

# Chore List by Age

## 12-18 MONTHS

### KITCHEN

Pour glass of water using a small jug  
Scoop cereal into bowl  
Add milk to cereal  
Wipe spills with hand-mitt  
Take plate/bowl to kitchen

### BATHROOM

Brush hair with assistance  
Brush teeth with assistance  
Wash hands  
Put away bath toys  
Pick up towel and hang on hook

### BEDROOM

Pick up diaper or underwear  
Put dirty clothes in laundry basket  
Open curtains  
Choose between 2 options for clothes  
Get dressed with assistance  
Take off shoes and socks

### OTHER

Put away toys  
Gather shoes and put away  
Help parent following a simple direction  
Turn on/off light switch

## 18 MONTHS - 3 YEARS

All chores for previous ages plus...

### KITCHEN

Prepare snack or sandwich  
Peel a banana  
Peel a mandarin orange  
Wash fruit and vegetables  
Make orange juice (or other juice)  
Set the table  
Clear the table  
Wipe the table after meals  
Sweep floor using dustpan  
Start coffee maker for parent  
Swiffer the floor  
Wipe cabinets  
Wipe baseboards

### BATHROOM

Blow own nose  
Brush teeth and parent check after  
Wash body using travel bottles to minimize waste  
Clean face with washrag

### BEDROOM

Help make bed  
Choose own clothes  
Get dressed with little help

### OTHER

Arrange flowers in a small vase  
Pack and carry bag and/or backpack  
Put on own coat  
Put on shoes with velcro  
Water plants  
Put toys in a basket & return to shelf  
Clean windows  
Load/unload washing machine & dryer  
Sort socks  
Sort clothes by color  
Help at the grocery store by getting items from shelf when told  
Help push the basket at the store  
Help unload groceries  
Dust around the house  
Put leash on dog  
Brush dog

## AGES 3-5 YEARS

All chores for previous ages plus...

### KITCHEN

Unload dishwasher  
Help with baking (measuring and mixing ingredients)  
Scrub and peel vegetables (potatoes, carrots, etc.)  
Assist with cooking (stirring noodles)  
Prepare simple snacks

### BATHROOM

Clean toilet seat after using the bathroom  
Put wet clothing in laundry room  
Wash own hair (with some help)  
Wipe out bathroom sinks

### BEDROOM

Make bed on own by pulling up sheets & comforter  
Put clean clothes away  
Dress without assistance  
Put away toys in proper bins and shelves

### OTHER

Feed pets  
Help with recycling  
Fold laundry (clothes, towels, etc.)  
Vacuum couch/chairs/cushions  
Open car door with remote  
Weed the garden  
Water indoor plants  
Disinfect doorknobs

**Have nothing in your home that you do not know to be useful or believe to be beautiful.**

**—William Morris**



# Chore List by Age

## AGES 6-8

All chores for previous ages plus...

### KITCHEN

Meal prep (find items, wash produce, simple cutting with supervision)

### BATHROOM

Wipe down sinks and toilets

### BEDROOM

Make bed  
Clean room  
Vacuum

### OTHER

Hang laundry  
Collect garbage  
Vacuum around the house  
Get mail  
Fold own laundry  
Clean microwave  
Rake leaves  
Clip coupons  
Wipe down light switches

## AGES 9-11

All chores for previous ages plus...

### KITCHEN

Make simple meals  
Mop floors  
Help with meal planning

### BATHROOM

Clean toilets

### BEDROOM

Dust room

### OTHER

Take garbage/recycling to the curb  
Wash and dry own clothes  
Mow the lawn  
Take pet for a walk  
Sweep porches  
Do simple mending  
Sweep out garage  
Help organize books, DVDs, etc.

## AGES 12+

All chores for previous ages plus...

### KITCHEN

Make full meal plan  
Make complete meals  
Make weekly grocery list  
Clean out refrigerator/freezer

### BATHROOM

Clean tub/shower

### BEDROOM

Keep room clean and organized

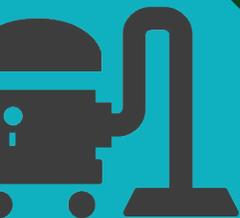
### OTHER

Mow/weed eat yard  
Help supervise chores of younger children  
Babysit younger siblings (for appropriate time limit)  
Wash windows outside  
Iron clothes  
Power wash driveway/house  
Clean interior/exterior of car(s)  
Change lightbulbs  
Trim hedges  
Paint walls (with permission)  
Do simple home repairs  
Dust ceiling fans/lights

## AGES 17+

All chores for previous ages plus...

Do own laundry  
Cook entire meals and clean up  
Mow lawn, weed eat and other yard work  
Basic car maintenance (oil check/change, check tire pressure & know how to change tires)  
Keep room neat, clean, and fresh smelling  
Know how to organize a budget for themselves  
Keep up with chores, schoolwork, work/job, and sports activities  
Run errands as needed for parents and self  
Do grocery shopping



No one is useless in this world who lightens the burden of another.

—Charles Dickens

