



Arlington County Behavioral Healthcare Services for Children & Teens

SAME DAY ACCESS

Frequently Asked Questions



What is Same Day Access?

Ensures timely access to appropriate behavioral healthcare services (mental health and substance use). Same Day Access means that clients receive an intake on a walk-in basis. No appointment or screening is needed. Once the intake is complete, further appointments can be scheduled.



What time can I walk in?

You can bring your child in for a Same Day Access intake appointment on:

Monday 10:00a-2:00p

Tuesday 8:00a-2:00p

Wednesday 10:00a-6:00p

Friday 10:00a-2:00pm

Please call 703-228-1560 for updated information about hours



Are services available in my language?

Children's Behavioral Healthcare employs Spanish speaking bilingual clinicians. Interpretation services are available for other languages through a partnership with Language Line.



Is there a wait list for Behavioral Health Services?

There is no wait list for services.



How do I prepare my child for this appointment?

- Please plan to be at the appointment for 1.5-2 hours.
- Bring your child (please be aware that there is no child care for the child that is having the intake or other children).
- Bring snacks, if needed, for your child.
- Please bring: proof of residency, identification, financial documents, previous emotional/psychological/ educational evaluations.



Can my child receive medication management services?

Yes. Children must be connected to therapy or case management prior to beginning medication management services.

