



The Arlington Community Services Board
Sequoia III
2120 Washington Boulevard
Arlington, VA 22204
(703) 228-4871 FAX: (703) 228-4853



Anne Marie C. Hermann
ACCSB Chair

November 15, 2017
Sequoia III
2120 Washington Blvd., Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Cherie Takemoto, Judy Deane, Jenette O’Keefe, Adele McClure, Frank Haltiwanger, Carol Skelly, Laura DeMaria, Jay Ternent, Dori Mitchell, Leslie Gosling, Asha Patton-Smith, Linda Kelleher, Anne Hermann

Excused: Shauna Alonge, Atima Omara, Joanne Del Toro

Staff: Kelly Mauller, Oliver Russell, Deborah Warren

Public Comment(s)

There was no public comment.

Note: Chair Hermann requested that Ms. Deane Chair the meeting in her place although she was in attendance of the second hour of the meeting.

CSB Staff Recognition Award

Laura Ballard, Mental Health Therapist, Team B, was nominated to receive the November 15, 2017 CSB Staff Recognition Award. Ms. Ballard was nominated by Dr. Carol Sacks, Team B Supervisor, Outpatient Clinical Services Bureau. Ms. Sacks spoke about Ms. Ballard stating that she is an expert in the provision of services for survivors of trauma. She added that she is also a consultant to other staff and is a member of EMDR, TIC DBT, the Champions Committee and many other committees and groups. Ms. Sacks concluded, stating that Ms. Ballard is a great asset to the team.

Acting Chair Deane stated that the Mental Health Committee advocated for Ms. Ballard’s position several years ago, adding that she is happy to be awarding her efforts.

Ms. Ballard thanked the CSB for recognizing her.

Presentation: Peer Recovery Specialist Public Service Announcement (PSA)

Lizabeth Schuch, Wellness and Recovery Manager, Behavioral Healthcare Division, presented a public service announcement created by staff in an effort to educate staff and the community about the role and importance of Peer Recovery Specialists in the Department of Human Services (DHS).

Ms. Schuch stated that an application was submitted to and accepted by the Substance Abuse and Mental Health Services Administration (SAMHSA) to take part in a virtual learning network. She noted that a team of 7 staff participated. Ms. Schuch stated that the team organized a meet and greet presented by Peers to staff,

developed an information sheet about the role of peers and created a PSA. Ms. Schuch presented the PSA to the members. The PSA will also be shown on Arlington County's television news feed.

Ms. Schuch stated that she is grateful to the CSB for advocating for permanent Peer Specialist positions. Ms. Warren asked if there are areas within DHS where there are gaps in peer supports. Ms. Schuch responded that there is a need for peers on the outpatient service teams and in senior adult services. She added that a floating peer would be able to assist in closing gaps in service.

Ms. Kelleher asked how peer volunteers are utilized. Ms. Schuch responded that there are peers that volunteer in Clarendon House. She added that the Peer Recovery Center is run by peer volunteers. Ms. Schuch manages the Peer Recovery Center contract.

Ms. Takemoto commented about Leslie Gosling's presentation to the County Board last year about how well the peer program was working. She stated that the County Board members were receptive and interested that the CSB followed up about how well the program is working and for thanking them for supporting peers.

Approval of the October 18, 2017 ACCSB Meeting Minutes

Acting Chair Deane called for a motion to approve the October 18, 2017 ACCSB Full Board meeting minutes. Ms. Skelly motioned to approve the minutes, Ms. McClure seconded the motion, and the minutes were approved as amended.

Prioritize FY19 CSB Local Budget Requests

Acting Chair Deane opened a discussion about the preliminary FY19 CSB local budget requests (Refer to Handout) and turned the floor over to Ms. Warren. The members provided an overview of each committee's priorities.

The preliminary requests are as follows:

Adult Mental Health Services

1. 1.0FTE MH Therapist for the MH Community Support Teams
Estimated Cost: \$100,000
2. 1.0FTE MH Therapist for the young adult MH services (First-STEP)
Estimated Cost: \$100,000
3. 1.0FTE position for the Forensic Program jail diversion team to implement diversion activities at bond hearings - Ms. Warren stated that there is not enough data to justify advocating for this position.

Substance Use Services

1. 1.0 FTE Opioid Management Coordinator to lead the AARI Stakeholder's group, coordinate regionally with others to identify trends, and oversee the outreach network - Ms. Warren stated that this position will be filled by reallocating another position.
2. 1.0 FTE Peer Outreach position to be involved in many areas to include:
 - a. Opioid outreach
 - b. Homeless outreach/linkage to services
 - c. Connection of unengaged or under-engaged clients
 - d. Re-entry "warm hand-off" from jail and residential treatment back to communityEstimated Cost: \$65,000

3. Training After assessing staff, identify specific training to increase co-occurring capabilities.
Estimated Cost: \$10,000

Developmental Disability Services

Pilot for a customized integrated employment internship and 2-year placement program modeled on Pathways to Careers to begin in FY 2019.

Estimated Cost: \$120,000

Child and Family Services

No requests.

Acting Chair Deane asked the members if they would like to prioritize the requests, at this time, or take more time for discussion. The members agreed to further discuss the requests at the December 4th CSB Executive Committee meeting. All board members are welcome to attend.

Debrief: Developmental Disabilities Employment Solution Summit

Ms. Warren provided a debriefing about the Developmental Disabilities Employment Solution Summit. She stated that the summit was very well attended. She noted that service providers, employers, staff, representatives from the CSB, schools and the Department of Aging were among the attendees. The summit attendees discussed barriers and solutions to employment. Ms. Warren will distribute a written summary of outcomes at the December 14th CSB full board meeting.

Incident Reporting

An incident report for the month of October was not provided.

Informational Items

- ✓ Ms. Deane provided an update about the Virginia Hospital Center (VHC) expansion process.
 - The Site Plan Review Committee (SPRC) meetings begin November 16th. The first meeting will be organizational to explain the process. Ms. Skelly and Ms. Deane plan to attend.
 - A meeting with VHC has been scheduled for November 20th to discuss the need for psychiatric beds and restructuring the Emergency Department. Ms. Warren stated that the meeting will be held at 8:30 a.m. at VHC in the executive offices in building 1A, conference room B.
- ✓ Ms. Hermann announced that Secret Santa is collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer.
- ✓ Ms. Hermann announced that Clarendon House will be holding their annual holiday celebration on December 11th from 12:00 p.m. to 2:30 p.m. at Spider Kelly's, located at 3181 Wilson Boulevard in Arlington.
- ✓ Acting Chair Deane announced that an appreciation lunch will be held on February 14th for the Program of Assertive Community Treatment (PACT) Team. The time and location are to be determined.
- ✓ Acting Chair Deane announced that LOMAX Church will be providing gift bags to clients as they have done in previous years. She stated that the gift bags will be assembled on December 13th, at 2120 Washington Boulevard in room 423. Members are invited to attend to assist with the assembly.

- ✓ Ms. Warren announced that a meeting will be held on December 6th at 5:00 p.m. in the 2100 Washington Boulevard building, just prior to the Developmental Disabilities Committee meeting, to discuss gaps in services for individuals with autism. Ms. Warren stated that the meeting is internal with staff and that the purpose of the meeting is to decide what type of request (demographic, best practices, other jurisdictions processes, etc.) to submit to Deloitte, NYU or UVA.
- ✓ Ms. Hermann announced that the Activities Department at Yorktown has invited parents, students and members of the community to attend a program addressing the challenges of dealing with substance use among students and in the community, on Thursday December 7th at 7:00 p.m. in their auditorium. She added that two Yorktown families will be the featured presenters sharing recent experiences with their children. One of the graduates will share his perspective to compliment his parents account. Community resources will be available before and after the program.
- ✓ Ms. Hermann thanked those who assisted in coordinating the legislative forum and the members for attending.
- ✓ Mr. Russell announced that the VACSB Legislative Conference will be held on January 16th and 17th, 2017 at the Hilton Richmond Downtown Hotel. The purpose of the conference is to provide knowledge and perspective on current budget, legislative and advocacy information relevant to community behavioral health.

Mr. Russell asked the members to email Ms. Mauller by December 15th if they are interested in attending the conference.

- ✓ Ms. Warren announced that she will be attending a mandatory statewide meeting with the CSB Regional Executive Directors, DBHDS and Interim Commissioner Jack Barber on November 30th to discuss a fiscal realignment of funds from state hospitals to the community. She will provide a report at the December 15th CSB full board meeting.
- ✓ The members congratulated Ms. Patton-Smith on being recognized as a “Top Doctor” in the Washingtonian publication.
- ✓ Ms. McClure announced that she has been appointed to the Health Systems Agency of Northern Virginia (HSANV) Board of Directors. She will report out to the CSB members.
- ✓ Ms. Mitchell asked if an incident report will be provided. Mr. Russell responded that the report is usually provided at the Executive Committee meeting. He added that the report includes sentinel event totals and incidents reported in the group homes.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller