

SLOW THE SPREAD OF COVID-19

COVID-19 Testing is Available in Arlington

1

CHECK FOR SYMPTOMS

The most common symptoms of COVID-19 are fever of >100.4F, cough, shortness of breath or difficulty breathing.

Other symptoms may include chills, repeated shaking with chills, muscle pain, headache, sore throat or new loss of taste or smell.

If you have danger signs, such as trouble breathing, pain or pressure in chest, confusion or inability to arouse, or bluish lips or face, call 911.

Anyone experiencing symptoms without danger signs, especially those who are over 65 years old, pregnant, have a serious medical condition, like diabetes, or are in another high-risk category, continue to step 2.

Most people who get COVID-19 recover on their own at home. If you have a positive test for COVID-19, or have not been tested and have symptoms of respiratory illness, stay home and avoid contact with others; wear a face covering when around others; wash hands frequently; disinfect surfaces regularly; and inform close contacts you are sick.

2

CALL FIRST

If you don't have a doctor or if you don't have insurance, call one of the clinics listed in this document.

The doctor or clinic will make an appointment for you to be screened in person or online. To protect others, do not visit your doctor or clinic without calling ahead first.

3

GET SCREENED

If you are screened online and need a test, the doctor or clinic will schedule an appointment for you or refer you to a testing site.

If you are screened in person, and the doctor determines you need a test, the doctor or clinic will collect a test sample if they are equipped as a testing site, or they will refer you to a testing site.

If you are screened in person, and the doctor determines you don't have COVID-19, follow your doctor's guidance.

4

GIVE A SAMPLE

The best test for COVID-19 infection involves taking a swab of the nose or mouth. Your healthcare worker will take this specimen while wearing personal protective equipment (PPE) like goggles, masks or respirators, gowns and gloves. The swab will be sealed and sent to a laboratory for testing.

5

RECEIVE RESULTS

You will be notified when the results are available.

While waiting for results, it's important that you stay home and stay away from others and wear a cloth face covering when social distancing is difficult. If you have COVID-19, you will receive further guidance to help protect yourself and others and to identify your close contacts.

The CDC recommends COVID-19 testing for the following: hospitalized patients; symptomatic healthcare facility workers; symptomatic residents of long-term care facilities or other congregate living settings; persons with symptoms of COVID-19; or persons without symptoms prioritized by their clinicians for public health monitoring & surveillance. Many testing sites require pre-screening, a doctor's order and most require appointments.

www.arlingtonva.us/covid-19

For questions about COVID-19, call the COVID-19 Hotline at 703-228-7999, 7am-7pm weekdays; 9am-5pm Saturday.

Adapted from Fairfax County Health Department

COVID-19 Diagnostic (Viral) Test Locations in Arlington

Below are locations that offer a diagnostic test for COVID-19 in Arlington. A diagnostic test tells you if you have a current infection by looking for parts of the virus itself. Swabs that take samples from the back of the nose, mouth, or lower respiratory tract are used for these tests.

Facility Name & Address	Phone Number, Website, Hours	Accept Patients without Insurance	Require Appointment	Screen for COVID-19	Test for COVID-19	Cost (may or may not be covered by insurance)
TEST LOCATION AND CLINIC						
Commonwealth Medical Center 3535 S. Ball St., Ste. A Arlington, VA 22202	571-260-0069 www.commonwealthmc.net M-F: 9am-4pm	Yes	Yes	Yes	Yes	Visit: \$150 Test: \$50
INOVA Urgent Care – North Arlington 4600 Lee Hwy Arlington, VA 22207	571-492-3080 www.inova.org/locations/inova-urgent-care-north-arlington M-F: 8am-8pm	Yes	Yes	Yes	Yes	Test: \$50 Evaluation: \$200 (if needed)
Urgent Care Center of Arlington 2439 N. Harrison St. Arlington, VA 22207	571-210-3161 www.urgentcarearlingtonva.com M-F: 8am-9pm Sa/Su: 8am-6pm	Yes	No	Yes	Yes	Visit: \$150 Test: \$50
TEST LOCATION ONLY						
COVID-19 Drive-Through Collection Site (Arlington County/Quest) 1429 N. Quincy St. Arlington, VA 22207	health.arlingtonva.us/covid-19-coronavirus-updates/covid-19-testing M-F: 9am-4pm	No	No	No BUT Physician Order Required	Yes	Quest bills Insurance Provider (Must provide health insurance)
COVID-19 Walk-Up Collection Site* (Arlington Free Clinic in Partnership with Arlington County and Virginia Department of Health) Arlington Mill Community Center 909 S. Dinwiddie St. Arlington, VA 22204	703-912-0118 health.arlingtonva.us/covid-19-coronavirus-updates/covid-19-testing M-F: 1pm-5pm	Yes	Yes	Yes	Yes	Free
Preston's Pharmacy 5101 Lee Hwy Arlington, VA 22207	703-522-3412 www.prestonspharmacy.com M-Th: 6am-6pm	Yes	Yes	Yes	Yes	Pharmacy Fee: \$35

* The COVID-19 Walk-Up Collection Site is managed by Arlington Free Clinic, a local safety-net clinic, to offer access to testing to low-income uninsured and under-insured Arlington residents, ages 13 years and older.