

**Substance Use Disorder Committee Meeting**  
**Monday, January 22, 2018**

Attendees: Jenette O'Keefe (Chair), Suzanne Somerville, Shawn Buckner, Jim Mack, Steve Pottmyer, Adele McClure

Absent: Lonnie Ford, Len Fischer, Grant Furick, Tom Walker, Wes Sanchez

The meeting began at 7:05 p.m.

I. Introductions – no new members

II. Chair report – Jenette

- A. Jenette gave a review of the CSB meeting. She had not been able to attend but gave an overview that included the budget priorities identified by the Board. Our committee's priority of additional peer position was moved through as a priority. Mental Health advocated for a FTE for Young Adults program. There was also some discussion about the training and how to get staff trained in a tight budget year. Adele and Jim were able to supplement as they were there.
- B. There was a discussion of the County's budget. Deborah Warren had given an overview of the budget and stated that the County will be in a deficit so is looking for ways to spend more wisely and/or cut as needed.
- C. Jenette asked Adelle to report out on the VA-CSB meeting she had attended last week. Adelle talked about how a Harm Reduction law had been passed that allowed for needle exchange programs. The committee had some discussion about this and the pros of doing this. Programs in Baltimore, North Carolina and DC are all very successful at reducing the risk of transmission of blood borne pathogens through safe exchanges. This group will talk more about this as to whether or not we would want to advocate for this.
- D. Shauna Alonge has resigned from the CSB and from the Committee. Adele McClure also resigned as she is moving to Richmond, she was appointed to be the Outreach and Policy Director for the Lt. Governor Justin Fairfax.

III. Update from Substance Use Disorder Services – Suzanne

- A. A presentation on the Program Evaluation will be given on 1/23/18 as it is six months since the evaluation was completed. The committee reviewed the status of the action plan. It is impressive how many things have been accomplished. Some things were resolved through CSB initiatives such as Same Day Access. The Outpatient team has arranged for AA/NA meetings in the building. An outreach team is being developed. There are a few things that are still in process to include the development of an Intensive Outpatient Program which is being worked on at this time.
- B. The Arlington Addiction Recovery Initiative is celebrating the one-year anniversary this month. A review of some of the major accomplishments was done. This includes development of a webpage with resource links, drug take back plan, opioid outreach plan, work on a streamline to treatment and the planning for the next community education program.

#### IV. Review of Statistics

The numbers remain high in residential treatment and Independence House. Drug Court's census is a bit lower. OBOT is growing but takes too long to access.

#### V. Name of Committee

Dr. Palmieri had suggested that we discuss changing the name of the committee from Substance Abuse to Substance Use Disorder. The committee discussed this and decided that this was an appropriate change given the change of name in the DSM. All present agreed to change the name to SUD after consulting the committee members who were not present.

VI. Membership update – with both resignations, the committee is quite reduced. We are looking for new members who have an interest in Substance Use Disorders. We would also like to have another committee representative on the larger CSB board.

.

Meeting ended at 8:25 p.m.

**Special Day for the next meeting will be held on Wednesday, February 28, at 7:00 p.m. at Sequoia 3, Room 112. This will be a joint meeting with MH Committee. The joint meeting will go from 7 -8 p.m. with a business meeting following at 8 p.m.**