



ARLINGTON COMMISSION ON AGING

c/o Agency on Aging, DHS
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**Meeting Summary
June 18, 2018**

PRESENT: Laurie Young, Cheryl Beversdorf, Carl Brooks, Valerie Crotty, Linc Cummings, Julia Chen aide to Senator Barbara Favola, Jim Feaster, Herschel Kanter, Cynthia Schneider, Martha Villanigro-Santiago

MEMBERS EXCUSED: Cragg Hines, Martha Wilson

MEMBERS ABSENT: Sophie Shen, Duke Taylor, Gwendolyn Beck

STAFF: Maimoona Bah-Duckenfield, Rachel Coates, Helen King

GUESTS: Erica Wood, Jim Morris, Jim Ruff, Lauren Brooks (OSAP), Jennifer Collins (OSAP), Wendy Zenker (ANV), Cynthia Davis

I. Call to Order at 9:10 a.m.

- II. Impact of Medicaid Expansion in Arlington –** Joe Schwartz, Eligibility Supervisor and Carma Ryan, VICAP Coordinator shared some information about the recently signed Medicaid Expansion law in Virginia. The target population to benefit from the expansion is adults 19-64 not currently disabled who are below 138% of the federal poverty level. There is no asset test for eligibility, only the income test. It is expected that around 7,000 Arlingtonians will benefit from this expansion. Training for staff is expected in October or November, 2018 and the roll-out is anticipated in January, 2019. Arlington is anticipating hiring additional eligibility workers, but will wait to hear about the availability of state resources. Jim Morris offered that written scenarios would be a helpful to understand who is now eligible.

More information about the Medicaid expansion can be found at <https://www.coverva.org/> . Information about Arlington County resources and services for older adults can be found at <https://aging-disability.arlingtonva.us>.

III. Approval of May Meeting Minutes

Commissioner Villanigro-Santiago noted that in the New Business section, Mosaic should be Mosaic Forum, the complete name of the organization.

Minutes were unanimously approved as ammended.

IV. Chair's Report

Laurie Young

- a. Chair Young shared on the various activities and meetings leading up to the Age Friendly Arlington kick-off on June 5th. The event on June 5th was a success and Chair Young extended thanks to all who participated. She reported that 45 people attended over the course of the day, including Katie Cristol (Arlington County Board Chair). Chair Young reported that Arlington the 250th community nationwide to join the Age Friendly network, which means that we have 249 other communities to draw from. She reported that the Steering Committee will review the outcomes from the kick-off and look at next steps. On additional item of note, Chair Young addressed the Northern Virginia Falls Prevention Program. This group would like to be added as a Liaison Group to the Commission. Chair Young reported that the connection with Marymount University may provide another source for interns to assist with the Age Friendly Arlington planning. Chair Young noted

that the steering committee will be looking at the committee structure and adjusting to align with the age-friendly domains.

Chair Young also congratulated Rachel Coates on being named Program Director for the Arlington Area Agency on Aging.

V. Staff Reports

Maimoona Bah-Duckenfield & Rachel Coates

- a. AAA Staff Report: Ms. Coates shared that it is currently Senior Farmers Market season and that applications are available from our office or online. June 29th we will celebrate Arlington County Centenarians at Walter Reed Senior Center. Ms. Coates also noted that Arlington County is currently undergoing a childcare initiative and is considering county-wide needs and the ties to the age-friendly initiative, an example of age friendly being applicable to all ages and all stages.
- b. ADSD Staff Report: Ms. Bah-Duckenfield announced that the Bureau is currently recruiting for a Management Analyst and an Administrative Specialist. She reported that the in-home services program is looking to expand the number of vendors utilized to give our clients more choice in service providers. She also reported that Adult Services and Adult Protective Services statewide will be moving to Peer Place, the No Wrong Door system. Ms. Bah-Duckenfield announced that the AAA has once again been selected for a Best Practices and Innovation Award for the Emergency Preparedness Program. Ms. Bah-Duckenfield reported that the Arlington Adult Day Program Open House was a success. More outreach is planned to raise awareness of the program.

VI. Committee Reports

- a. **Budget** (Carl Brooks): Commissioner Brooks reported that the budget has been approved and that impacts are expected for the next 2 years. Chair Young noted that the Age Friendly Arlington initiative will be volunteer driven.
- b. **Legislative** (Martha Villanigro-Santiago): Commissioner Villanigro-Santiago reported that work continues on the NVAN platform. Three legislative and three budgetary items are being prepared.
- c. **Long Term Care Residences** (Cyndy Schneider): Nothing to report
- d. **Membership** (Sophie Shen): Chair Young reported that interviews will be conducted for two prospective commissioners.
- e. **Public Information & Outreach** (Gwendolyn Beck): Jim Young reported that June edition of the Citizen Newspaper will be the final issue. Arlington County is moving to a weekly email notification to residents. Commissioner Crotty noted that utilization of additional avenues such as News Channel 8 should be considered.
- f. **New Media/Technology** (Sophie Shen): Chair Young reported that her use of social media seems to be drawing interest.
- g. **Senior Centers** (Linc Cummings): Commissioner Cummings reported that the committee will begin meeting with staff at each of the senior centers in July to evaluate the facilities and services offered.
- h. **Strategic Planning** (Laurie Young): Chair Young reported that this committee did not meet in May. The June meeting will be focused on reconfiguring the committees.
- i. **Supportive Services and Housing** (Cheryl Beversdorf): Chair Young noted that she is retaining the chair of this committee until September. The May meeting focused on preparing for the June event.
- j. **Transportation** (Cragg Hines): Commissioner Kanter reported there is an ART Bus ride scheduled for July 10th. Details will be sent to the commission.

VII. Liaison Reports

- a. **Alexandria Commission on Aging** (Mitch Opalski/Linc Cummings): Commissioner Commings reported that he experiences a more informal, familial and casual atmosphere at the Alexandria Commission on Aging meetings.
- b. **Alliance for Senior Programs/Senior Adult Council** (Cindy Miller): Jennifer Collins reported that there is an increase in participation in the Arlington Mill program. Ms. Collins reported that she attended the NCOA Conference on Aging recently and learned about other congregate meal and senior center programs. She noted the staff move from Lubber Run is now complete.
- c. **Arlington Neighborhood Village** (Wendy Zenker): Chair Young pointed out the handout for the ANV Fundraiser at Sushi Zen Wednesday, June 20th. Commissioner Beversdorf noted that Ms. Zenker will be the guest on Aging Matters Tuesday, June 19th.
- d. **Coalition to Improve Advanced Care (CIAC)** (Joan McDermott): Chair Young reported a year-end event is being planned around end-of-life planning. A game night as a fun way to discuss end of life topics is being discussed. CIAC will be featured in an upcoming Sun Gazette article and the coalition is applying for a grant.
- e. **Commonwealth Council on Aging** (Erica Wood): The next meeting will be held July 11th in Richmond. The full council meeting will be followed by a meeting of the legislative committee.
- f. **Community Development Citizens Advisory Council** (Linc Cummings): Solicitations for proposals are due this summer. The council will review and provide recommendations to the County Board by the end of October.
- g. **Disability Advisory Commission** (Vacant): No report.
- h. **Emergency Preparedness Advisory Commission** (Valerie Crotty): Commissioner Crotty requested status of the review of the letter to WMATA regarding the needs of seniors.
- i. **Pedestrian Advisory Committee** (Jim Feaster): Changes are being implemented in Crystal City to improve pedestrian safety, especially around 23rd Street and 18th Street.
- j. **Steering Committee/Older Persons** (Cheryl Beversdorf): Jim Morris reported the committee will next meet on July 20th and the topic will be frauds and scams.
- k. **Transit Advisory Committee** (Herschel Kanter): See the Transportation Committee report.

VIII. Old Business

IX. New Business

Commissioner Villsnigro-Santiago reported the Mosaic Forum event scheduled for Friday will focus on remembering today's decisions for securing tomorrow.

X. Announcements and Public Comment

- a. Jim Morris shared the schedule for the 11 Arlington Farmers Markets

XI. Adjournment at 11:07 a.m.

Next Meeting: July 16, 2018 at TBD followed by Meals on Wheels delivery