

# A SNAPSHOT OF THE OPIOID CRISIS



addicted to or misused prescription opioids in 2014



in 2016 from all forms of opioid overdoses, a 28% increase from 2015

*National*

\*STATISTICS FROM CDC

THAT'S ON SCALE WITH THE VIETNAM WAR & AIDS EPIDEMIC

*Arlington*

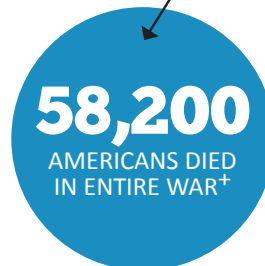


in 2018  
in Arlington

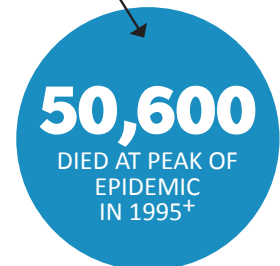


in 2018  
in Arlington

‡STATISTICS FROM ARLINGTON POLICE DEPARTMENT



†STATISTICS FROM PERF



## HOW IS ARLINGTON RESPONDING?

The opioid crisis affects all ages, ethnicities, income levels and communities — including Arlington.

County staff are working together to respond to the crisis through the **Arlington Addiction Recovery Initiative**, comprised of representatives from a range of County agencies, Arlington Public Schools, and community partners that takes a **multi-dimensional approach** to attacking the crisis by focusing on prevention and education, opioid addiction treatment, overdose response and recovery, diversion into treatment, and supply reduction and other law enforcement strategies.



Learn more at [www.onearlington.org](http://www.onearlington.org)

We are #onearlington

# KNOW WHAT TO DO IN THE EVENT OF AN OPIOID OVERDOSE



## WHAT ARE OPIOIDS?

Opioids are a class of highly addictive drugs used to reduce pain. They include prescription opioids like oxycodone, hydrocodone, morphine and fentanyl as well as illegal opioids like heroin.



## OVERDOSE SYMPTOMS

|                        |                               |
|------------------------|-------------------------------|
| PALE FACE              | DROWSINESS OR UNCONSCIOUSNESS |
| LIMP BODY              | SLOW BREATHING OR HEARTBEAT   |
| BLUE-ISH LIPS OR NAILS | MUSCLE SPASMS                 |
| VOMITING OR GURGLING   | DEEP SNORING                  |



## HOW TO RESPOND TO AN OVERDOSE

**CALL 911 — DO NOT WAIT!**

**HELP WILL COME IMMEDIATELY!**

First responders want to save lives and help people recover.



## HELP SAVE LIVES - GET FREE NARCAN

Naloxone (Narcan) can save the life of someone who is overdosing, if given in time. It is available without a prescription for a fee at all pharmacies. Obtain it for free by attending a REVIVE! training. Contact Emily Siqveland at 703-228-4216 or esiqveland@arlingtonva.us or check our website for information on the next training. Anyone who assists a person in need is protected from liability by the Good Samaritan Law.



## NEED HELP?

If you or someone you care about needs help with addiction, call the Arlington County Behavioral Healthcare Division at: **703-228-5150**.



Learn more at [www.onearlington.org](http://www.onearlington.org)

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