

ARLINGTON COUNTY COMMUNITY SERVICES BOARD

Mental Health Committee

2/28/18

Approved 3/28/18

Committee Members Present: Judy Deane (Co-chair), Dori Mitchell (Co-chair), John Mitchell, Leslie Gosling, Wayne Bert, Betsy Greer, John Blount, David Fitzgerald, Debra Byrd, Anne Hermann, Sam Howlett

Committee Members Absent: Lee Long, Adi Radhakrishnan, Tom Quinn, Cathy Lewis, Tamara Theiler, Caroline Bragdon, Steve Gallagher, Scott Brannon

Staff Present: Alan Orenstein, Susanne Somerville, Octavia Madison, Alexis Speight

Call to order: The Chair called the meeting to order at 6:00 pm.

Approval of Minutes: The Committee approved the 1/24/18 minutes without correction.

Outpatient Services Director's Report: Dr. Orenstein noted that he would defer a part of his report to the presentation at the joint meeting, since it would provide a lot of information about service integration and dual diagnosis services. He noted that due to a change in the full Board's schedule, there is an overlap with the 5/23/18 MH Committee meeting. He suggested that the MH Committee meeting start early (5pm until 7:00pm), so as to end when the full Board meeting starts at 7:00 pm. After some clarification, the proposal was accepted. Action: Dr. Orenstein will modify the Committee schedule for 5/23/18.

Chairs' Report:

- Regarding the FY19 budget, there will be meetings with the County Board members between 3/13 and 3/15/18 to advocate for the proposed young adult case manager position. There is one priority for each disability, including an SA peer and funding for an IDDS employment pilot. Ms. Gosling will participate in the advocacy and Ms. Deane will be looking for volunteers for later Board meetings. She also mentioned that there have been some budget changes in response to other Committee priorities, viz., for the MH team case manager position and for the INSHAPE program. Also, Ms. Deane distributed the draft supporting the Young Adult Service Case manager position, and Dr. Orenstein offered some minor corrections.
- Ms. Mitchell described the We Care Dinners for the group homes planned by the Group Home Committee. Funded by donations and/or Group Home Committee contributions, dinners will be provided for 2 group homes in April and for two others in the Fall. Family members will be invited as well as a representative of the CR executive staff. The dinner will serve as an opportunity for family members and residents to talk about their experience living in the homes.
- Ms. Dean described a follow-up on remaining questions about ASPAN confidentiality policy that precludes informing anyone of who the shelter residents are, including family and the police. She requested that Dr. Orenstein determine who would best represent DHS at a meeting with ASPAN. Action: Dr. Orenstein will determine who

- from DHS should attend a meeting in May or June to discuss ASPAN' s confidentiality policies.
- Ms. Deane initiated a discussion of the difficulty establishing citizen representation at the Criminal Justice Committee, as a way to directly allow for family input. Mr. Fitzgerald noted his discussions with Ms. Weisman and feedback from the DHS Director precluding citizen membership. As part of the questioning why there couldn't be a citizen representative, the Committee members puzzled over the origins of the Committee which included Tom Quinn and Wayne Bert. It was concluded that discussion of this issue be included in the April Committee meeting, since the main presentation was by Client Services Entry, including Ms. Weisman. Action: Dr. Orenstein will alert Ms. Weisman that discussion of Criminal Justice Committee citizen membership will be part of the agenda of the CSE presentation to the MH Committee in April.

Other agenda items were suggested by Ms. Greer for a later Committee meeting: mandated treatment (at April meeting), HIPPA, and engagement.

Joint Meeting with Substance Use Disorder (SUD) Committee:

After introductions, Dr. Orenstein gave an overview of BHD MH and SA Bureau restructuring, the transition process, the initial implementation actions beginning 9/1/17, and the current structure of the Outpatient Services Bureau (OSB). He also detailed how MH and SA services were now integrated in the OSB using the quadrant model. Ms. Somerville described components of Residential and Specialized Services Bureau, now including the Clarendon House and MH Residential Contracts, in addition to the old and some new substance abuse programs such as the SA residential contracts, the jail behavioral health services, and an office-based opioid treatment program. In addition, Ms. Madison, SA Outpatient program manager, and Ms. Speight, Team C program manager, described services provided and changes, with a focus on the clinical impact of restructuring within the OSB. The net result is that there is a mixture of both MH and SA programs in each of the new Bureaus aimed at facilitating the integration of MH and SA services.

Adjournment: The meeting adjourned at 8:10 pm.