

## Quick list of techniques and strategies for the Right Response

- **Planned ignoring**  
Particularly if the behavior is small and not especially disruptive, is attention-seeking, or is not a target or unacceptable behavior
- **Visual Cue or Signal**  
Hand sign, dim the lights, non-verbal indicators, such as 'the look'
- **Proximity Control**  
Standing in close proximity can sometimes change a behavior with no other intervention; can be done without speaking
- **Gentle Touch**  
Sort of a reminder that "I am right here and watching you"
- **Redirect**  
When you see trouble brewing, you can sometimes divert attention before a behavior occurs
- **Firm and Clear Directions**  
Make it clear and concise; try it three times, each time making it more of a command
  - 1) It is time to clean up before dinner! Put away your toys please.
  - 2) Put away the toys. It is time to eat.
  - 3) Third time I'm saying this – put away the toys.
- **Allow the child time, and space, to comply**  
Children need time to process an instruction (min. 7 seconds). Sometimes they also need space away from you to come to a place of acceptance to comply.
- **Time Out/Separation**  
Give an opportunity to 'get it together' to continue the activity, or with the chore.
- **Use consequences strategically; allow opportunity for restitution**  
Assign consequences when both are calm and you've had time to process. Natural or logical consequences are best, as they help with the learning.
- **Conference/Reconnect**  
Afterwards, take time to discuss what happened and how things could go differently in the future; also make sure to reconnect. Conflict can be hard and cause separation.