meets monthly to address the community's response to the opioid epidemic. Meetings are open to the public. Please join us!

Where? 2120 Washington Boulevard, Arlington VA 22204

When? The 4th Thursday of each month at 2 p.m.

If you would like more information about this group or the meetings, contact Suzanne Somerville at (703) 228-7340 or Emily Siqveland at (703) 228-4216

For more information or support visit

www.onearlington.org

Call the Addiction Recovery Support
Warmline at
1-833-4PEERVA
(1-833-473-3782)



ARLINGTON ADDICTION RECOVERY INITIATIVE

Community taskforce raising
awareness of the opioid crisis



We Are #OneArlington

One Crisis. One Community. One Conversation.

www.onearlington.org

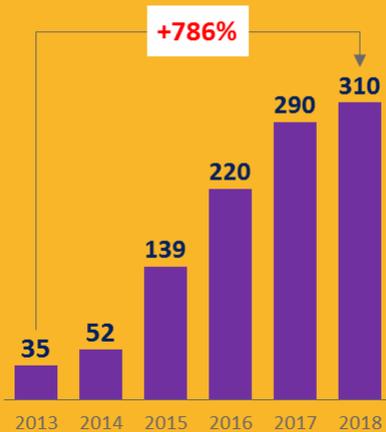
Who Are We?

The Arlington Addiction Recovery Initiative (AARI) is a group of community partners collaborating to raise awareness of the opioid crisis.

The group was founded in January 2017. AARI continues to focus on the response to opioid related issues, including prevention services, increasing access to treatment, and community outreach.

The initiative includes stakeholders from across the community, including providers specializing in the treatment of substance use disorders, Public Safety, Public Schools, medical providers, and private citizens who have been personally affected by this crisis.

Arlington Clients with Opioid Diagnosis



Definition of Addiction

Addiction is a **brain disease** characterized by an inability to consistently abstain, impairment in behavioral control, cravings, diminished recognition of significant problems with one's behaviors and interpersonal relationships, and a dysfunctional emotional response. Like other chronic diseases, addiction often involves cycles of relapse and remission. Without treatment or engagement in recovery activities, addiction is progressive and can result in disability or premature death.

Signs and Symptoms can include:

- Temporary blackouts or issues with memory
- Changes in physical appearance
- Neglecting obligations
- Irritability/mood swings
- Insomnia
- Increase in risk taking behaviors
- Secrecy
- Family history of use
- Tolerance
- Withdrawal symptoms

Highlights of Our Accomplishments

- Built a website with extensive information and links
- Created information cards for first responders to distribute to at-risk individuals
- Crisislink hotline number for opioid questions and support
- Drug takeback days and boxes
- Naloxone administration trainings for community members
- Department of Human Services' Office-Based Opioid Treatment
- Police/DHS engagement collaboration to connect individuals to treatment
- Police identifying priority locations in the county for outreach



Our Mission: To improve the community understanding of the dangers of opioid abuse utilizing an integrated system of professionals to provide support, resources, and education, in an effort to reduce the incidents of substance abuse, dependency, and overdose.