

**APCYF Notes**  
**January 24, 2018**

**Attendance:** John Andelin, Janetta Brewer, Michael Brown, Dave Carlson, Bart Devon, Sheila Fleischhacker, Barbara Gomez, Alicia Guajardo, Judy Hadden, Linda Henderson, Anne O'Brien, Christine Schaubach, Mary Ann Moran, Cintia Johnson, Cheryl Johnson, Laura Newton, Susan Noack, Rick Strobach, Cheryl Fuentes, Rebecca Hjelm, Sally LaBonte, Sophie Bracey, Monique O'Grady, Alex Wright, Ann Marie Douglas, Kim Durand

**Ice-Breaker:**

Members were asked to name their favorite Arlington restaurant. The list is at the end of these notes.

**Recognitions:**

Judy Hadden and Mary Ann Moran highlighted the work of Anne Vor der Bruegge and Linda Henderson for their year as chairs. Both have been members of APCYF for years and have served in many different roles, their guidance and support has been and will continue to be very much appreciated.

**School Board Liaison:**

Monique O'Grady joined us for a few minutes to share a few of her priorities as she begins her role on the School Board. Her hope is that every child has a love of learning and she is focused on academics, diversity and the multicultural world, as well as communications with county board, students, teachers and others. In the short time she's been on the board, she has heard that kids are stressed out, too much emphasis is placed on grades, and the need for additional mental health programs. She is looking forward to working with APCYF.

**APS Strategic Plan:**

Michael Swisher is on the APS Strategic Plan Committee and is representing APCYF as well as participating as an Arlington parent.

The group is currently reviewing feedback around the Vision, Mission and Core Values. As information is available, Michael will report out to this group, but if you have any particular concerns or interests, please contact Michael directly. [mswish@arlingtonva.us](mailto:mswish@arlingtonva.us)

**Advocacy to School and County Board**

Every year, beginning in the Fall through March/April, we think about an advocacy plan. Some years, we have something obvious to advocate for with regards to the budget – for example the year they cut the Data Specialist position from the APS budget. Other years we have advocated for school health nurses, ...

Some years, it is more about advocating on how we work together, offering Mental Health First Aid across systems, or additional supports for the Carlin Springs Community School.

Usually in the fall, we have some data to sort through, discuss as a group, talk with our agency members, and determine what some of our advocacy priorities might be. This year, we also met with many community members while presenting the YRBS data to see what kinds of things bubble up for them.

### FY19 Timeline:

- **February:** County Manager's FY 2019 Proposed Budget submitted to the County Board
- **February – April:** Budget Work Sessions. County Board holds a series of budget work sessions with County departments, Constitutional Offices, and the School Board
- **March:** Public Hearings. County Board hosts public hearings on proposed FY 2019 budget including County expenses and real estate tax, personal property tax rates, and other taxes and fees
- **April:** Budget Adopted. County Board adopts FY 2019 Budget and Appropriations Resolutions for the County government, the public schools, and Pay-As-You-Go Capital. County Board adopts CY 2018 real estate tax rate and other FY 2019 taxes and fees.
- **April / May:** School Board adopts FY 2019 school budget

Tonight, we're at a point when we want to have some discussions as a board as to the direction of our advocacy work.

### **Themes and Ideas for Recommendations:**

At our recent Planning and Development meeting, we discussed some ideas that we might consider for our advocacy plan. We shared some of these with the School Board in December and many of the ideas have been brought up during the YRBS presentations. All are connected, or could be connected in some way, to incorporate all of our priorities: Mental Health (depressive symptoms), Healthy Relationships (bullying and positive family communications), Childhood Obesity, Substance Use.

- Collaboration between County, Schools & Community
  - Use of resources
  - Create/support a structure that supports this type of work
  - Bring together the Leadership Teams to meet regularly
- Data Sharing between systems as appropriate
  - MOU specific to data sharing and other types of collaboration
- Connect all work to a framework (Tiered Systems of Support? Whole Child? Developmental Assets?)
- Coordinated Prevention – Create a "Prevention Map" of who is doing what
  - Prevention at earlier ages/elementary school
  - Question to consider - prevention of what?

### **Table Break Out Discussions**

Members were asked to consider these questions:

- Should we move from Issues to System approach?
- Name three indicators that would demonstrate that it is working?
- What are concrete actions/steps that we can recommend that will lead to these outcomes?

### Report Out Comments:

- Circle back to the screen time discussion
- Report BMI by school
- Issues vs. Systems – the discussion keeps coming back to issue driven, we need to look at the issues and then think about the collaborations. Hard to get away from the issues.
- Define “system approach” – what does that mean in this context Data sharing and operationalize it
  - Allow the experts to be experts and provide stories, but let them (APS/ACG) operationalize it.
- How can we get folks to work together in a coordinated way? For example, the Substance Abuse Counselors with APS, DHS, and Juvenile Justice – how do they coordinate efforts around a child?
- Look at places where collaboration is working – does Fairfax have an example? Look at the Alexandria Youth Master Plan, is that working?
  - Sharing – what people are doing and share best practices
  - Recognition that we work in silos and it is a challenge
- Would families want to share data between systems?
  - Perhaps if a student was identified as needing Tier II services a form could go home to parents to get consent to share data in order to knit the services around the child to support the child and family.
  - If it is framed in a way so that people want to share the data across systems
  - Carlin Springs Community School is an example of it working well
- APS Welcome Center – Currently, only used for Pre-K but could be expanded for all grades. A welcoming place to talk with parents.
  - A possible barrier is that all families may not come to APS
  - Go to new people’s homes to give them info – provide home visits

Additional comments were collected from each table and will be discussed further at the next Planning and Development meeting on **Feb 13 at 5:30 – 7:00pm**. ALL ARE WELCOME.

### UPDATES AND ANNOUNCEMENTS –

March 17 8:30 – 12:15 pm 10<sup>th</sup> Annual “Your Child’s Development” Parent Resource Fair  
At Kenmore Middle School. Program includes three workshops selected from 15, several are offered in Spanish.

Connect with Kids (CWK) award nominations are open.

Note that we now have TWO awards: Connect with Kids and DO FOR Kids.

Parent Chat week is coming around again, **February 16-25**. Look for blasts and more information. Please host a chat and encourage neighbors and friends to attend, or host one of their own!

Next Meeting: **February 28, 2018**

**Arlington Restaurants & Links for those with websites:**

<a href="#">Arlington Kabob</a>
Bangkok 54
<a href="#">Boru Raman</a>
Burger King
<a href="#">Carlyle</a>
<a href="#">Crystal Thai</a>
<a href="#">Dama</a>
<a href="#">District Taco</a>

<a href="#">Dona Bessy</a>
<a href="#">El Paso</a>
<a href="#">Guapos</a>
<a href="#">Kabob Bazzar</a>
<a href="#">Lebanese Taverna</a>
<a href="#">Liberty Tavern</a>
<a href="#">Metro 29</a>
<a href="#">Meaza</a> Ethiopian

Pan Am Bakery
<a href="#">Pollo Rico</a>
<a href="#">Pupatella</a>
<a href="#">Rustico</a>
<a href="#">Ser</a>
<a href="#">Thai Square</a>