

**Arlington County Community Services Board  
Executive Committee Meeting**

**December 4, 2017  
Sequoia III  
2120 Washington Blvd., Room 112**

**Present:** Anne Hermann, Carol Skelly, Jenette O'Keefe, Dori Mitchell, Jim Mack

**Absent:** Joanne Del Toro, Shauna Alonge, Asha Patton-Smith, Frank Haltiwanger, Judy Deane, Linda Kelleher, Adele McClure, Atima Omara, Leslie Gosling, Jay Ternent

**Staff:** Oliver Russell, Deborah Warren, Kelly Mauller

The December 4, 2017 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 6:00 p.m. The meeting was held at 2120 Washington Boulevard, Room 112, Arlington, Virginia 22204.

**Approval of the October 2, 2017 Executive Committee Minutes**

A quorum was not met to approve the October 2<sup>nd</sup> minutes. The minutes will be brought before the committee for approval at the January 8, 2018 Executive Committee meeting.

**Approval of the November 8, 2017 Executive Committee Minutes**

A quorum was not met to approve the November 8<sup>th</sup> minutes. The minutes will be brought before the committee for approval at the January 8, 2018 Executive Committee meeting.

**Reporting Measures**

Mr. Russell reported out about the number of incidents in the group homes for the month of October. He noted that the November group home incident report is not yet available.

Mr. Russell stated that there was one incident of death, 1 medication error resulting in no harm and 2 attempted suicides in the month of October.

Mr. Russell explained that the acronym ICRT represents Intensive Community Residential Treatment. ICRT is a regional program with the majority of services provided by Fellowship Health Resources.

Ms. Mitchell asked for examples of behavioral incidents. Mr. Russell responded that there are several incidents that could fall under the category of a behavioral incident such as; clients having a verbal or physical altercation, inappropriate touching, etc.

**Announcements**

- Chair Hermann announced that Shauna Alonge has resigned her seat on the CSB Full Board.
- Chair Hermann announced that Dori Mitchell has accepted the position of Co-chair on the Mental Health Committee and will join the CSB Executive Committee.
- Chair Hermann announced that former Chair, Jim Mack, has been appointed to the CSB Full Board by the County Board.

- Chair Hermann announced that Jay Fisette is retiring from the County Board after 20 years. She stated that an invitation was sent to Commission Chairs to attend a celebration for Mr. Fisette on December 13<sup>th</sup> from 6:30 p.m. to 9:00 p.m. at the Unitarian Universalist Church of Arlington located at 4444 Arlington Boulevard. Mr. Mack will attend on behalf of the CSB.

### **Prioritize CSB FY19 Local Budget Priorities**

Chair Hermann opened a discussion about prioritizing the preliminary FY19 CSB local budget requests (Refer to Handout). The members reported out about each committees' requests. Due to lack of representation from each of the committees at this evenings meeting, the attending members agreed to defer final prioritization to the December 13<sup>th</sup> full board meeting.

The requests, in preliminary priority order by committee, are as follows:

#### **Adult Mental Health Services**

1. 1.0FTE MH Therapist for the young adult MH services (First-STEP)  
Estimated Cost: \$100,000
2. 1.0FTE MH Therapist for the MH Community Support Teams  
Estimated Cost: \$100,000

#### **Substance Use Services**

1. 1.0 FTE Peer Outreach position to be involved in many areas to include:
  - a. Opioid outreach
  - b. Homeless outreach/linkage to services
  - c. Connection of unengaged or under-engaged clients
  - d. Re-entry "warm hand-off" from jail and residential treatment back to community
 Estimated Cost: \$65,000

Note: The committee has requested presenting to the CSB full board about changes in the way that treatment is now being provided in substance use services. The committee agreed to invite the SA Committee to a future full board meeting.

#### **Developmental Disability Services**

1. A 3-year pilot for a customized integrated employment internship and placement program modeled on Pathways to Careers to begin in FY 2019.  
Estimated Cost: \$120,000
2. Non-monetary: Self Directed Services (SDS) - helps adults with developmental disabilities learn or improve important skills so they can be active in their communities. Families participating in SDS enter into service agreements with the CSB and receive funds to purchase community-based support services to access activities they believe are meaningful and beneficial to their family member.

Request: approval for a development and implementation plan of a self-directed services delivery option. If the proposal results in cost or staffing requirements that cannot be met within the existing DHS budget, then the CSB would make another request for FY20.

Ms. Mitchell asked how the opioid epidemic is being addressed across the entire County. Ms. Warren responded that DHS held an opioid Town Hall meeting which raised awareness in the community resulting in a strong request for the County to take action. Ms. Warren stated that, in

response to the community's request, DHS has been tasked with developing a cross County opioid plan.

Ms. Warren stated that in February the Arlington Addiction Recovery Initiative (AARI) stakeholder's committee was developed and conducted an assessment of substance use services. She stated that AARI has started initial work to development a draft plan. She added that DHS also reviewed other state's processes and plans as well. The draft plan addresses early intervention, prevention and treatment services.

### **Brief Updates/Information**

- ✓ Ms. Warren reported out about the mandatory Statewide CSB Executive Directors Meeting held in Richmond on November 30<sup>th</sup>. She stated that each region was asked to develop a presentation highlighting what approaches have been implemented to address lowering the number of individuals that are admitted to state mental health facilities and improving the discharge process. Ms. Warren noted that Region II represents 26% of the State and 13% of all State psychiatric hospital admissions. Ms. Warren will email the presentation to the committee.

Ms. Warren stated that the attendees broke out into groups, by region, and that a representative from the Department of Behavioral Health and Developmental Services (DBHDS) met with each group to brain storm ideas about moving individuals out of the state hospital system or divert them from hospitalization.

The following items were discussed by the Northern Virginia Region II CSB:

- Higher utilization groups, which are clients with a higher rate of hospitalizations
    - Is there a better way to identify these individuals?
    - Are there additional resources available to improve stabilizing an individual to reduce hospitalization?
  - Protocols for escalating decision making for challenging individuals receiving services in the state hospital system and are having difficulties with discharging
  - Improved criteria requirements for Local Inpatient Purchase of Service (LIPOS) funding for individuals who need hospitalization, and/or, positioning a discharge person at the state hospitals in an effort to have continuity of care. LIPOS is funding dispersed by the State to the Region for CSBs to purchase private psychiatric hospital beds for individuals with no healthcare benefits when admission to a state psychiatric hospital in not possible (source: [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov))
  - Ability to provide medical assessment in Emergency Services within the DHS Behavioral Healthcare Division
- ✓ In Ms. Deane's absence, Chair Hermann provided an update about the recent Virginia Hospital Center (VHC) expansion meeting.
    - A discussion was held about the number of beds needed
    - The meeting was productive and moved in a direction of common understanding
    - The meeting participants discussed restructuring the Emergency Department (ED)
    - Another meeting will be tentatively scheduled for January 2018
    - The next Site Plan Review Committee (SPRC) meeting is scheduled for December 18th
  - ✓ Chair Hermann reminded the members that Secret Santa is collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR) and the Mental Health Group Homes. She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Donations will continue to be collected through the holiday season. Ms. Mauller will provide the tax forms to the members.

### **Upcoming Items for CSB Full Board Meeting on December 13, 2017**

- ✓ Chair Hermann stated that the CSB will recognize Kay Halverson, Executive Director, Mary Marshall Assisted Living Residence at Volunteers of America (VOA). Ms. Halverson received the Robert E. Nolte national award earlier this year.
- ✓ Dilys Chebe, Psychiatric Nurse, PACT Team, was nominated to receive the December 13, 2018 CSB Staff Recognition Award. Ms. Chebe was nominated by Mark Doering, Program of Assertive Community Treatment (PACT) Team Assistant Supervisor.
- ✓ The CSB will recognize Wayne Bert, former CSB member, for his service on the Executive Committee and Full Board.
- ✓ Chair Hermann will ask for updates from any CSB Ad Hoc Initiative Committees.
- ✓ Ms. Hermann announced that Clarendon House will be holding their annual holiday celebration on December 11<sup>th</sup> from 12:00 p.m. to 2:30 p.m. at Spider Kelly's, located at 3181 Wilson Boulevard in Arlington. All members are welcome to attend.

### **Adjournment**

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:00 p.m.

Respectfully submitted by Kelly Mauller.