

**Arlington County Community Services Board  
Executive Committee Meeting**

**April 9, 2018  
2120 Washington Blvd., Room 112**

**Present:** Anne Hermann, Carol Skelly, Judy Deane

**Absent:** Jenette O'Keefe, Dori Mitchell, Asha Patton-Smith, James Mack, Joanne Del Toro

**Staff:** Oliver Russell, Deborah Warren, Kelly Mauller

The April 9, 2018 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 6:00 p.m. The meeting was held at 2120 Washington Boulevard, Room 112, Arlington, Virginia 22204.

**Approval of the March 12, 2018 Executive Committee Minutes**

A quorum was not met to approve the March 12, 2018 ACCSB Executive Committee meeting minutes. The minutes will be approved at the May 14<sup>th</sup> meeting. The May 14<sup>th</sup> meeting was cancelled.

Chair Hermann called for a motion to approve the March 12, 2018 ACCSB Executive Committee meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were preliminarily approved as amended. Ms. Mauller will forward the tentative corrections to the absentee members for full approval.

**Executive Director Report**

- ✓ Ms. Warren provided an update about the Same Day Access (SDA) initiative (Refer to Handout). She stated that the Behavioral Healthcare Division (BHD) piloted SDA in November of 2017; Aging and Disability and Child and Family Divisions began piloting SDA in April of 2018.

Ms. Warren described the steps in the SDA process:

- Client walks in for service and completes a demographic form
- Customer Account Specialist assesses insurance and copay
- Screener performs triage to determine whether emergency psychiatric services are needed
- Intake staff conducts psychosocial assessment interview and offers treatment appointment within one week
- Total intake process is approximately 2 ½ hours

Ms. Warren provided a few statistics as a result of implementing SDA:

- 234 completed intakes in the first quarter of 2018 in BHD
- 59% increase in intakes compared to the first quarter of 2017
- Time from intake to first visit with a clinician decreased by 17 days (currently at 6 working days)
- Clients seeking substance use disorder services now account for 50% of intakes, compared to 30% previously
- Clinician documentation time outside of the session decreased.

- ✓ Ms. Warren announced that Encore Recovery Solutions (Refer to Handout) has purchased the home located at 5805 N. 26<sup>th</sup> Street and is planning to use the home for a residential drug treatment group home. Encore Recovery Solutions provides treatment services for addiction and behavioral health disorders. Ms. Warren stated that residents of the nearby neighborhood sent an urgent neighborhood alert to the community encouraging them to attend the April 9<sup>th</sup> County Board's Open Door Mondays meeting to discuss concerns about the use of the home. The committee will bring this information before the CSB full board at the April 18<sup>th</sup> meeting. Ms. O'Keefe will develop bullet point information in collaboration with the Substance Use Committee, about the group homes services. The group home will be a private pay facility. Ms. O'Keefe will work with the Substance Use Committee to research more information about the group home and provide an update to the CSB Executive Committee.
- ✓ Ms. Warren distributed the reorganized Aging and Disability Services Division (ADSD) organizational chart (Refer to Handout). She noted that Jeanne Booth is the ADSD Division Chief. She stated that Maimoona Bah Duckenfield has been appointed as the Community Supports and Coordinator Bureau Chief which is a new position.
- ✓ Ms. Warren announced that Jamii PremDas has accepted the position of Child and Family Services Bureau Chief. She provided a brief overview of Ms. PremDas professional experiences. Ms. PremDas will start on May 14<sup>th</sup> and will be invited to the May 23<sup>rd</sup> CSB full board meeting.
- ✓ Ms. Warren distributed information about Lock and Talk Arlington (Refer to Handout). She stated that, in response to the Virginia Violent Death Report that firearms were associated with 41% of suicides in Northern Virginia and self-poisoning with 22%, Lock and Talk Virginia was established to prevent suicides by:
  - Restricting access to firearms and poisons during a mental health crisis
  - Educating members of the public how to recognize and respond to the warning signs of suicide

Ms. Warren stated that the Child and Family Services Division (CFSD) is introducing the program to the Arlington community as a prevention strategy. She added that the objective of the program is to implement an evidence-informed prevention program within CFSD to provide suicide prevention and mental health education to families. Implementation will begin with foster families and families receiving services from Children's Behavioral Health Outpatient Clinic.

- ✓ Ms. Warren distributed a draft letter, addressed to the County Board members, with responses to their questions about the CSB's budget requests.
- ✓ Ms. Warren distributed Arlington County's quality measures for CSB programs as reported by the Department of Behavioral Health and Developmental Services (DBHDS).
- ✓ Ms. Warren reminded the committee that the VACSB Training and Development Conference will be held May 2<sup>nd</sup> through May 4<sup>th</sup> in Norfolk, Virginia.
- ✓ Ms. Warren announced that the BHD Leadership Team, along with other DHS staff are scheduled to attend the National Council of Behavioral Health Conference (NatCon) in April. The conference is healthcare's behavioral health conference that brings together executives, board members, thought leaders and behavioral health professionals from the nation's health, mental

health and addiction care organizations. Ms. Warren provided an overview of additional upcoming staff trainings.

### **Virginia Hospital Center COPN Report**

Mr. Russell reported that he met with Dean Montgomery, Director of the Health Systems Agency of Northern Virginia, and Adrian Stanton, Vice President and Chief Marketing Officer for Virginia Hospital (VHC) to discuss the Certificate of Public Need (COPN) for VHC. Mr. Russell stated that Mr. Montgomery is willing to review any draft language from the CSB about the number of psychiatric beds needed for mental health vs. substance use for the COPN application. Mr. Russell added that the COPN application is slated to be submitted in June or early Fall. He added that the earliest date to begin construction is February of 2019. The committee discussed the COPN process.

The committee members briefly discussed gaps in services for children at VHC as they relate to the hospital's expansion.

### **Reporting Measures**

Same Day Access: Mr. Russell stated that the percentages of increase in clients seen in the last 90 days in BHD Youth Mental Health and Substance Use in CFSD is, overall, 14% more productive this year than last year. He added that the number of days from the initial screening to the first service in BHD is 9 for the month of February.

Group Homes: Mr. Russell reported out about the number of incidents in the group homes for the month of March. He stated that 1 sentinel event was reported; a suicide attempt. He added that the incident was reviewed. Mr. Russell stated that he is developing a sentinel events trend report for the CSB members. The committee discussed the report.

### **Arlington County Public Budget and Tax Rate Hearings**

Chair Hermann reported out about the Public Budget Hearing held on Tuesday, April 3<sup>rd</sup>. The CSB decided not to attend the Public Tax Rate(s) Hearing held on Thursday, April 5<sup>th</sup>.

The following CSB members presented at the Public Budget hearings:

- Cherie Takemoto
- Carol Skelly
- Jenette O'Keefe

Several members of the subcommittees also spoke at the Public Budget Hearing.

### **Plan CSB Spring Retreat**

Chair Hermann opened a discussion about the CSB Spring Retreat scheduled for May 19<sup>th</sup> at 2120 Washington Boulevard in room 424. The committee discussed the suggested topics for the retreat. They are as follows:

1. Strategic planning for the upcoming fiscal year local and State budget
2. CSB and Committee structure for Mental Health and Substance Use
3. Community engagement - to include CSB 50<sup>th</sup> anniversary

### **Miscellaneous Updates/Information**

- ✓ Chair Hermann reported that she attended the County Board “Conversation with the Commissions” meeting. She noted that the County Board will be sending out a report about the meeting to all of the attendees. Chair Hermann stated that the County Board is seeking to improve commission recruiting, orientation, training and organization; to share ideas on commissions roles in engaging the broader Arlington community; and how to have commission chairs participating with big idea round tables in kitchen table conversations.
- ✓ Ms. Mauller reminded the members that nominations for the CSB Annual June Awards Ceremony are due to her by April 20<sup>th</sup>.
- ✓ Chair Hermann reminded the members about the annual Offender Aid and Restoration (OAR) will hold their 10th Annual Second Chance Fundraising Breakfast on Tuesday, April 24, 2018 from 7:45a.m. to 9:00a.m. at the Crystal Gateway Marriott in Crystal City. This event is a fundraiser to support OAR’s programs, but there is no minimum and no maximum donation expected. RSVP is required to attend this event.

Mr. Mack and Chair Hermann, will each host a table at the event. Members wishing to attend should email Mr. Mack or Chair Hermann.

- ✓ Ms. Skelly did not present a report about the Site Plan Review Committee (SPRC).
- ✓ Ms. Deane announced that the Mental Health Group Homes Committee will hold 4 “We Care Dinners” this year at the Mental Health group homes. She added that the first dinner will be held on April 11<sup>th</sup> at the 13<sup>th</sup> Street group home at 4:30.
- ✓ Chair Hermann stated that she will contact Steven Gallagher, representative on the Community Development Citizens Advisory Committee (CDCAC) for the CSB, to see if he is available to report to the CSB in the fall. Mr. Gallagher is a member of the Mental Health Committee.

#### **Upcoming Items for CSB Full Board Meeting on April 18, 2018**

- ✓ Jose Campos, Job Avenue Supervisor, Outpatient Clinical Services Bureau, was nominated to receive the April 18, 2018 CSB Staff Recognition Award.
- ✓ Emily Siqveland, Mental Health Therapist, Team C, Outpatient Clinical Services Bureau, was also nominated to receive the April 18, 2018 CSB Staff Recognition Award.
- ✓ Suzanne Somerville, Residential and Specialized Clinical Services Bureau Chief, will provide an update about the opioid crisis.
- ✓ Chair Hermann will ask for updates from any CSB Ad Hoc Initiative Committees.

#### **Adjournment**

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:15 p.m.

Respectfully submitted by Kelly Mauller.