The Children’s Behavioral Healthcare Bureau helps Arlington children and adolescents experiencing stress, anxiety, substance use, feelings of hopelessness, depression, and other behavioral and emotional challenges. Individualized services are developed, monitored and adjusted as needed to help children and teens overcome difficulties and achieve success. Some of these services include:

- Information and referral
- Behavioral health consultation
- Substance Use Prevention, Education and Treatment
- Behavior Intervention Services for Parents (BIS)
- Assessment
- Therapy/Counseling (Individual, Family, Group)
- Behavioral Health Case Management
- Case Management for Transition to Young Adulthood
- Psychological Assessment Services
- Psychiatric Services

Services are available to all Arlington children, adolescents, and their families, regardless of income or insurance status. Families will be assessed a fee based on their income.

For information about same day access, call us at (703) 228-1560 or visit us at 2100 Washington Blvd., 3rd Fl.