

APCYF Notes

At our meeting on Wednesday, June 23, we got our first look at the Youth Risk Behavior Survey (YRBS) Results. For those that are interested, I wanted to remind you that we will be continuing the conversation on **Wednesday, June 28 6:00 – 7:30 in the Sequoia Auditorium.**

Below are the *stickie note* comments that we posted on the flip charts on Wednesday. If you have additional thoughts or comments, please let us know.

Burning Data Questions

- Is there a correlation between bullying and screen time?
- Could you calculate percent of students considered overweight vs. obese?
- Could you calculate screen time with exercise and sleep in some way?
- Could you cross walk race/ethnicity and mental health/substance use issues?
- How many kids have used or regularly used both alcohol and marijuana?
- Extrapolate data with attendance correlating data to see how kids are coping i.e. depressive symptoms/attempted suicide, then look back three years and do the same thing.
- Did young person report bullying to adult? Would like to know the mental health state of the respondents who experiences that they were bullied?
- Would like more detail on racial and ethnic groups.
- What is the national average for marijuana?
- What is the data on stress at school?
- Look at Mental Health/Depressive Symptoms – those who said YES to 2 weeks in a row, by substance use type to see what they are doing?
- Compare changes in BMI self-reported to changes in nutritional habits and exercise/habits and sedentary habits.
- What percent of students are stressed at school?

What Stands Out

- Bullying. Bullying is high. Bullying is bad and getting worse.
- Increase in Marijuana Use.
- 63% of 6th graders not sure of dangers of e-cigs – should start educating kids earlier.
- More 12th graders get into car of people who are using pot than alcohol.

Observations/Suggestions

- Change the order of Q37. Currently, it may lead the respondent to answer in a way that is not useful for this survey.
- On Positive Family Communications questions, replace “family member” to “caregiver”.
- Can we have talking points to talk with students about what happens in the media, politics, etc.? Then ask how parents can respond/support the youth?
- Build capacity to recognize signs of:
 - Stress as a victim of bullying

- Being a bully
- Involve kids in activities that raise awareness.
- Add dogs for drug sniffing in middle schools where trouble often starts.
- Can we link interventions in schools to changes at home e.g. in parents and care-givers?
- Bullying starts in kindergarten. We should provide early prevention/interventions. We need to think about how we might build a platform for kindness/respect.
- How do adults react to bullying?
- What models do kids see with regard to inappropriate behavior – sarcasm, unwanted sexual advances, adult bullying?
- Make sure to connect this data and information with existing committees and groups.
- Educate kids about the dangers of marijuana and driving.
 - Would like to know how the parents respond when bullying is brought to their attention, do they blow it off as “boys will be boys”?
- What happened between 2004 and 2007 with 6th grade bullying?
- Please double check marijuana use data in last 30 days for past YRBSs.

Not sure what these meant (or maybe I didn't understand the writing?)

- Middle Schools integrate healthy relationships and substance use
- Hopelessness rather lower
 - Thought there would be some consistency (6th grade)
- Consistency across the schools
 - Substance abuse counselors and SRO Collaborations

Large Group Discussion

- Bullying – We should follow-up with APS & ACG on our recommendation that we should have a unified definition of bullying. This would help us track a cultural shift.
- Sexual Conduct – this is a newer topic for APCYF, but should be defined similarly to bullying.
- Correlate Bullying and Sexual conduct with substance Use/Depressive Symptoms.
- Are there changes at home? What can we do to link the data to parents and families?
- Review the 2014 Report Card Overview to compare our recommendations then to our current data.
- There is a feeling that APCYF should focus on the disparities.