



ARLINGTON COMMISSION ON AGING

c/o Agency on Aging, DHS
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**Meeting Summary
April 16, 2018**

PRESENT: Laurie Young, Gwendolyn Beck, Cheryl Beversdorf, Carl Brooks, Valerie Crotty, Linc Cummings, Cragg Hines, Herschel Kanter, Martha Villanigro-Santiago, Martha Wilson, Julia Chun
Legislative Assistant to Senator Barbara Favola

ON THE PHONE: Cynthia Schneider

MEMBERS EXCUSED: Barbara Favola, Carl Brooks, Sophie Shen, Duke Taylor

MEMBERS ABSENT: N/A

STAFF: Maimoona Bah-Duckenfield, Rachel Coates, Gelareh Bassiry, Jim Baker

GUESTS: Erica Wood, Joan McDermott, Elizabeth Dakin, Jennifer Collins (OSAP), Angela Chadbourne, Mitch Opalski, Jim Morris, Janet Newsum, Alex Hennesey (Arlington AAA intern), Hannah Withers (Arlington AAA intern), Sara Pappas, Claire Jacobsen, Linda Kelleher

I. Call to Order at 9:15 a.m.

II. Arlington Aging and Disability Services Division Updates and Highlights – Maimoona Bah-Duckenfield, Community Supports and Coordination, Bureau Chief and Rachel Coates, Agency on Aging, Acting Program Director

- a. Ms. Bah-Duckenfield and Ms. Coates, provided an over of the Agency on Aging and Aging and Disability Services Division restructure. A copy of the presentation was shared. More information and resources about Arlington County resources and services for older adults can be found at <https://aging-disability.arlingtonva.us>.

III. Approval of March Meeting Minutes
Minutes were approved unanimously.

IV. Chair's Report

Laurie Young

- a. Chair Young shared updates about the work of the Strategic Planning committee and the restructure of the current committees. The next meeting is scheduled for April 25. She shared an updated on the letters of support for Arlington Independent Media and Arlington Neighborhood Village.

V. Staff Reports

Maimoona Bah-Duckenfield & Rachel Coates

- a. ADSD Staff Report: Ms. Bah-Duckenfield highlighted upcoming events from the Calendar of Events, including the Save the Date for the recently renamed Arlington Adult Day Center (formerly Walter Reed Adult Day) on May 23rd at the Walter Reed Community Center.
- b. AAA Staff Report: Ms. Coates shared information about Senior Law Day, scheduled for May 1 and upcoming events to recognize and celebrate Older Americans Month.

VI. Committee Reports

- a. **Budget** (Carl Brooks): the Arlington County Budget will be approved on April 21st.
- b. **Legislative** (Martha Villanigro-Santiago): Commissioner Villanigro-Santiago reports the House has passed the budget on Medicare expansion, and waiting on Senate approval.

- c. **Long Term Care Residences** (Cyndy Schneider): The committee did not meet in April . The next meeting is scheduled for May 16th at 4 PM, location TBD.
- d. **Membership** (Sophie Shen): The committee is soliciting applications for two vacancies. Commissioner Shen reports contacting members about the vacancies, and is waiting to hear back from them.
- e. **Public Information & Outreach** (Gwendolyn Beck): Commissioner Beck met with Alexandria senior services in her effort to explore the Community Ambassadors models. She shared the new orientation guide and asked for a committee to be formed to review this model for Arlington.
- f. **New Media/Technology** (Sophie Shen): Chair Young reports on the importance of informing the public about the new Medicare cards with no Social Security numbers placed on them.
- g. **Senior Centers** (Linc Cummings): Commissioner Cummings reports that he will start visiting communittees next month.
- h. **Strategic Planning** (Laurie Young): Chair Young reports on the committees efforts to consolidate committees to match the domain of age friendly communittees.
- i. **Supportive Services and Housing** (Cheryl Beversdorf): Commissioner Beversdorf will transition to chair this committee in May. The next meeting is scheduled for April 23rd.
- j. **Transportation** (Cragg Hines): Commission Hines attended Senator Adam Ebbin's event about WMATA (Metro). There will be a senior centric bus tour scheduled tentatively for June. Commissioner's Hines and Crotty raised concern about ADA Parking in Courthouse Plaza.

VII. Liaison Reports

- a. **Alexandria Commission on Aging** (Mitch Opalski/Linc Cummings): Mr. Opalski reports Alexandria is getting ready to meet with county supervisors about their Age-Friendly evaluation. He reported the process on asking developers of Potomac Yard to include senior housing in their zoning process.
- b. **Alliance for Senior Programs/Senior Adult Council** (Cindy Miller): All senior centers will be closed for Mental Health first aid training on April 18th. The Council is now permitted to fundraise.
- c. **Arlington Neighborhood Village** (Wendy Zenker): No report.
- d. **Coalition to Improve Advanced Care (CIAC)** (Joan McDermott): Seven volunteers completed the Respecting Choices training and are now certified as Advanced Directive Facilitators. The [website](#) has a list of the certified AD Facilitators. The group is offering free training for healthcare professionals and is also offering one-on-one assistance with creating the Advanced Directives.
- e. **Commonwealth Council on Aging** (Erica Wood): The next meeting will be a joint meeting in April.
- f. **Community Development Citizens Advisory Council** (Linc Cummings): No report.
- g. **Disability Advisory Commission** (Vacant): No report.
- h. **Emergency Preparedness Advisory Commission** (Valerie Crotty): No report.
- i. **Pedestrian Advisory Committee** (Jim Feaster): No report.
- j. **Steering Committee/Older Persons** (Gwendolyn Beck): Mark Levine presented on the 2018 Virginia General Assembly, the pending budget and Medicaid expansion.
- k. **Transit Advisory Committee** (Herschel Kanter): No report.

VIII. Old Business

IX. New Business

- a. Commissioner Villanigro-Santiago raised concern about the Lifeline program and SCC proposal. Ms. Coates will share the email and information with the Commission.

X. Announcements and Public Comment

- a. Linda Kelleher from Culpepper Gardens announced that 204 apartments will begin renovations. There will be 141 unit vouchers awarded to Culpepper 1.
- b. Prescription medication take back day will occur on April 28th. Ms. Coates will share information about the time and locations.
- c. Commissioner Beck shared updates about the Healthy Aging lecture series at the Virginia Hospital Center.

XI. Adjournment at 11:12 a.m.

Next Meeting: May 21, 2018 at Walter Reed Senior Center, Multipurpose Room, 2909 16th Street South, Arlington VA 22204

Please note the change in location for the May meeting!