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High School Survey

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>Which of the following best describes your family?</p> <ul style="list-style-type: none"> A. I live with both parents B. I live with a single parent C. Sometimes I live with my mom and sometimes my dad D. I live with a parent and a step-parent E. I live with foster parents F. I live with my grandparents or other adult relatives who take care of me. G. Other 	Q1	--
<p>What is the highest level of education your parent/ guardian has received? (Answer for who went the furthest.)</p> <ul style="list-style-type: none"> A. Did not graduate from high school B. Graduated from high school C. Graduated from two-year college or technical school D. Graduated from a four-year college E. Completed post-graduate studies (such as master's degree or doctoral degree) after graduating from a four-year college 	Q2	--
<p>During the past twelve months how often did you feel safe and secure at home?</p> <ul style="list-style-type: none"> A. Always B. Most of the time C. Sometimes D. Rarely E. Never 	Q3	--

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, have you seen or heard people where you live be violent or abusive? (This is not “play fighting” but could include serious hitting shouting throwing items yelling or name calling.)</p> <p>A. Yes B. No</p>	Q4	--
<p>If you had an important concern about drugs, alcohol, sex or some other serious issue, would you talk to you parent(s) about it?</p> <p>A. Yes B. Probably yes C. I’m not sure D. Probably not E. No</p>	Q5	--
<p>During the past 30 days, where did you usually sleep?</p> <p>A. In my parent’s or guardian’s home B. In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing C. In a shelter or emergency housing D. In a motel or hotel E. In a car, park, campground, or other public place F. I do not have a usual place to sleep G. Somewhere else</p>	Q6	Q82

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?</p> <p>A. Yes B. No</p>	Q7	--
<p>On an average school day, about how much time do you spend doing homework outside of school?</p> <p>A. None B. Half an hour or less C. More than half an hour but less than an hour D. 1 hour E. 2 hours F. More than 2 hours</p>	Q8	--
<p>During the past 12 months, how would you describe your grades in school?</p> <p>A. Mostly A's B. Mostly B's C. Mostly C's D. Mostly D's E. Mostly E's/F's</p>	Q9	Q93

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>During this school year how often do you feel stressed by school, including schoolwork or feeling pressure to do well?</p> <p>A. Very often B. Often C. Sometimes D. Rarely E. Never</p>	Q10	--
<p>During the last school year, how many times have you skipped school without permission?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q11	Q90 ("miss classes or school")
<p>After high school, which of the following are you most likely to do? (Select only one response.)</p> <p>A. Attend a 4 year college B. Attend community college C. Attend a technical school D. Join the military E. Work a full time job only F. Not sure</p>	Q12	Q92

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>During an average week when you are in school, how many total hours do you participate in school activities such as sports, band, drama or clubs?</p> <p>A. 0 hours B. 1 to 4 hours C. 5 to 9 hours D. 10 to 19 hours E. 20 or more hours</p>	Q13	Q89
<p>During this school year, how often did you feel safe and secure in your school?</p> <p>A. Always B. Most of the time C. Sometimes D. Rarely E. Never</p>	Q14	Q91
<p>During this school year, how often did you feel safe and secure in your neighborhood?</p> <p>A. Always B. Most of the time C. Sometimes D. Rarely E. Never</p>	Q15	Q79

Adults & Family	Arlington 2017	Virginia Youth Survey 2017
<p>How much do you agree or disagree with the following statement? Adults in my town listen to what I have to say.</p> <p>A. Strongly disagree B. Disagree C. Neither agree nor disagree D. Agree E. Strongly agree</p>	Q16	--
<p>If you had an important concern about drugs, alcohol, sex or some other serious issue, would you talk to a responsible adult other than your parents, such a teacher, coach, mentor, counselor, youth program leader, family friend, or extended family member about it?</p> <p>A. Yes B. Probably yes C. I'm not sure D. Probably not E. No</p>	Q17	--
<p>Is there at least one adult that you can talk to if you have a problem?</p> <p>A. Yes B. No C. Not sure</p>	--	Q85

Adults & Family

Arlington
2017

Virginia
Youth
Survey
2017

During the past 12 months, have you talked about alcohol, tobacco, or other drugs with your parents or other adults in your family?

- A. Yes
- B. No
- C. Not sure

--

Q86

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

--

Q80

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, when you rode a bicycle or used rollerblades or a skateboard, how often did you wear a helmet?</p> <p>A. I did not ride a bicycle or use rollerblades or a skateboard during the past 12 months</p> <p>B. Never wore a helmet</p> <p>C. Rarely wore a helmet</p> <p>D. Sometimes wore a helmet</p> <p>E. Most of the time wore a helmet</p>	Q18	--
<p>How often do you wear a seatbelt when riding in a car driven by someone else?</p> <p>A. Never</p> <p>B. Rarely</p> <p>C. Sometimes</p> <p>D. Most of the time</p> <p>E. Always</p>	--	Q8
<p>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</p> <p>A. 0 times</p> <p>B. 1 time</p> <p>C. 2 or 3 times</p> <p>D. 4 or 5 times</p> <p>E. 6 or more times</p>	Q19	Q9

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana (also called grass, pot, or weed)?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q20	--
<p>During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</p> <p>A. I did not drive a car or other vehicle during the past 30 days B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times</p>	Q21	Q10
<p>During the past 30 days, how many times did you drive a car or other vehicle when you had been using marijuana (also called grass, pot, or weed)?</p> <p>A. I did not drive a car or other vehicle during the past 30 days B. 0 times C. 1 time D. 2 or 3 times E. 4 or 5 times F. 6 or more times</p>	Q22	--

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you text, email or use your handheld cell phone while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)</p> <p>A. I did not drive a car or other vehicle during the past 30 days</p> <p>B. 0 days</p> <p>C. 1 or 2 days</p> <p>D. 3 to 5 days</p> <p>E. 6 to 9 days</p> <p>F. 10 to 19 days</p> <p>G. 20 to 29 days</p> <p>H. All 30 days</p>	<p>Q23 (combined wording from 2 CDC questions)</p>	<p>Q11 (included “call” – slightly different wording)</p>
<p>During the past 30 days, on how many days did you ride with someone who texted, called, e-mail or used the Internet or apps (such as YouTube, Instagram, or Facebook), on a handheld cell phone while driving a car or other vehicle?</p> <p>A. 0 days</p> <p>B. 1 or 2 days</p> <p>C. 3 to 5 days</p> <p>D. 6 to 9 days</p> <p>E. 10 to 19 days</p> <p>F. 20 to 29 days</p> <p>G. All 30 days</p>	<p>--</p>	<p>Q12</p>

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	Q24	--
<p>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	Q25 (Used standard CDC answer options)	Q13
<p>During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	--	Q17

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q26	Q14
<p>During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q27	--

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
During the past 12 months, how many times were you in a physical fight? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times	Q28	Q15
During the past 12 months, how many times were you in a physical fight on school property? A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times	Q29	Q16

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q30	--
<p>During the past 12 months, have you been a member of a gang or crew?</p> <p>A. Yes B. No</p>	Q31	--
<p>During the past 12 months, were there gang members in either your school or in your neighborhood?</p> <p>A. Yes B. No</p>	Q32	--

Relationship Dynamics	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)</p> <p>A. I did not date or go out with anyone during the past 12 months</p> <p>B. 0 times</p> <p>C. 1 time</p> <p>D. 2 or 3 times</p> <p>E. 4 or 5 times</p> <p>F. 6 or more times</p>	Q33	Q18
<p>During the past 12 months, how many times has someone you dated or gone out with made unwanted sexual contact with you? (Count such things as kissing, grabbing or touching with your informed, voluntary and active consent.)</p> <p>A. I did not date or go out with anyone during the past 12 months</p> <p>B. 0 times</p> <p>C. 1 time</p> <p>D. 2 or 3 times</p> <p>E. 4 or 5 times</p> <p>F. 6 or more times</p>	Q34	--
<p>During the past 12 months, how many times has someone you dated or gone out with called you names or put you down?</p> <p>A. I did not date or go out with anyone during the past 12 months</p> <p>B. 0 times</p> <p>C. 1 time</p> <p>D. 2 or 3 times</p> <p>E. 4 or 5 times</p> <p>F. 6 or more times</p>	Q35	--

Relationship Dynamics	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times did another student make unwelcome sexual comments, jokes, or gestures that made you feel uncomfortable on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q36	--
<p>During the past 12 months, how many times did someone do sexual things to you that you did not want to do? (Count such things as kissing, grabbing or touching without your informed, voluntary and active consent/permission.)</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q37 (2017 CDC language with tweaks to definition of “force” and “consent”)	--
<p>If someone made unwanted sexual contact with you, where did this occur?</p> <p>A. At your home B. At their home C. At the home of a friend D. At school during school hours E. At school before or after school hours F. On the bus G. A location not listed</p>	Q38	--

Relationship Dynamics	Arlington 2017	Virginia Youth Survey 2017
Have you ever been forced to have sexual intercourse when you did not want to? (Force can be physical or emotional include threat or pressure.) A. Yes B. No	Q39	--

Bullying - Definitions

Arlington 2017

The next set of questions ask about whether you have experienced a pattern of aggressive, intentional or hostile behavior that occurs repeatedly and over time called bullying. Bullying/harassment typically involves an imbalance of power or strength. Bullying/harassment behaviors may include:

- physical
- verbal
- or nonverbal behaviors.

These behaviors include, but are not limited to:

- intimidation
- assault
- extortion
- oral threats
- written threats
- teasing
- name-calling
- threatening looks, gestures or actions
- rumor spreading
- false accusations
- hazing
- social isolation
- abusive e-mails, phone calls, or texts

The term cyberbullying is used when text, photos, videos or other media are uploaded to computers and/or the Internet to defame, insult, harass or haze others.

Virginia Youth Survey 2017

Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

Bullying	Arlington 2017	Virginia Youth Survey 2017
<p>In the past 12 months, have you been bullied?</p> <p>A. No</p> <p>B. Yes</p>	Q40	--
<p>During the past 12 months, have you ever bullied others at school?</p> <p>A. Yes</p> <p>B. No</p>	Q41	--
<p>During the past 12 months, have you ever been bullied on school property?</p> <p>A. Yes</p> <p>B. No</p>	Q42	Q19
<p>In the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)</p> <p>A. No</p> <p>B. Yes</p>	--	Q20
<p>During the past 12 months, have you ever electronically bullied someone? (Count bullying through texting, Instagram, Facebook, or other social media.)</p> <p>A. Yes</p> <p>B. No</p>	--	Q21

Bullying	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, were you bullied for any of the following?</p> <ul style="list-style-type: none"> A. Sexual Orientation B. Sexual Identity C. Race D. Ethnicity E. Religion F. Disability G. Appearance H. Academic Performance I. Unknown Reason J. Other 	Q43	--
<p>During the past 12 months, how were you bullied?</p> <ul style="list-style-type: none"> A. Rumor Spreading B. False Accusations C. Social Isolation D. Physical Assault E. Name Calling F. Threats G. Emails H. Social Media I. Text J. Other 	Q44	--

Bullying	Arlington 2017	Virginia Youth Survey 2017
<p>If you have been bullied during the past 12 months, have you reported it to a parent, teacher or other adult?</p> <p>A. Yes</p> <p>B. No</p>	Q45	--
<p>How much do you agree or disagree with the following statement? If you told a parent, teacher or other adult about being bullied, the adult(s) tried to stop it or tried to help me stop it.</p> <p>A. Strongly agree</p> <p>B. Agree</p> <p>C. Neither agree nor disagree</p> <p>D. Disagree</p> <p>E. Strongly disagree</p>	Q46	--
<p>How much do you agree or disagree with the following statement? Bullying is a serious problem in my school.</p> <p>A. Strongly agree</p> <p>B. Agree</p> <p>C. Neither agree nor disagree</p> <p>D. Disagree</p> <p>E. Strongly disagree</p>	Q47	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?</p> <p>A. Yes B. No</p>	Q48	Q22
<p>When you feel sad, empty, hopeless, angry, or anxious, how often do you get the kind of help you need?</p> <p>A. I do not feel sad, empty, hopeless, angry, or anxious B. Never C. Rarely D. Sometimes E. Most of the time F. Always</p>	--	Q84
<p>Do you agree or disagree that you feel good about yourself?</p> <p>A. Strongly agree B. Agree C. Not sure D. Disagree E. Strongly disagree</p>	--	Q83
<p>During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?</p> <p>A. 0 times B. 1 time C. 2-5 times D. 6 or more times</p>	Q49	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
During the past 12 months, did you ever seriously consider attempting suicide? A. Yes B. No	Q50	Q23
During the past 12 months, did you make a plan about how you would attempt suicide? A. Yes B. No	Q51	Q24
If you considered suicide during the past 12 months, did you reach out and speak to someone about it? A. Yes B. No	Q52	--
If you spoke to someone about your suicidal thoughts, who did you connect with? A. Family Member B. Friend C. Teacher D. School Counselor, Social Worker or Psychologist E. Family Friend F. CrisisLink G. Hotline H. Counselor or Therapist I. Other (please specify)	Q53	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times did you actually attempt suicide?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q54	Q25
<p>If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?</p> <p>A. I did not attempt suicide during the past 12 months B. Yes C. No</p>	Q55	Q26
<p>If you attempted suicide during the past 12 months, did you ask for help from someone such as a doctor, counselor, or hotline before your attempt?</p> <p>A. I did not attempt suicide during the past 12 months B. Yes C. No</p>	--	Q27
<p>Do you know about or are you connected with services that can help support any anxiety or depression symptoms you may be experiencing?</p> <p>A. Yes B. No</p>	Q56	--

Tobacco	Arlington 2017	Virginia Youth Survey 2017
Have you ever tried cigarette smoking, even one or two puffs? A. Yes B. No	Q57	--
How old were you when you smoked a whole cigarette for the first time? A. I have never smoked a whole cigarette B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	Q58	--
How old were you when you first tried cigarette smoking, even one or two puffs? A. I have never tried cigarette smoking, not even one or two puffs B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older	--	Q28

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you smoke cigarettes?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q59	Q29
<p>During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</p> <p>A. I did not smoke cigarettes during the past 30 days B. Less than 1 cigarette per day C. 1 cigarette per day D. 2 to 5 cigarettes per day E. 6 to 10 cigarettes per day F. 11 to 20 cigarettes per day G. More than 20 cigarettes per day</p>	--	Q30
<p>During the past 30 days, on how many days did you smoke cigarettes on school property?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q60	--

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)</p> <p>A. I did not smoke cigarettes during the past 30 days</p> <p>B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station</p> <p>C. I got them on the Internet</p> <p>D. I gave someone else money to buy them for me</p> <p>E. I borrowed (or bummed) them from someone else</p> <p>F. A person 18 years old or older gave them to me</p> <p>G. I took them from a store or family member</p> <p>H. I got them some other way</p>	Q61	--
<p>During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</p> <p>A. 0 days</p> <p>B. 1 or 2 days</p> <p>C. 3 to 5 days</p> <p>D. 6 to 9 days</p> <p>E. 10 to 19 days</p> <p>F. 20 to 29 days</p> <p>G. All 30 days</p>	Q62	Q36

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q63	Q35 (included “snus, or dissolvable tobacco”)
<p>Have you ever used an electronic vapor product? (Include such things as e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.)</p> <p>A. Yes B. No</p>	Q64	Q31
<p>During the past 30 days, on how many days did you use an electronic vapor product (such as an e-cigarette)?</p> <p>A. I did not use an electronic vapor product during the past 30 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q65	Q32 (Instead of “I did not use” it says “0”)

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you smoke an electronic vapor product (such as an e-cigarette) on or near school property?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q66	--
<p>During the past 30 days, how did you usually get your electronic vapor products?</p> <p>A. I did not smoke an electronic vapor product during the past 30 days B. I bought them in a store C. I got them on the Internet D. I gave someone else money to buy them for me E. I borrowed them from someone else F. A person 18 year or older gave them to me G. I took them from a store or family member H. I got them some other way I. Other (please specify)</p>	Q67	Q33

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>What is the main reason you have used electronic vapor products? (Select only one response.)</p> <ul style="list-style-type: none"> A. I have never tried an electronic vapor product B. Friend or family member used them C. To try to quite using other tobacco products D. They cost less than other tobacco products E. They are easier to get than other tobacco products F. They are less harmful than other forms of tobacco G. They are available in flavors, such as mint, candy, fruit, or chocolate H. I used them for some other reason 	--	Q34
<p>Is smoking an electronic vapor product less dangerous than smoking cigarettes</p> <ul style="list-style-type: none"> A. Yes B. No C. Not sure 	Q68	--
<p>During the past 30 days, on how many days did you use a waterpipe (also called a hookah, shisha, or narghile) to smoke tobacco?</p> <ul style="list-style-type: none"> A. I did not sure a waterpipe during the past 30 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days 	Q69	Q37 (said "0" instead of "did not use")

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>Is smoking from a hookah or waterpipe less dangerous than smoking cigarettes?</p> <p>A. Yes B. No C. Not sure</p>	Q70	--
<p>During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?</p> <p>A. I did not use any tobacco products during the past 12 months B. Yes C. No</p>	--	Q38

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, on how many days have you had at least one drink of alcohol?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 9 days D. 10 to 19 days E. 20 to 39 days F. 40 to 99 days G. 100 or more days</p>	Q72	--

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>How old were you when you had your first drink of alcohol other than a few sips?</p> <p>A. I have never had a drink of alcohol other than a few sips B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older</p>	Q73	Q39
<p>During the past 30 days, on how many days did you have at least one drink of alcohol?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q74	Q40
<p>During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 to 5 days E. 6 to 9 days F. 10 to 19 days G. 20 or more days</p>	Q75	Q41 (says "4 or more for females and 5 or more for males")

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you have at least one drink of alcohol on school property?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q76	--
<p>During the past 30 days, how did you usually get the alcohol you drank?</p> <p>A. I did not drink alcohol during the past 30 days B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station C. I bought it at a restaurant, bar, or club D. I bought it at a public event such as a concert or sporting event E. I gave someone else money to buy it for me F. Someone gave it to me G. I took it from a store or family member H. I got it some other way</p>	Q77	--
<p>How easy is it for someone your age to get beer, wine or other alcohol?</p> <p>A. Very easy B. Somewhat easy C. Neither D. Somewhat difficult E. Very difficult</p>	Q78	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used marijuana?</p> <ul style="list-style-type: none"> A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 to 99 times G. 100 or more times 	Q79	--
<p>How old were you when you tried marijuana for the first time?</p> <ul style="list-style-type: none"> A. I have never tried marijuana B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older 	Q80	Q42

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times did you use marijuana?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q81	Q43
<p>During the past 30 days, how many times did you use marijuana on school property?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q82	--
<p>How much do you think people risk harming themselves (physically or in other ways) if they use marijuana regularly?</p> <p>A. No risk B. Slight risk C. Moderate risk D. Great risk</p>	--	Q87

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used synthetic marijuana (also called K, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--
<p>During the past 30 days, how many times have you used synthetic marijuana (also called K, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q50
<p>During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	Q44

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you used any form of cocaine, including powder, crack, or freebase?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q45
<p>During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--
<p>During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used heroin (also called smack, junk, or China White)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	Q46
<p>During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q47
<p>During your life, how many times have you used fentanyl or a fentanyl-laced drug (also called Apache, China Girl, TNT or Cash)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you used fentanyl or a fentanyl-laced drug (also called Apache, China Girl, TNT or Cash)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	--
<p>During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--
<p>During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q48

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used ecstasy (also called MDMA)?</p> <ul style="list-style-type: none"> A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times 	Q83	--
<p>During the past 30 days, how many times have you used ecstasy (also called MDMA)?</p> <ul style="list-style-type: none"> A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times 	Q84	Q49
<p>During your life, how many times have you taken steroid pills or shots without a doctor's prescription?</p> <ul style="list-style-type: none"> A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times 	Q83	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you taken steroid pills or shots without a doctor's prescription?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q51
<p>During your life, how many times have you taken prescription pain medicine without a doctor's prescription (such as OxyContin, Percocet, Vicodin, or codeine)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	Q52
<p>During the past 30 days, how many times have you taken prescription pain medicine without a doctor's prescription (such as OxyContin, Percocet, Vicodin, or codeine)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	Q53

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>How old were you the first time you took a prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet.)</p> <p>A. I have never taken a prescription drug without a doctor's prescription or differently than how a doctor told me to use it</p> <p>B. 8 years old or younger</p> <p>C. 9 or 10 years old</p> <p>D. 11 or 12 years old</p> <p>E. 13 or 14 years old</p> <p>F. 15 or 16 years old</p> <p>G. 17 years old or older</p>	--	Q54
<p>During your life, how many times have you taken other prescription drugs without a doctor's prescription (such as Adderall, Ritalin, or Xanax)?</p> <p>A. 0 times</p> <p>B. 1 or 2 times</p> <p>C. 3 to 9 times</p> <p>D. 10 to 19 times</p> <p>E. 20 to 39 times</p> <p>F. 40 or more times</p>	Q83	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you taken prescription pain medicine without a doctor's prescription (such as Adderall, Ritalin, or Xanax)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	--
<p>During your life, how many times have you used hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--
<p>During the past 30 days, how many times have you used hallucinogenic drugs, such as LSD, acid, PCP, angel dust, mescaline, or mushrooms?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you taken over-the-counter (OTC) drugs such as cold, allergy or sleep preparations in order to get high or to change your mood?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q83	--
<p>During the past 30 days, how many times have you taken over-the-counter (OTC) drugs such as cold, allergy or sleep preparations in order to get high or to change your mood?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q84	--
<p>If you took a prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it, how did you get the prescription pain medicine?</p> <p>A. I have never taken a prescription pain medicine without a doctor's prescription or differently than how a doctor told me to use it B. It was my prescription C. I took it from someone in my home D. I took it from someone else's home or someone outside of my home E. Someone gave it to me</p>	Q85	Q55 (slightly different answer choice wording and one is "I gave

Drugs	Arlington 2017	Virginia Youth Survey 2017
F. I bought it from someone G. I gave someone else money to buy it for me H. Other (please specific)		someone money to buy it for me without having a prescripti on”)
During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? A. Yes B. No	Q86	Q56

Sexual Health	Arlington 2017	Virginia Youth Survey 2017
Have you ever had sexual intercourse? A. Yes B. No	Q87	--

Sexual Health	Arlington 2017	Virginia Youth Survey 2017
<p>How old were you when you had sexual intercourse for the first time?</p> <p>A. I have never had sexual intercourse</p> <p>B. 11 years old or younger</p> <p>C. 12 years old</p> <p>D. 13 years old</p> <p>E. 14 years old</p> <p>F. 15 years old</p> <p>G. 16 years old</p> <p>H. 17 years old or older</p>	Q88	--
<p>Did you drink alcohol or use drugs before you had sexual intercourse the last time?</p> <p>A. I have never had sexual intercourse</p> <p>B. Yes</p> <p>C. No</p>	Q89	--
<p>Have you ever been given money, a place to stay, food, or something else of value in exchange for sex?</p> <p>A. Yes</p> <p>B. No</p>	Q90	--

Sexual Health	Arlington 2017	Virginia Youth Survey 2017
<p>The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)</p> <p>A. I have never had sexual intercourse</p> <p>B. No method was used to prevent pregnancy</p> <p>C. Birth control pills</p> <p>D. Condoms</p> <p>E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)</p> <p>F. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)</p> <p>G. Withdrawal or some other method</p> <p>H. Not sure</p>	Q91	--
<p>Have you ever been pregnant or gotten someone pregnant?</p> <p>A. No</p> <p>B. Yes</p>	Q92	--
<p>Have you ever been taught in school about where you could get sexual health services, such as HIV or other sexually transmitted disease (STD) testing or treatment?</p> <p>A. Yes</p> <p>B. No</p> <p>C. Not sure</p>	Q93	--
<p>Have you been taught how to use birth control or where to get birth control?</p> <p>A. Yes</p> <p>B. Not</p> <p>C. Not sure</p>	Q94	--

Sexual Health	Arlington 2017	Virginia Youth Survey 2017
<p>How did you learn about how to use or how to get birth control?</p> <ul style="list-style-type: none"> A. Your school health class B. The Internet C. Your parent(s) D. Other adults in your family E. Your friend(s) F. Other (please specify) 	Q95	--

Body Weight	Arlington 2017	Virginia Youth Survey 2017
<p>How do you describe your weight?</p> <ul style="list-style-type: none"> A. Very underweight B. Slightly underweight C. About the right weight D. Slightly overweight E. Very overweight 	Q96	Q57

Body Weight	Arlington 2017	Virginia Youth Survey 2017
<p>Which of the following are you trying to do about your weight?</p> <ul style="list-style-type: none"> A. Lose weight B. Gain weight C. Stay the same weight D. I am not trying to do anything about my weight 	--	Q58
<p>During the past 30 days, if you have tried to lose weight or keep from gaining weight, which of the following have you done?</p> <ul style="list-style-type: none"> A. I did not try to lose weight or keep from gaining weight during the past 30 days B. Exercise C. Go without eating for 24 hours or more D. Vomit or take laxatives E. Eat less food, fewer calories or foods low in fat F. Take diet pills, powders, or liquids 	Q97	--

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)</p> <p>A. I did not drink 100% fruit juice during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q98	Q59
<p>During the past 7 days, how many times did you drink a sugar-sweetened drink, such as a Coke, Sprite, sports drink, lemonade, sweetened tea, or flavored milk?</p> <p>A. I did not drink sugar-sweetened drinks during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q99	--

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)</p> <p>A. I did not drink these sugar-sweetened drinks during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p> <p>G. 4 or more times per day</p>	--	Q44
<p>During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)</p> <p>A. I did not drink soda or pop during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p> <p>G. 4 or more times per day</p>	--	Q43

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, on how many days did you eat breakfast?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	Q100	Q68
<p>During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)</p> <p>A. I did not eat fruit during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q101	Q60
<p>During the past 7 days, how many times did you eat green salad?</p> <p>A. I did not eat green salad during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	--	Q61

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)</p> <ul style="list-style-type: none"> A. I did not eat potatoes during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day 	--	Q62
<p>During the past 7 days, how many times did you eat carrots?</p> <ul style="list-style-type: none"> A. I did not eat carrots during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day 	--	Q62

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)</p> <p>A. I did not eat other vegetables during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	--	Q64
<p>During the past 7 days, how many times did you eat other vegetables? (Count each time you ate a vegetable including carrots, potatoes, or a green salad. Do not count potatoes in the form of French fries or chips.)</p> <p>A. I did not eat other vegetables during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q102	--

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)</p> <p>A. I did not drink soda or pop during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	--	Q65
<p>During the past 7 days, how many times did you drink a bottle or glass of plain water? (Count tap, bottles, and unflavored sparkling water.)</p> <p>A. I did not drink water during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 times per day E. 2 times per day F. 3 glasses per day G. 4 or times glasses per day</p>	--	Q67

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, on how many days did you eat at a fast food chain or carry out restaurant?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	Q103	Q69 (added "such as McDonald's , Taco Bell, or KFC")
<p>During the past 30 days, how often did you go hungry because there was not enough food in your home?</p> <p>A. Never B. Rarely C. Sometimes D. Most of the time E. Always</p>	Q104	Q81

Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

Q105

Q70

During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

- A. 0 teams
- B. 1 team
- C. 2 teams
- D. 3 or more teams

Q106

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Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

On an average school day, how many hours do you spend watching videos or television shows for entertainment purposes? (Count time spent watching on a television, computer, tablet, or phone.)

- A. I do not watch TV on an average school day
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

Q107

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On an average school day, how many hours do you watch TV?

- A. I do not watch TV on an average school day
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

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Q71

Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)

- A. I do not play video or computer games or use a computer for something that is not school work
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

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Q72

On an average school day, how many hours do you spend on an electronic device playing video games? (Count time playing on a gaming system, tablet, computer, or phone.)

- A. I do not watch TV on an average school day
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

Q108

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Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

On an average school day, how many hours do you spend using a computer, cell phone, or other device to connect socially with friends?

- A. I do not use electronic devices to connect with friends
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

Q109

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How often does your school work or relationships with your family or friends suffer because you spend more time online or playing video games than you intended?

- A. Always
- B. Most of the time
- C. Sometimes
- D. Rarely
- E. Never

Q110

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Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days

--

Q73

During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?

- A. 0 times
- B. 1 time
- C. 2 times
- D. 3 times
- E. 4 or more times

--

Q74

Physical Activity

Arlington
2017

Virginia
Youth
Survey
2017

Do any of your classroom teachers provide short physical activity breaks during regular class times? (Do not count your physical education teacher.)

- A. Yes
- B. No

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Q75

Other Health

Arlington
2017

Virginia
Youth
Survey
2017

When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

- A. During the past 12 months
- B. Between 12 and 24 months ago
- C. More than 24 months ago
- D. Never
- E. Not sure

Q111

Q76

Other Health	Arlington 2017	Virginia Youth Survey 2017
Has a doctor or nurse ever told you that you have asthma? A. Yes B. No C. Not sure	--	Q77
When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured? A. During the past 12 months B. Between 12 and 24 months ago C. More than 24 months ago D. Never E. Not sure	Q112	--
On an average school night, how many hours of sleep do you get? A. 4 or less hours B. 5 hours C. 6 hours D. 7 hours E. 8 hours F. 9 hours G. 10 or more hours	Q113	Q78

Demographics	Arlington 2017	Virginia Youth Survey 2017
<p>How old are you?</p> <ul style="list-style-type: none"> A. 12 years old or younger B. 13 years old C. 14 years old D. 15 years old E. 16 years old F. 17 years old G. 18 years old or older 	Q114	Q1
<p>In what grade are you?</p> <ul style="list-style-type: none"> A. 8th grade B. 9th grade C. 10th grade D. 11th grade E. 12th grade F. Ungraded or other grade 	Q115	Q3 (didn't include 8 th)
<p>Are you Hispanic or Latino?</p> <ul style="list-style-type: none"> A. Yes B. No 	Q116	Q4

Demographics	Arlington 2017	Virginia Youth Survey 2017
What is your race? (Select one or more responses.) A. American Indian or Alaska Native B. Asian C. Black or African American D. Native Hawaiian or Other Pacific Islander E. White F. Other	Q114	Q5
Would you say that you are...? A. Heterosexual (straight) B. Gay or lesbian C. Bisexual D. Not sure E. Other	Q115	--
Would you say that you are...? A. Only straight/heterosexual B. Mostly straight/heterosexual C. Bisexual D. Mostly lesbian/gay E. Only lesbian/gay	Q116	--

Demographics	Arlington 2017	Virginia Youth Survey 2017
<p>Which of the following best describes you?</p> <ul style="list-style-type: none"> A. Female B. Male C. Transgender, male-to-female D. Transgender, female-to-male E. Transgender, do not identify as exclusively male or female F. Not sure 	Q119	--
<p>What is your sex?</p> <ul style="list-style-type: none"> A. Female B. Male 	--	Q2
<p>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?</p> <ul style="list-style-type: none"> A. Very feminine B. Mostly feminine C. Somewhat feminine D. Equally feminine masculine E. Somewhat masculine F. Mostly masculine G. Very masculine 	--	Q88

How tall are you without your shoes on?	Q120	Q6
How much do you weigh without your shoes on?	Q121	Q7

Arlington's 6th Grade Survey and Virginia Youth Survey Middle School Survey

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>Which of the following best describes your family?</p> <p>H. I live with both parents</p> <p>I. I live with a single parent</p> <p>J. Sometimes I live with my mom and sometimes my dad</p> <p>K. I live with a parent and a step-parent</p> <p>L. I live with foster parents</p> <p>M. I live with my grandparents or other adult relatives who take care of me.</p> <p>N. Other</p>	Q1	--
<p>What is the highest level of education your parent/guardian has completed? (Answer for the parent/guardian who went the furthest.)</p> <p>A. Did not graduate from high school</p> <p>B. Graduated from high school</p> <p>C. Graduated from a two-year college or technical school</p> <p>D. Graduated from a four-year college</p> <p>E. Completed post-graduate studies (such as a master's degree or doctoral degree) after graduating from a four-year college</p>	Q2	--

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how often did you feel safe and secure at home?</p> <p>A. Always B. Most of the time C. Sometimes D. Rarely E. Never</p>	Q3	--
<p>During the past 12 months, have you seen or heard people where you live be violence and abusive? (This is not “play fighting” but could include serious hitting, shouting, throwing items, yelling or name calling.)</p> <p>A. Yes B. No</p>	Q4	--
<p>If you had an important concern about drugs, alcohol, sex or some other serious issue, would you talk to you parent(s) or guardian(s) about it?</p> <p>F. Yes G. Probably yes H. I’m not sure I. Probably not J. No</p>	Q5	--

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>Is there at least one adult that you can talk to if you have a problem?</p> <ul style="list-style-type: none"> A. Yes B. No C. Not sure 	--	Q64
<p>During the past 12 months, have you talked about alcohol, tobacco, or other drugs with your parents or other adults in your family?</p> <ul style="list-style-type: none"> A. Yes B. No C. Not sure 	--	Q65
<p>During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians?</p> <ul style="list-style-type: none"> A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days 	--	Q58

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, where did you usually sleep?</p> <p>A. In my parent's or guardian's home</p> <p>B. In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing</p> <p>C. In a shelter or emergency housing</p> <p>D. In a motel or hotel</p> <p>E. In a car, park, campground, or other public place</p> <p>F. I do not have a usual place to sleep</p> <p>G. Somewhere else</p>	Q6	Q61
<p>On an average school day, about how much time do you spend doing homework outside of school?</p> <p>G. None</p> <p>H. Half an hour or less</p> <p>I. More than half an hour but less than an hour</p> <p>J. 1 hour</p> <p>K. 2 hours</p> <p>L. More than 2 hours</p>	Q7	--
<p>During the past 12 months, how would you describe your grades in school?</p> <p>A. Mostly A's</p> <p>B. Mostly B's</p> <p>C. Mostly C's</p> <p>D. Mostly D's</p> <p>E. Mostly F's</p> <p>F. None of these grades</p> <p>G. Not sure</p>	Q8	Q55

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>During this school year how often do you feel stressed by school, including schoolwork or feeling pressure to do well?</p> <p>F. Very often G. Often H. Sometimes I. Rarely J. Never</p>	Q9	--
<p>During the last school year, how many times have you skipped school without permission?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q10	Q56
<p>During an average week when you are in school, how many total hours do you participate in school activities such as sports, band, drama, or clubs?</p> <p>A. 0 hours B. 1 to 4 hours C. 5 to 9 hours D. 10 to 19 hours E. 20 or more hours</p>	Q11	Q59

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)</p> <p>A. Yes B. No</p>	--	Q57
<p>How often do you feel safe and secure at school?</p> <p>A. Never B. Rarely C. Sometimes D. Most of the time E. Always</p>	Q12	Q66
<p>How often do you feel safe and secure at in your neighborhood?</p> <p>A. Never B. Rarely C. Sometimes D. Most of the time E. Always</p>	Q13	Q67
<p>How much do you agree or disagree with the following statement? Adults in my town listen to what I have to say.</p> <p>F. Strongly disagree G. Disagree H. Neither agree nor disagree I. Agree J. Strongly agree</p>	Q14	--

Family, School and Community	Arlington 2017	Virginia Youth Survey 2017
<p>If you had an important concern about drugs, alcohol, sex or some other serious issue, would you talk to a responsible adult other than your parents, such a teacher, coach, mentor, counselor, youth program leader, family friend, or extended family member about it?</p> <p>F. Yes G. Probably yes H. I'm not sure I. Probably not J. No</p>	Q15	--

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>When you ride a bicycle, how often do you wear a helmet?</p> <p>A. I did not ride a bicycle</p> <p>B. Never wore a helmet</p> <p>C. Rarely wore a helmet</p> <p>D. Sometimes wore a helmet</p> <p>E. Most of the time wore a helmet</p> <p>F. Always wore a helmet</p>	--	Q6
<p>When you went rollerblading or skateboarding during the past 12 months, how often did you wear a helmet?</p> <p>A. I did not rollerblade or skateboard during the past 12 months</p> <p>B. Never wore a helmet</p> <p>C. Rarely wore a helmet</p> <p>D. Sometimes wore a helmet</p> <p>E. Most of the time wore a helmet</p> <p>F. Always wore a helmet</p>	Q16	--
<p>When you rollerblade or ride a skateboard, how often do you wear a helmet?</p> <p>A. I do not rollerblade or ride a skateboard</p> <p>B. Never wear a helmet</p> <p>C. Rarely wear a helmet</p> <p>D. Sometimes wear a helmet</p> <p>E. Most of the time wear a helmet</p> <p>F. Always wear a helmet</p>	--	Q7

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>How often do you wear a seat belt when riding in a car?</p> <p>A. Never B. Rarely C. Sometimes D. Most of the time E. Always</p>	--	Q8
<p>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q17	--
<p>Have you ever ridden in a car driven by someone who had been drinking alcohol?</p> <p>A. Yes B. No C. Not sure</p>	--	Q9

Unintentional Injuries	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana (also called grass, pot, or weed)?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q18	--
<p>During the past 30 days, on how many days did you ride with someone who texted, called, or used the Internet or apps (such as YouTube, Instagram or Facebook), on a handheld cell phone while driving a car or other vehicle?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	--	Q10

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	Q19	--
<p>Have you ever carried a weapon, such as a gun, knife, or club? (Do not count the days when you carried a weapon only for hunting or for a sport, such as target shooting.)</p> <p>A. Yes B. No</p>	--	Q11
<p>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?</p> <p>A. 0 days B. 1 day C. 2 or 3 days D. 4 or 5 days E. 6 or more days</p>	Q20	--

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q21	--
<p>During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q22	--

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times were you in a physical fight?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q23	--
<p>Have you ever been in a physical fight?</p> <p>A. Yes B. No</p>	--	Q12

Violence-Related Behaviors	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times were you in a physical fight on school property?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 or 11 times H. 12 or more times</p>	Q24	--
<p>During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q25	--
<p>During the past 12 months, have you been a member of a gang or crew?</p> <p>A. Yes B. No</p>	Q26	--
<p>During the past 12 months, were there gang members in either your school or in your neighborhood?</p> <p>A. Yes B. No</p>	Q27	--

Bullying - Definitions

Arlington 2013

The next set of questions ask about whether you have experienced a pattern of aggressive, intentional or hostile behavior that occurs repeatedly and over time called bullying. Bullying/harassment typically involves an imbalance of power or strength. Bullying/harassment behaviors may include:

- physical
- verbal
- or nonverbal behaviors.

These behaviors include, but are not limited to:

- intimidation
- assault
- extortion
- oral threats
- written threats
- teasing
- name-calling
- threatening looks, gestures or actions
- rumor spreading
- false accusations
- hazing
- social isolation
- abusive e-mails, phone calls, or texts

The term cyberbullying is used when text, photos, videos or other media are uploaded to computers and/or the Internet to defame, insult, harass or haze others.

Arlington 2017

Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

Bullying	Arlington 2017	Virginia Youth Survey 2017
In the past 12 months, have you been bullied? C. No D. Yes	Q28	--
During the past 12 months, have you ever bullied others at school? A. Yes B. No	Q29	--
During the past 12 months, have you ever been bullied on school property? A. Yes B. No	Q30	--
Have you ever been bullied on school property? C. No D. Yes	--	Q13
Have you even been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) A. Yes B. No	--	Q14

Bullying	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, have you ever electronically bullied someone? (Count bullying through texting, Instagram, Facebook, or other social media.)</p> <p>A. Yes B. No</p>	--	Q15
<p>During the past 12 months, how were you bullied?</p> <p>A. Rumor Spreading B. False Accusations C. Social Isolation D. Physical Assault E. Name Calling F. Threats G. Emails H. Social Media I. Text J. Other (Please specify)</p>	Q31	--
<p>If you have been bullied during the past 12 months, have you reported it to a parent, teacher or other adult?</p> <p>A. Yes B. No</p>	Q32	--
<p>How much do you agree or disagree with the following statement? If I tell a parent, teacher or other adult about being bullied, the adult(s) will try to help me stop it.</p> <p>F. Strongly disagree G. Disagree H. Neither agree nor disagree I. Agree</p>	Q33	--

Bullying	Arlington 2017	Virginia Youth Survey 2017
J. Strongly agree		
<p>How much do you agree or disagree with the following statement? Bullying is a serious problem in my school.</p> <p>F. Strongly disagree</p> <p>G. Disagree</p> <p>H. Neither agree nor disagree</p> <p>I. Agree</p> <p>J. Strongly agree</p>	Q34	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?</p> <p>A. Yes</p> <p>B. No</p>	Q35	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>Do you agree or disagree that you feel good about yourself?</p> <ul style="list-style-type: none"> A. Strongly agree B. Agree C. Not sure D. Disagree E. Strongly disagree 	--	Q62
<p>When you feel sad, empty, hopeless, angry, or anxious, how often do you get the kind of help you need?</p> <ul style="list-style-type: none"> A. I do not feel sad, empty, hopeless, angry, or anxious B. Never C. Rarely D. Sometimes E. Most of the time F. Always 	--	Q63
<p>During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?</p> <ul style="list-style-type: none"> A. 0 times B. 1 time C. 2-5 times D. 6 or more times 	Q36	--
<p>During the past 12 months, did you ever consider attempting suicide?</p> <ul style="list-style-type: none"> A. Yes B. No 	Q37	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
Have you ever seriously through about killing yourself? A. Yes B. No	--	Q16
During the past 12 months, did you make a plan about how you would attempt suicide? A. Yes B. No	Q38	--
Have you ever made a plan about how you would kill yourself? A. Yes B. No	--	Q17
If you considered suicide during the past 12 months, did you reach out and speak to someone about it? A. Yes B. No	Q39	--
If you spoke to someone about your suicidal thoughts, who did you connect with? A. Family member B. Friend C. Teacher D. School counselor, social worker or psychologist E. Family friend F. CrisisLink G. Hotline H. Counselor or therapist I. Other (please specify)	Q40	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, how many times did you actually attempt suicide?</p> <p>A. 0 times B. 1 time C. 2 or 3 times D. 4 or 5 times E. 6 or more times</p>	Q41	--
<p>Have you ever tried to kill yourself?</p> <p>A. Yes B. No</p>	--	Q18
<p>If you tried to kill yourself during the past 12 months, did you ask for help from someone such as a doctor, counselor, or hotline before your attempt?</p> <p>A. I did not attempt suicide during the past 12 months B. Yes C. No</p>	--	Q19
<p>If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?</p> <p>A. I did not attempt suicide during the past 12 months B. Yes C. No</p>	Q42	--

Mental Health	Arlington 2017	Virginia Youth Survey 2017
<p>Do you know about or are you connected with services that can help support any anxiety or depression symptoms you may be experiencing?</p> <p>A. Yes B. No</p>	Q43	--

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>Have you ever tried cigarette smoking, even one or two puffs?</p> <p>A. Yes B. No</p>	Q44	--
<p>How old were you when you smoked a whole cigarette for the first time?</p> <p>A. I have never smoked a whole cigarette B. 8 years old or younger C. 9 or 10 years old D. 11 or 12 years old E. 13 or 14 years old F. 15 or 16 years old G. 17 years old or older</p>	Q45	--

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>How old were you when you first tried cigarette smoking, even one or two puffs?</p> <ul style="list-style-type: none"> A. I have never tried cigarette smoking, not even one or two puffs B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old G. 13 years old or older 	--	Q20
<p>During the past 30 days, on how many days did you smoke cigarettes?</p> <ul style="list-style-type: none"> A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days 	Q46	Q21
<p>During the past 30 days on how many days did you smoke cigarettes on or near school property?</p> <ul style="list-style-type: none"> A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days 	Q47	--

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)</p> <ul style="list-style-type: none"> A. I did not smoke cigarettes during the past 30 days B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station C. I got them on the Internet D. I gave someone else money to buy them for me E. I borrowed (or bummed) them from someone else F. A person 18 years old or older gave them to me G. I took them from a store or family member H. I got them some other way 	Q48	--
<p>During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</p> <ul style="list-style-type: none"> A. I did not smoke cigars, cigarillos, or little cigars during the past 30 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days 	Q49	Q27

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</p> <p>A. I did not use chewing tobacco, snuff, or dip during the past 30 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q50	Q26 (included snus or dissolvable tobacco products)
<p>Have you ever used an electronic vapor product? (Include such things as e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.)</p> <p>A. Yes B. No</p>	Q51	Q22
<p>During the past 30 days, on how many days did you use an electronic vapor product (such as an e-cigarette)?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q52	Q23

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you use an electronic vapor product (such as an e-cigarette) on or near school property?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q53	--
<p>During the past 30 days, how did you usually get your electronic vapor products?</p> <p>J. I did not smoke an electronic vapor product during the past 30 days K. I bought them in a store L. I got them on the Internet M. I gave someone else money to buy them for me N. I borrowed them from someone else O. A person 18 year or older gave them to me P. I took them from a store or family member Q. I got them some other way R. Other (please specify)</p>	Q54	Q24

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>What is the main reason you have used electronic vapor products? (Select only one response.)</p> <ul style="list-style-type: none"> A. I have never tried an electronic vapor product B. Friend or family member used them C. To try and quit using other tobacco products D. They cost less than other tobacco products E. They are easier to get than other tobacco products F. They are less harmful than other forms of tobacco G. They are available in flavors, such as a mint, candy, fruit, or chocolate H. I used them for some other reason 	--	Q25
<p>Is smoking an electronic vapor product less dangerous than smoking cigarettes?</p> <ul style="list-style-type: none"> A. Yes B. No C. Not sure 	Q55	--
<p>During the past 30 days, on how many days did you use a waterpipe (also called a hookah, shisha, or narghile) to smoke tobacco?</p> <ul style="list-style-type: none"> A. I did not use a waterpipe during the past 30 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days 	Q56	Q28

Tobacco	Arlington 2017	Virginia Youth Survey 2017
<p>Is smoking from a hookah or waterpipe less dangerous than smoking cigarettes?</p> <p>A. Yes B. No C. Not sure</p>	Q57	--

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, on how many days have you had at least one drink of alcohol?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 9 days D. 10 to 19 days E. 20 to 39 days F. 40 to 99 days G. 100 or more days</p>	Q59	Q30
<p>How old were you when you had your first drink of alcohol other than a few sips?</p> <p>A. I have never had a drink of alcohol other than a few sips B. 8 years old or younger C. 9 years old D. 10 years old E. 11 years old F. 12 years old or older</p>	Q60	Q29 (last answer choice was 13 years old or older)

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, on how many days did you have at least one drink of alcohol?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q61	--
<p>During the past 30 days, on how many days did you have at least one drink of alcohol on or near school property?</p> <p>A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days</p>	Q62	--
<p>During the past 30 days, how did you usually get the alcohol you drank?</p> <p>A. I did not drink alcohol during the past 30 days B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station C. I bought it at a restaurant, bar, or club D. I bought it at a public event such as a concert or sporting event E. I gave someone else money to buy it for me F. Someone gave it to me G. I took it from a store or family member H. I got it some other way</p>	Q63	--

Alcohol	Arlington 2017	Virginia Youth Survey 2017
<p>How easy is it for someone your age to get beer, wine or other alcohol?</p> <p>A. Very easy B. Somewhat easy C. Neither D. Somewhat difficult E. Very difficult</p>	Q64	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times did you use marijuana?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 to 99 times G. 100 or more times</p>	Q65	Q31

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>How old were you when you tried marijuana for the first time?</p> <p>A. I have never tried marijuana</p> <p>B. 8 years old or younger</p> <p>C. 9 years old</p> <p>D. 10 years old</p> <p>E. 11 years old</p> <p>F. 12 years old</p> <p>G. 13 years old or older</p>	Q66	Q32
<p>During the past 30 days, how many times did you use marijuana?</p> <p>A. 0 times</p> <p>B. 1 or 2 times</p> <p>C. 3 to 9 times</p> <p>D. 10 to 19 times</p> <p>E. 20 to 39 times</p> <p>F. 40 or more times</p>	Q67	--
<p>During the past 30 days, how many times did you use marijuana on or near school property?</p> <p>A. 0 times</p> <p>B. 1 or 2 times</p> <p>C. 3 to 9 times</p> <p>D. 10 to 19 times</p> <p>E. 20 to 39 times</p> <p>F. 40 or more times</p>	Q68	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used synthetic marijuana (also called K, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you used synthetic marijuana (also called K, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	Q33 ("have you ever")

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you used any form of cocaine, including powder, crack, or freebase?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you taken steroid pills or shots?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you taken steroid pills or shots?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you taken a prescription pain medicine without a doctor's prescription (such as OxyContin, Percocet, Vicodin, or codeine)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	Q36 ("have you ever")

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how many times have you taken a prescription pain medicine without a doctor's prescription (such as OxyContin, Percocet, Vicodin, or codeine)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you taken other prescription drugs without a doctor's prescription (such as Adderall, Ritalin, or Xanax)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you taken other prescription drugs without a doctor's prescription (such as Adderall, Ritalin, or Xanax)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
<p>During your life, how many times have you used ecstasy (also called MDMA)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you used ecstasy (also called MDMA)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you used heroin (also called smack, junk, or China White)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	Q34 ("have you ever")
<p>During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?</p> <p>A. 0 times B. 1 or 2 times</p>	Q70	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times		
During your life, how many times have you used fentanyl (also called Apache, China Girl, TNT, or Cash)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q69	--
During the past 30 days, how many times have you used fentanyl (also called Apache, China Girl, TNT, or Cash)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times	Q70	--
During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)? A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times	Q69	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
F. 40 or more times		
<p>During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you taken over-the-counter (OTC) drugs such as cold, allergy or sleep preparations in order to get high or to change your mood?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	Q35 ("have you ever")
<p>During the past 30 days, how many times have you taken over-the-counter (OTC) drugs such as cold, allergy or sleep preparations in order to get high or to change your mood?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times</p>	Q70	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
F. 40 or more times		
<p>During your life, how many times have you taken hallucinogenic drugs (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q69	--
<p>During the past 30 days, how many times have you taken hallucinogenic drugs (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms)?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times F. 40 or more times</p>	Q70	--
<p>During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?</p> <p>A. 0 times B. 1 or 2 times C. 3 to 9 times D. 10 to 19 times E. 20 to 39 times</p>	Q69	--

Drugs	Arlington 2017	Virginia Youth Survey 2017
F. 40 or more times		
<p>If you took a prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it, how did you get the prescription pain medicine?</p> <p>A. I have never taken a prescription pain medicine without a doctor's prescription or differently than how a doctor told me to use it</p> <p>B. It was my prescription</p> <p>C. I took it from someone in my home</p> <p>D. I took it from someone else's home or someone outside of my home</p> <p>E. Someone gave it to me</p> <p>F. I bought it from someone</p> <p>G. I gave someone else money to buy it for me</p> <p>H. Other (please specify)</p>	Q71	--
<p>During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?</p> <p>A. Yes</p> <p>B. No</p>	Q72	Q37

Body Weight	Arlington 2017	Virginia Youth Survey 2017
<p>How do you describe your weight?</p> <ul style="list-style-type: none"> A. Very underweight B. Slightly underweight C. About the right weight D. Slightly overweight E. Very overweight 	Q73	Q38
<p>During the past 30 days, if you have tried to lose weight or keep from gaining weight, which of the following have you done?</p> <ul style="list-style-type: none"> A. I did not try to lose weight or keep from gaining weight during the past 30 days B. Exercise C. Go without eating for 24 hours or more D. Vomit or take laxatives E. Eat less food, fewer calories or foods low in fat F. Take diet pills, powders, or liquids 	Q74	--
<p>Which of the following are you trying to do about your weight?</p> <ul style="list-style-type: none"> A. Lose weight B. Gain weight C. Stay the same weight D. I am not trying to do anything about my weight 	--	Q39

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)</p> <p>A. I did not drink 100% fruit juice during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q75	Q40
<p>During the past 7 days, how many times did you drink a sugar-sweetened drink, such as a Coke, Sprite, sports drink, lemonade, sweetened tea, or flavored milk?</p> <p>A. I did not drink sugar-sweetened drinks during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	Q76	--

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you drink a can, bottle, or glass of a sugar-sweetened drink, such as a sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do not count soda or pop or 100% fruit juice.)</p> <p>A. I did not drink sugar-sweetened drinks during the past 7 days B. 1 to 3 times during the past 7 days C. 4 to 6 times during the past 7 days D. 1 time per day E. 2 times per day F. 3 times per day G. 4 or more times per day</p>	--	Q44
<p>During the past 7 days, on how many days did you eat breakfast?</p> <p>A. 0 days B. 1 day C. 2 days D. 3 days E. 4 days F. 5 days G. 6 days H. 7 days</p>	Q77	Q46

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, how many times did you eat fruit?</p> <p>A. I did not eat fruit during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p> <p>G. 4 or more times per day</p>	Q78	Q41
<p>During the past 7 days, how many times did you eat vegetables? (Count each time you ate a vegetable including carrots, potatoes, or green salad. Do not count potatoes in the form of french fries or chips.)</p> <p>A. I did not eat vegetables during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p> <p>G. 4 or more times per day</p>	Q79	Q42
<p>During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)</p> <p>A. I did not drink soda or pop during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p>	--	Q43

Nutrition	Arlington 2017	Virginia Youth Survey 2017
G. 4 or more times per day		
<p>During the past 7 days, how many times did you drink a bottle or glass of plain water? (Count tap, bottled, and unflavored sparkling water.)</p> <p>A. I did not drink water during the past 7 days</p> <p>B. 1 to 3 glasses during the past 7 days</p> <p>C. 4 to 6 glasses during the past 7 days</p> <p>D. 1 glass per day</p> <p>E. 2 glasses per day</p> <p>F. 3 glasses per day</p> <p>G. 4 or more glasses per day</p>	--	Q45
<p>During the past 7 days, about how many times did you eat at a fast food chain or carry out restaurant?</p> <p>A. I did not eat food from a fast food restaurant during the past 7 days</p> <p>B. 1 to 3 times during the past 7 days</p> <p>C. 4 to 6 times during the past 7 days</p> <p>D. 1 time per day</p> <p>E. 2 times per day</p> <p>F. 3 times per day</p> <p>G. 4 or more times per day</p>	Q80	Q47

Nutrition	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 30 days, how often did you go hungry because there was not enough food in your home?</p> <p>A. Never</p> <p>B. Rarely</p> <p>C. Sometimes</p> <p>D. Most of the time</p> <p>E. Always</p>	Q81	Q60

Physical Activity	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)</p> <p>A. 0 days</p> <p>B. 1 day</p> <p>C. 2 days</p> <p>D. 3 days</p> <p>E. 4 days</p> <p>F. 5 days</p> <p>G. 6 days</p> <p>H. 7 days</p>	Q82	Q48

Physical Activity	Arlington 2017	Virginia Youth Survey 2017
<p>During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)</p> <p>A. 0 teams B. 1 team C. 2 teams D. 3 or more teams</p>	Q83	Q51
<p>During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?</p> <p>A. 0 times B. 1 time C. 2 times D. 3 times E. 4 or more times</p>	--	Q52
<p>On an average school day, how many hours do you watch TV?</p> <p>A. I do not watch TV on an average school day B. Less than 1 hour per day C. 1 hour per day D. 2 hours per day E. 3 hours per day F. 4 hours per day G. 5 or more hours per day</p>	--	Q49

Physical Activity	Arlington 2017	Virginia Youth Survey 2017
<p>On an average school day, how many hours do you spend watching videos or television shows for entertainment purposes? (Count time spent watching on a television, computer, tablet, or phone.)</p> <p>A. I do not watch TV on an average school day</p> <p>B. Less than 1 hour per day</p> <p>C. 1 hour per day</p> <p>D. 2 hours per day</p> <p>E. 3 hours per day</p> <p>F. 4 hours per day</p> <p>G. 5 or more hours per day</p>	Q84	--
<p>On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, or other tablet, a smartphone, texting, YouTube, Instagram, Facebook or other social networking tools, and the Internet.)</p> <p>A. I do not play video or computer games or use a computer for something that is not school work</p> <p>B. Less than 1 hour per day</p> <p>C. 1 hour per day</p> <p>D. 2 hours per day</p> <p>E. 3 hours per day</p> <p>F. 4 hours per day</p> <p>G. 5 or more hours per day</p>	--	Q50

Physical Activity	Arlington 2017	Virginia Youth Survey 2017
<p>On an average school day, how many hours do you spend on an electronic device playing video games? (Count time playing on a gaming system, tablet, computer, or phone.)</p> <p>A. I do not play video or computer games or use a computer for something that is not school work</p> <p>B. Less than 1 hour per day</p> <p>C. 1 hour per day</p> <p>D. 2 hours per day</p> <p>E. 3 hours per day</p> <p>F. 4 hours per day</p> <p>G. 5 or more hours per day</p>	Q85	--
<p>On an average school day, how many hours do you spend using a computer, cell phone, or other device to connect socially with friends?</p> <p>A. I do not use electronic devices to connect with friends</p> <p>B. Less than 1 hour per day</p> <p>C. 1 hour per day</p> <p>D. 2 hours per day</p> <p>E. 3 hours per day</p> <p>F. 4 hours per day</p> <p>G. 5 or more hours per day</p>	Q86	--
<p>How often does your school work or relationships with your family or friends suffer because you spend more time online or playing video games than you intended?</p> <p>A. Always</p> <p>B. Most of the time</p> <p>C. Sometimes</p> <p>D. Rarely</p> <p>E. Never</p>	Q87	--

Other Health	Arlington 2017	Virginia Youth Survey 2017
<p>How long has it been since you last visited a dentist or dental clinic for any reason? Include visits to dental specialists, such as orthodontists.</p> <p>A. During the past 12 months B. Between 12 and 24 months ago C. More than 24 months ago D. Never E. Not sure</p>	Q88	--
<p>When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured?</p> <p>F. During the past 12 months G. Between 12 and 24 months ago H. More than 24 months ago I. Never J. Not sure</p>	Q89	--
<p>Has a doctor or nurse ever told you that you have asthma?</p> <p>A. Yes B. No C. Not sure</p>	--	Q53

Other Health	Arlington 2017	Virginia Youth Survey 2017
<p>On an average school night, how many hours of sleep do you get?</p> <ul style="list-style-type: none"> A. 4 or less hours B. 5 hours C. 6 hours D. 7 hours E. 8 hours F. 9 hours G. 10 or more hours 	Q90	Q54

Demographics	Arlington 2017	Virginia Youth Survey 2017
<p>How old are you?</p> <ul style="list-style-type: none"> A. 10 years old or younger B. 11 years old C. 12 years old D. 13 years old E. 14 years old F. 15 years old G. 16 years old or older 	Q91	Q1

Demographics	Arlington 2017	Virginia Youth Survey 2017
<p>In what grade are you?</p> <ul style="list-style-type: none"> A. 6th grade B. 7th grade C. 8th grade D. Ungraded or other grade 	--	Q3
<p>Are you Hispanic or Latino?</p> <ul style="list-style-type: none"> A. Yes B. No 	Q92	Q4
<p>What is your race? (Select one or more responses.)</p> <ul style="list-style-type: none"> A. American Indian or Alaska Native B. Asian C. Black or African American D. Native Hawaiian or Other Pacific Islander E. White 	Q93	Q5
<p>Which of the following best describes you?</p> <ul style="list-style-type: none"> A. Female B. Male C. Other (please specify) 	Q94	--
<p>What is your sex?</p> <ul style="list-style-type: none"> A. Female B. Male 	--	Q2

Demographics	Arlington 2017	Virginia Youth Survey 2017
How tall are you without your shoes on?	Q95	--
How much do you weigh without your shoes on?	Q96	--