

**Arlington County Community Services Board
Executive Committee Meeting**

**November 8, 2017
Sequoia I
2100 Washington Blvd., Auditorium**

Present: Anne Hermann, Carol Skelly, Judy Deane, Jenette O'Keefe, Linda Kelleher, Frank Haltiwanger, Adele McClure, Dori Mitchell, Atima Omara

Absent: Joanne Del Torro, Shauna Alonge, Asha Patton-Smith, Jay Ternent, Leslie Gosling

Staff: Oliver Russell, Deborah Warren, Kelly Mauller, Patricia Carroll

The November 8, 2017 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 6:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Auditorium, Arlington, Virginia 22204.

The regularly scheduled Arlington County Community Services Board (CSB) meeting was preceded by the CSB's Annual Legislative Delegation Forum. The legislators in attendance were Senator Barbara Favola (31st Senate District), Chris Leyen, Aide to Senator Adam Ebbin (30th Senate District); Delegate Richard Sullivan (48th House District) and Steve Marku, Aide to Delegate Mark Levine (45th House District). The purpose of the Forum was to discuss the needs of the Arlington CSB and to promote open dialogue with the members of the General Assembly representing Arlington.

Delegate Sullivan provided opening remarks.

State budget issues and priorities related to mental health, developmental disabilities and substance abuse were discussed, specifically:

- Overall legislative and budgetary needs for Virginia CSBs – Chair Hermann
 - STEP VA
 - Primary Care Screenings – Same Day Access
- Medicaid waiver slots for persons with developmental disabilities – Ms. Skelly
- Support of the Virginia Hospital Center (VHC) bed expansion with the State – Ms. Deane
- Response to opioid crisis in Arlington County – Ms. O'Keefe
- Identifying unmet need for individuals with autism and severe mental health conditions – Ms. Takemoto

1. **Comment:**

Delegate Sullivan suggested that the CSB contact Governor McAuliffe's staff to discuss proposing legislature into the state budget that would disallow decreasing the number of psychiatric hospital beds throughout the state. He also suggested that the CSB contact former Senator Robert Brink.

2. Question:

Mr. Marku asked if the CSB has any specific strategy for addressing gaps in service for individuals with autism, specifically for students in the schools.

Response:

Ms. Skelly responded that the focus is on gaps in services for individuals transitioning from high school to college. Ms. Takemoto added that the need is not for funding but for more teacher training and a consultant study to determine the needs for individuals with autism. The CSB members and the legislators agreed to work together to find a solution.

3.a. Question:

Delegate Sullivan asked if demographic information is available for the individuals in Arlington that are receiving services for opioid use.

Response:

Ms. O'Keefe responded that she will provide the delegation with demographic information.

3-b. Question:

Mr. Leyon asked about the interactions between the CSB, the Health Department and the Medical Society of Virginia community with regard to opioid treatment and the oversubscribing of medications.

Response:

Ms. Warren responded that the CSB is actively pursuing methods of prevention by increasing access to Narcan, increasing medication take back days and has performed a review of a prescription monitoring program. She added that there is a state data base that allows a review of prescriptions that were prescribed to an individual by other doctors.

3-c. Question:

Mr. Leyon asked how the delegation could assist the CSB.

Response:

Ms. Warren responded that the delegation could review the State database on opioid use to see who has access, how it is being used, is it effective or needs to be enhanced.

Comment:

Mr. Leyon suggested keeping the delegation informed on the development of an outpatient pilot program and youth intervention pilot program. Mr. Leyon asked the CSB if they could provide a cost for increasing permanent supportive housing.

Response:

Mr. Russell responded that he would be able to research and provide the delegation with the cost. Ms. Kelleher stated that a previous study suggested the need for approximately 400 supportive housing units.

4. Comments from Senator Favola:

- The General Assembly will continue to evaluate the new Medicaid Waiver format. She asked the CSB for feedback.
- Discussions concerning the Virginia Hospital Center (VHC) psychiatric bed expansion as a part of the planned expansion of the hospital complex are going well and making good progress.
- Interested in receiving more information about the opioid crisis in Arlington. The potential expansion of Medicaid could possibly allow for funding to allow for treatment and prevention programs.

Response:

- Ms. Warren responded that DHS could partner with the schools to begin a pilot program on peer counseling and peer intervention.
- Ms. O’Keefe responded that DHS has expanded its Office Based Opioid Treatment (OBOT) program.

Approval of the October 2, 2017 Executive Committee Minutes

Due to time constraints, Chair Hermann motioned to move the approval of the October 2, 2017 ACCSB Executive Committee meeting minutes to the December 2nd Executive Committee meeting. The members agreed.

Reporting Measures

Due to time constraints, Mr. Russell, stated that he will email the October summary of group home incidents to the members.

Comments: Legislative Forum

Chair Hermann asked the members for comments about the Legislative Forum.

- Ms. Warren stated that the CSB presented very well.
- Ms. Deane commented that it was a good opportunity to educate the absent legislators’ aides about concerns that they may not have been aware of.
- Mr. Russell, per Mr. Leyon’s comment, suggested that the CSB consider beginning their legislative discussions in July or August because the General Assembly’s deadline for draft legislative proposals is December 5th.
- The members discussed how to propose legislation for inclusion in the Governor’s budget prior to his end of term. Mr. Russell suggested contacting Ms. Carroll for information about the process. The members discussed scheduling a meeting with Bob Brink, Advisor to Governor McAuliffe.
- Ms. Warren reported that the Regional Executive Directors are scheduled to meet on November 30th to discuss a fiscal realignment plan. The fiscal realignment plan will address the shift of funds from the state hospitals to the regional CSBs while, at the same time, reducing beds at the state hospitals.

FY19 CSB Local Budget Priorities

Chair Hermann asked the members for suggestions on how to prepare the CSB local budget priorities. Ms. Warren suggested identifying the top priorities and ranking them by importance. The members discussed recommending 1-3 larger items versus recommending many smaller items. The members also discussed how the requests should be prioritized. A follow up discussion will be held about the priorities at the November 15th full board meeting.

Planning for Future CSB Meetings

Due to time constraints, the members did not discuss planning for future CSB meetings. Ms. Warren will provide a debriefing about the Developmental Disabilities Employment Summit at the November 15th full board meeting. She will present about cost savings for Forensic Case Management at the December 13th full board meeting.

Same Day Access (SDA) Update

Mr. Russell stated that BHD implemented some of the forms associated with SDA this week. He added that weekly meetings are held to discuss if the implementation is working. Mr. Russell stated that SDA should be fully implemented by the end of November.

Brief Updates/Information

- ✓ Due to time constraints, Ms. Deane did not provide an update about the Virginia Hospital Center (VHC) expansion.

- ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.

Upcoming Items for CSB Full Board Meeting on November 15, 2017

- ✓ Laura Ballard, Mental Health Therapist, Team B, was nominated to receive the November 15, 2017 CSB Staff Recognition Award.

- ✓ Chair Hermann will ask for updates from any CSB Ad Hoc Initiative Committees.

Adjournment

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:00 p.m.

Respectfully submitted by Kelly Mauller.