

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	13.9 (11.6-16.5)	1,143	16.0 (10.7-23.1)	138			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.9 (2.2-6.6)	476	9.4 (3.7-21.8)	48			●
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	1.7 (1.0-2.8)	1,142	5.3 (2.7-10.1)	138		●	
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	0.9 (0.5-1.8)	1,141	2.4 (0.7-7.2)	138			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	6.0 (4.5-8.0)	1,141	11.2 (6.9-17.9)	138			●
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	5.1 (3.9-6.7)	1,141	6.0 (2.8-12.6)	137			●
QN17: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	17.8 (15.3-20.6)	1,142	20.5 (14.5-28.2)	137			●
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	3.7 (2.7-5.0)	1,141	10.8 (6.1-18.4)	137		●	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey)	9.2 (7.4-11.4)	1,115	21.7 (14.7-30.8)	136		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	7.1 (4.9-10.0)	533	9.1 (4.3-18.2)	70			●
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.1 (3.5-7.4)	558	6.6 (2.6-15.4)	72			●
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	13.3 (11.4-15.5)	1,141	17.0 (11.6-24.3)	138			●
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.2 (9.2-13.6)	1,141	14.2 (9.3-21.0)	138			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	26.4 (23.7-29.3)	1,140	61.2 (50.3-71.0)	138		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	10.7 (9.0-12.7)	1,141	33.8 (26.8-41.7)	137		●	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	6.9 (5.3-9.0)	1,136	24.5 (17.1-33.7)	135		●	
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	3.5 (2.4-5.0)	1,048	12.6 (7.7-20.0)	131		●	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	0.6 (0.3-1.3)	1,048	7.5 (3.7-14.7)	131		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	4.2 (2.9-6.0)	1,142	8.3 (3.9-16.7)	138			●
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	3.0 (2.0-4.7)	1,141	4.7 (2.1-10.1)	138			●
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.6 (0.2-1.7)	1,141	3.3 (1.2-8.6)	138			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.6 (0.2-1.6)	1,141	3.3 (1.2-8.6)	138			●
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	16.4 (13.5-19.9)	1,098	16.2 (9.7-25.8)	133			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	3.1 (2.1-4.4)	1,098	4.9 (1.7-13.5)	133			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.1 (1.3-3.5)	1,098	3.5 (1.0-11.7)	133			●
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	9.2 (4.7-17.3)	157	-	17			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	2.6 (1.7-3.9)	1,140	2.4 (0.7-7.2)	138			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	2.9 (1.7-4.8)	1,140	3.7 (1.3-9.9)	138			●
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	4.3 (2.9-6.2)	1,139	6.0 (2.8-12.5)	138			●
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	5.6 (4.1-7.7)	1,138	6.0 (2.8-12.5)	138			●
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	18.1 (15.1-21.6)	1,102	17.8 (11.0-27.4)	133			●
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	17.2 (14.2-20.7)	1,100	17.8 (11.0-27.4)	133			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	11.1 (9.0-13.6)	1,125	13.9 (8.7-21.4)	136			●
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	25.1 (20.9-29.9)	1,121	25.1 (17.8-34.0)	137			●
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	13.8 (10.6-17.7)	1,134	10.3 (5.7-17.7)	138			●
QN46: Percentage of students who tried marijuana for the first time before age 13 years	2.9 (2.0-4.4)	1,138	4.3 (1.7-10.5)	138			●
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	14.4 (11.5-17.7)	1,137	21.5 (13.5-32.4)	138			●

*Confidence interval.

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2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey
Risk Behaviors and Sexual Identity Report

Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	16.5 (13.7-19.8)	1,141	20.4 (13.3-29.9)	138			●

*Confidence interval.

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2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	24.0 (20.3-28.1)	1,081	27.9 (20.2-37.1)	130			●
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	1.9 (1.2-2.9)	1,080	6.0 (2.2-15.1)	130			●
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	5.5 (3.7-8.0)	1,080	11.5 (6.3-20.0)	129			●
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	16.0 (13.4-19.0)	1,079	19.6 (12.4-29.4)	129			●
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	24.3 (18.4-31.4)	154	-	19			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Arlington County, VA High School Survey
Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	28.5 (20.6-37.9)	149	-	19			
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	80.2 (72.4-86.3)	148	-	19			
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	93.7 (85.6-97.4)	148	-	19			
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	72.1 (63.2-79.6)	148	-	19			
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	88.4 (80.8-93.2)	148	-	19			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey
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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	4.9 (2.2-10.6)	148	-	19			
QN85: Percentage of students who were not tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	94.4 (92.3-95.9)	1,124	91.4 (83.9-95.6)	136		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	7.2 (5.5-9.4)	1,041	8.9 (5.0-15.3)	125			●
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	12.1 (10.3-14.1)	1,041	14.4 (9.0-22.2)	125			●
QN67: Percentage of students who described themselves as slightly or very overweight	23.5 (21.4-25.7)	1,138	40.8 (32.6-49.4)	136		●	
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	39.6 (36.2-43.1)	1,138	45.0 (36.5-53.9)	138			●
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	5.9 (4.5-7.8)	1,134	7.5 (4.1-13.0)	138			●

*Confidence interval.

[†]Based on t-test analyses, $p < 0.05$.

[‡]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	3.1 (2.1-4.6)	1,134	2.5 (1.0-6.1)	138			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	29.6 (26.7-32.7)	1,133	39.3 (30.9-48.3)	138		●	
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	9.9 (7.6-12.8)	1,130	10.4 (5.8-18.1)	136			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	4.4 (2.9-6.6)	1,130	4.1 (1.4-11.1)	136			●
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	12.3 (10.5-14.4)	1,130	16.4 (10.0-25.7)	137			●

*Confidence interval.

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Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	56.9 (54.0-59.8)	1,130	64.6 (56.7-71.8)	137			●

*Confidence interval.
[†]Based on t-test analyses, p<0.05.

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Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	55.4 (51.3-59.5)	1,128	69.1 (58.8-77.8)	137		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	16.4 (13.7-19.4)	1,128	22.5 (15.5-31.4)	137			●
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	77.3 (73.6-80.6)	1,128	85.7 (78.6-90.7)	137		●	
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	13.4 (11.0-16.2)	1,126	15.8 (10.0-24.0)	137			●

*Confidence interval.

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Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	37.1 (33.1-41.3)	1,127	50.8 (41.2-60.4)	136		●	
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	67.1 (63.0-70.9)	1,122	77.0 (68.6-83.7)	135		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Other	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	%	N	%	N			
Health Risk Behavior	95% CI*		95% CI				
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	19.0 (16.0-22.5)	1,127	17.6 (11.7-25.7)	135			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	2.7 (1.8-3.9)	1,127	3.0 (1.1-8.1)	135			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	18.1 (15.9-20.6)	1,126	20.1 (13.8-28.5)	135			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	13.4 (11.0-16.2)	1,118	20.5 (13.6-29.7)	134			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who are transgender	0.5 (0.2-1.4)	1,141	12.7 (7.7-20.0)	136		●	
QN91: Percentage of students who texted, called, e-mailed, or used the Internet or apps on a handheld cell phone while driving a car or other vehicle (such as YouTube, Instagram, or Facebook, on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	36.3 (30.4-42.7)	481	41.2 (27.7-56.3)	47			●
QN92: Percentage of students who rode with someone who texted, called, e-mailed, or used the Internet or apps on a handheld cell phone while driving a car or other vehicle (such as YouTube, Instagram, or Facebook, on at least 1 day during the 30 days before the survey)	51.6 (48.0-55.2)	1,140	62.2 (53.7-70.0)	138		●	
QN93: Percentage of students who electronically bullied someone (counting bullying through texting, Instagram, Facebook, and other social media, during the 12 months before the survey)	5.8 (4.3-7.8)	1,140	8.2 (4.6-14.3)	138			●
QN94: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)	20.5 (18.0-23.4)	1,138	20.7 (15.0-27.8)	138			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN95: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)	6.4 (5.2-7.9)	1,136	40.7 (33.1-48.7)	138		●	
QN96: Percentage of students who reported another student most of the time or always made unwelcome sexual comments, jokes, or gestures that made them feel uncomfortable on school property (during the 12 months before the survey)	3.0 (2.0-4.5)	1,143	5.8 (3.0-11.1)	137			●
QN97: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	12.1 (10.1-14.5)	1,139	40.1 (30.9-50.1)	138		●	
QN98: Percentage of students who did not ask for help from anyone before their suicide attempt (such as a doctor, counselor, or hotline, during the 12 months before the survey, among students who attempted suicide during the 12 months before the survey)	88.3 (80.5-93.2)	117	-	24			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN99: Percentage of students who currently used an electronic vapor product on school property (on at least 1 day during the 30 days before the survey)	7.8 (6.1-10.1)	1,136	10.9 (6.3-18.3)	136			●
QN100: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	9.2 (7.1-11.8)	1,134	10.0 (4.9-19.4)	135			●
QN101: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	2.8 (1.9-4.1)	1,124	10.0 (5.9-16.3)	136		●	
QN102: Percentage of students who got the prescription pain medication by taking it without permission from someone in their home or without permission from someone else's home (the last time they took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it)	0.8 (0.4-1.5)	1,083	3.3 (1.0-10.4)	134			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN103: Percentage of students who first took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it before the age of 13 years	2.0 (1.3-3.1)	1,082	7.2 (3.6-13.9)	134		●	
QN104: Percentage of students who currently used any form of cocaine (including powder, crack, or freebase, one or more times during the 30 days before the survey)	0.6 (0.2-1.6)	1,140	2.4 (0.7-7.2)	138			●
QN105: Percentage of students who currently used heroin (also called "smack," "junk," or "China White," one or more times during the 30 days before the survey)	0.4 (0.1-1.5)	1,139	2.4 (0.8-7.2)	137			●
QN106: Percentage of students who currently used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during the 30 days before the survey)	0.6 (0.3-1.7)	1,140	2.4 (0.7-7.2)	138			●
QN107: Percentage of students who currently used ecstasy (also called "MDMA," one or more times during the 30 days before the survey)	0.8 (0.3-1.8)	1,141	3.2 (1.0-10.2)	137			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN108: Percentage of students who did not eat other vegetables (such as carrots, broccoli, or potatoes, not counting green salad, one or more times during the 7 days before the survey)	8.2 (6.4-10.6)	1,132	7.7 (4.2-13.8)	138			●
QN109: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight, not counting soda or pop or 100% fruit juice, one or more times per day during the 7 days before the survey)	10.5 (8.7-12.6)	1,130	5.5 (2.3-12.5)	136			●
QN110: Percentage of students who ate at least one meal or snack from a fast food restaurant (such as McDonald's, Taco Bell, KFC, or convenience stores, on at least one day during the 7 days before the survey)	69.6 (65.9-73.0)	1,130	63.2 (55.9-70.1)	136			●
QN111: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	4.6 (3.4-6.3)	1,132	4.2 (1.9-8.9)	137			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN112: Percentage of students who strongly disagree, disagree, or are not sure that they feel good about themselves	34.3 (31.2-37.6)	1,125	71.3 (62.0-79.1)	135		●	
QN113: Percentage of students who sometimes, rarely, or never get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)	73.9 (70.6-76.9)	859	72.4 (64.7-78.9)	131			●
QN114: Percentage of students who report there is not at least one teacher or other adult that they can talk to if they have a problem or they are not sure if there is at least one teacher or other adult that they can talk to if they have a problem	29.7 (26.8-32.8)	1,125	43.6 (34.8-52.9)	135		●	
QN115: Percentage of students who sometimes, rarely, or never feel safe and secure at school	15.4 (12.9-18.2)	1,125	29.1 (22.7-36.5)	135		●	
QN116: Percentage of students who sometimes, rarely, or never feel safe and secure in their neighborhood	12.3 (10.0-15.0)	1,125	17.3 (11.4-25.5)	135			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arlington County, VA High School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN117: Percentage of students who do not participate in after school or community activities (such as sports, band, drama, or clubs, one or more hours during an average week)	23.5 (19.6-27.9)	1,122	34.8 (26.6-44.2)	135		●	
QN118: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey)	2.3 (1.5-3.6)	1,122	2.9 (1.1-7.4)	135			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.