



# The Arlington Community Services Board

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**Anne Marie C. Hermann**  
ACCSB Chair

April 18, 2018  
2120 Washington Blvd.  
Arlington, Virginia  
7:00 pm – Full Board Meeting

**Deborah Warren**  
DHS Deputy Director/  
CSB Executive Director

**Present:** Cherie Takemoto, Judy Deane, Anne Hermann, Frank Haltiwanger, Jim Mack, Carol Skelly, Steve Taphorn, Dori Mitchell, Jenette O’Keefe, Jay Terner, Joanne Del Toro

**Excused:** Linda Kelleher, Asha Patton-Smith, Atima Omara, Leslie Gosling

**Staff:** Kelly Mauller, Ollie Russell

## **Public Comment(s)**

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

Mr. John Reeder, Chairman of Arlington Greens, presented a budget proposal for FY19 to improve the Arlington Housing Assistance Program (Refer to Handout). Mr. Reeder stated that the Arlington Greens are supporting \$3 million in funding for 750 additional housing grants of \$300 per month to assist the lowest income Arlington renters (those earning less than 40% of the area median income). He added that the funds could be obtained by shifting funds from the real estate tax relief program for affluent homeowners by changing the form of their tax relief from tax exemption to tax deferral.

Ms. Takemoto asked how many people are on the waiting list for housing grants. Mr. Reeder responded that DHS Director, Anita Friedman, may be able to provide an answer to Ms. Takemoto’s question.

Chair Hermann thanked Mr. Reeder.

## **CSB Staff Recognition Award**

Jose Campos, Job Avenue Supervisor, Outpatient Clinical Services Bureau, was nominated to receive the April 18, 2018 CSB staff recognition award. Mr. Campos was nominated by Yen Le, Job Avenue Employment Specialist, Outpatient Clinical Services Bureau. Alan Orenstein, Outpatient Clinical Services Bureau Chief, read a statement on behalf of Mr. Le, who was unable to attend the meeting. “The last six months have been very trying for our program with staff departures, hiring replacements and the passing of a staff member. It has been stressful for all staff in the program. Jose has been doing very well managing the program and he provided much needed support to his staff.”

Mr. Orenstein stated that Mr. Campos is one of the most client centered and caring staff in the Behavioral Healthcare Division (BHD). He added that Mr. Campos is highly motivated, flexible and creative. Mr.

Orenstein commended Mr. Campos in growing the employment program from one small component into a much broader evidenced-based program that provides modern supported employment and supportive education. Mr. Campos' daughters were in attendance.

Chair Hermann congratulated Mr. Campos.

Mr. Campos thanked the CSB for their continued support. He also thanked Mr. Orenstein. Mr. Campos stated that the Job Avenue Program works with six contracted staff from the non-profit organization PRS, Inc. He added that the program received 211 referrals last year and served a total of 312 individuals across all BHD programs. Mr. Campos stated that the Job Avenue Program is in the process of developing a supportive employment pilot program to assist individuals with developmental disabilities in finding employment.

### **CSB Staff Recognition Award**

Emily Siqveland, Mental Health Therapist, Team C, Outpatient Clinical Services Bureau, was also nominated to receive the April 18, 2018 CSB staff recognition award. Ms. Siqveland was nominated by Marti Mefford, Substance Use Case Manager, Residential and Specialized Clinical Services Bureau. Ms. Mefford stated that she nominated Emily because she is very compassionate and caring. She added that Ms. Siqveland is involved in many initiatives including the trauma informed care initiative and a newly developed client orientation training.

Chair Hermann congratulated Ms. Siqveland.

Ms. Siqveland stated that she appreciates the nomination and thanked Ms. Mefford and the CSB.

### **Presentation: Overview of Substance Use Disorders**

Chair Hermann introduced Suzanne Somerville, Bureau Chief, Residential and Specialized Clinical Services Bureau to the members. Ms. O'Keefe thanked the CSB members for the opportunity for the substance use disorder representatives to present their views on substance use disorders and the current environment of the community.

Ms. O'Keefe introduced Wes Sanchez, Employee Assistance Professional (EAP) Specialist for Arlington Public Schools, and Tom Walker, Director of Community Relations for the Encore Recovery Group.

Ms. Somerville distributed a flyer inviting the CSB to attend a Town Hall Meeting on Substance Use on May 2<sup>nd</sup> from 7:00 p.m. to 9:00 p.m. at Kenmore Middle School located at 200 S. Carlin Springs Road.

Mr. Sanchez stated that he has worked in substance use services for 30 years and is a resident of Arlington. He reported that an average of 1 in 10 Americans, or 10% of the population, has a substance use disorder. Mr. Sanchez stated that illicit substance use is primarily driven by non-medical use of pain relievers. He added that Arlington has had 60 incidents of opioid misuse so far this year. He further added that 15 incidents of overdoses were reported in the last four months resulting in three fatalities. Mr. Sanchez stated that he is very supportive of self-teaching educational treatment programs.

Ms. Somerville spoke about some of the initiatives that Arlington County has implemented to address the opioid epidemic.

- Reviewing continuum of the American Society of Addiction and Medicine which covers the spectrum from prevention to hospitalization - the focus is on the earlier stages of use from prevention to regular outpatient treatment and working to add intensive outpatient treatment
- Arlington currently has a social detox program - (social detox does not include medication treatment/medical detox includes medication treatment)

- Partnered with Phoenix House who currently uses medical detox protocols
- Currently developing an RFP for a medical detox program
- An invitation to bid will be sent out for two additional residential program vendors that can provide medical detox- currently, Phoenix House is the only residential vendor
  - Challenges - lack of bed space and increased case-loads.
- The Addictions, Corrections and Treatment (ACT) program was established in the Arlington County Detention Facility (9-month residential program for individuals who are incarcerated)
- A 15-month Drug Court was developed as an alternative to incarceration
- The dual diagnosis and outpatient teams developed intensive dual diagnosis groups
- Created the Arlington Addiction Recovery Initiative (AARI) Stakeholders Group - created to address the opioid epidemic in Arlington and has expanded out to increase prevention
- Increased collaboration with Arlington Schools and Public Health
- Installed permanent drug take back boxes in various locations

Mr. Walker stated that Encore Recovery Solutions serves a different population than the CSB; individuals who are well insured or have financial resources. Encore Recovery Solutions provides treatment services for addiction and behavioral health disorders. Mr. Walker stated that Encore has an office location in Ballston and recently closed on a 4-unit residential property located at 5805 N. 26<sup>th</sup> Street. He added that the home can house four individuals per unit for a total of 16 beds. Mr. Walker stated that the program has the support of the County Board, the police, and a portion of the community. He noted that meetings will be held with the community to discuss any concerns. Mr. Walker added that he attended the Open Monday's meeting on April 9<sup>th</sup> to respond to the portion of the community who have concerns about the program being located in a mostly residential area of Arlington.

Ms. Takemoto asked the age range of the programs participants. Mr. Walker responded that the age range is between 18 and 35.

Chair Hermann thanked Ms. Somerville, Mr. Walker and Mr. Sanchez for presenting to the members.

The members discussed drafting a letter of support for Encore and agreed they would need more information about the program before doing so. Encore Recovery Solutions is not an Arlington County vendor.

#### **Approval of the March 21, 2018 ACCSB Meeting Minutes**

Chair Hermann called for a motion to approve the March 21, 2018 ACCSB Full Board meeting minutes. Mr. Mack motioned to approve the minutes, Ms. Takemoto seconded the motion, and the minutes were approved as amended.

#### **CSB Spring Retreat Planning**

Chair Hermann opened a discussion about the CSB Spring Retreat scheduled for May 19<sup>th</sup> at 2120 Washington Boulevard in room 424. The committee discussed the suggested topics for the retreat. They are as follows:

1. Strategic planning for the upcoming fiscal year local and State budget
2. Community engagement - to include CSB 50<sup>th</sup> anniversary - Ms. Warren will reach out to the Office of Communications and Community Engagement to ask if a representative would be able to attend to speak

#### **Miscellaneous Updates/Information**

- ✓ Mr. Russell reported out about a recent sentinel event; a death that occurred in one of the group homes. He stated that the official cause of death has not been announced. Mr. Russell provided an overview of the review process for Sentinel Events.
  - DHS is notified by the group home when a death has occurred
  - DHS ensures that the State is aware of the death
  - A sentinel event review meeting is held by DHS
  - DHS make recommendations for next steps
  - A report is provided to the CSB Executive Committee
- ✓ Chair Hermann reported out about the Public Budget Hearing held on Tuesday, April 3<sup>rd</sup>. The CSB decided not to attend the Public Tax Rate(s) Hearing held on Thursday, April 5<sup>th</sup>.

The following CSB members presented at the Public Budget hearings:

- Cherie Takemoto
- Carol Skelly
- Jenette O'Keefe

Several members of the subcommittees also spoke at the Public Budget Hearing.

- ✓ Chair Hermann reminded the members about the annual Offender Aid and Restoration (OAR) will hold their 10<sup>th</sup> Annual Second Chance Fundraising Breakfast on Tuesday, April 24, 2018 from 7:45a.m. to 9:00a.m. at the Crystal Gateway Marriott in Crystal City. This event is a fundraiser to support OAR's programs, but there is no minimum and no maximum donation expected. RSVP is required to attend this event.

Mr. Mack and Chair Hermann, will each host a table at the event. Members wishing to attend should email Mr. Mack or Chair Hermann.

- ✓ Mr. Russell reminded the committee that the VACSB Training and Development Conference will be held May 2<sup>nd</sup> through May 4<sup>th</sup> in Norfolk, Virginia.
- ✓ Ms. Mitchell reported that the Mental Health Group Homes Committee held its first "We Care Dinner" on April 11<sup>th</sup> at the 13 Street Group Home. The dinners are a collaboration of County, CSB members, residents, family members and the vendor. The vendor CEO, Arthur Ginsberg, was in attendance. She added that 8 residents, 3 family members, 4 CSB members and 6 vendor staff also attended. Ms. Mitchell stated that the dinner was well received by the residents. The next We Care dinner will be held on May 16<sup>th</sup> at the North Fillmore Group Home and then the Kensington Apartments and Vaughn-Ball Home in the fall.
- ✓ Ms. Mauller reminded the members that nominations for the CSB Annual June Awards Ceremony are due to her by April 20<sup>th</sup>. She asked the members to think about community partner nominations.
- ✓ Mr. Russell distributed and provided an overview of the revised Aging and Disability Services Division (ADSD) organizational chart.
- ✓ Chair Hermann announced that there are 3 vacancies on the CSB full board. She asked the members to think about individuals that may be interested in joining. All interested individuals must apply for membership via the County public website.

- ✓ Ms. Skelly announced that a forum for housing options for individuals with developmental disabilities will be presented by the Arlington CSB on Saturday May 12<sup>th</sup> from 8:45 a.m. to 12:30 p.m. in the lower level auditorium at 2100 Washington Boulevard. She asked the members to let her know if they have anyone that may be interested in attending.
- ✓ Ms. Skelly announced that the Developmental Disabilities Proclamation Ceremony will be held on April 24<sup>th</sup> at 3:00 p.m. in the County Board meeting room.

**Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller