



The Arlington Community Services Board

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Anne Marie C. Hermann
ACCSB Chair

July 18, 2018
2120 Washington Blvd.
Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, Frank Haltiwanger, Jim Mack, Cherie Takemoto

Excused: Carol Skelly, Dori Mitchell, Jenette O’Keefe, Linda Kelleher, Asha Patton-Smith, Judy Deane, Joanne Del Toro, Steve Taphorn

Staff: Kelly Mauller, Ollie Russell, Deborah Warren

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

Approval of the June 20, 2018 ACCSB Meeting Minutes

A quorum was not met to approve the minutes. The June 20th minutes will be approved at the September 19th Full Board meeting.

Presentation: State Performance Contract

Mr. Russell presented about the CSB FY19 State Performance Contract. Mr. Russell stated that the Performance Contract is the vehicle through which the Department of Behavioral Health and Developmental Services (DBHDS) funds CSBs throughout Virginia and regulates the provision of services. He added that the contract is divided into four program areas.

They are as follows:

- Mental Health Services
- Developmental Disability Services
- Substance Use Services
- Emergency and Ancillary Services

Mr. Russell highlighted a few changes in the performance contract for FY19. They are as follows:

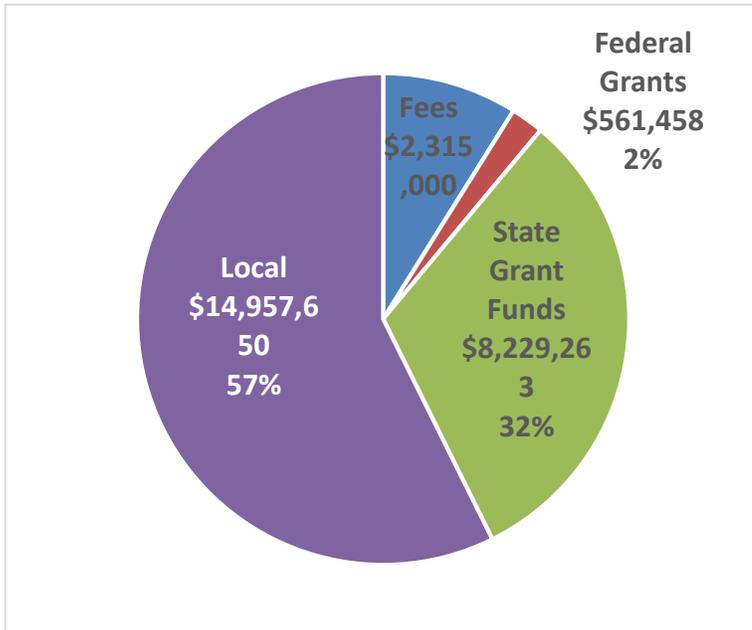
- Engagement Requirements – Requires that CSB staff attempt to contact and re-engage individuals admitted to mental health/substance use treatment programs who have not received services in past 100 days (extended from 90 days)

- Same Day Access – walk-in assessment services for mental health/substance use services, with a goal to offer an appointment for any recommended treatment services within 10 calendar days (newly added)
- Remediation process – detailed outline of remediation process requirements. If the remediation process is implemented and the CSB does not successfully execute corrective action as required, allows DBHDS to request changes in management for deficient areas, to re-align or re-distribute state-controlled resources, and review and approve any changes before implementation
- Mandate of Virginia Waiver Management Systems (WaMS) Reporting - Adds requirement for electronic exchange vs. direct entry to WaMS for Immediate Service Programs (ISP) & the Virginia Individual Developmental Disability Eligibility Services (VIDES)

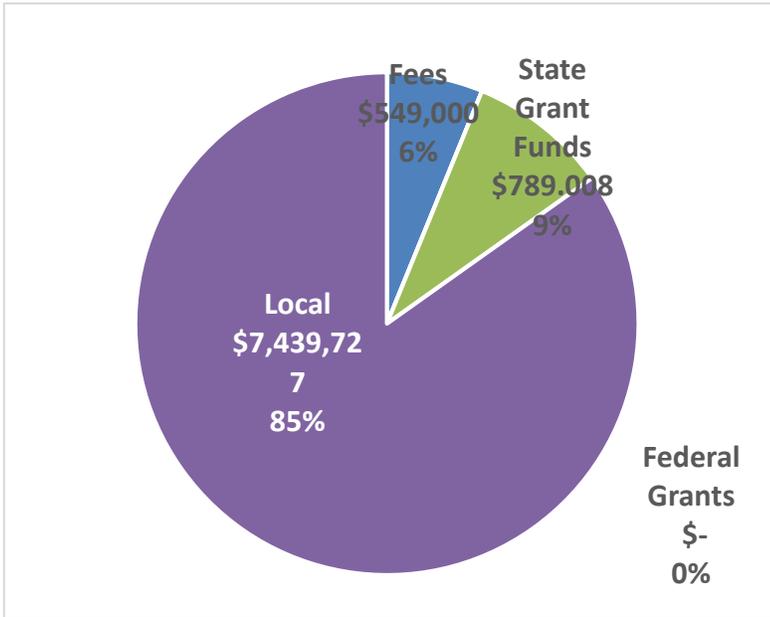
Mr. Russell provided a comparison between the FY18 and FY19 projections. The members discussed the services that had a significant increase and decrease in numbers. Mr. Russell will provide clarification for the members at the September 19th full board meeting.

The following charts depict the funding sources for mental health, developmental disability and substance use services.

Mental Health Services

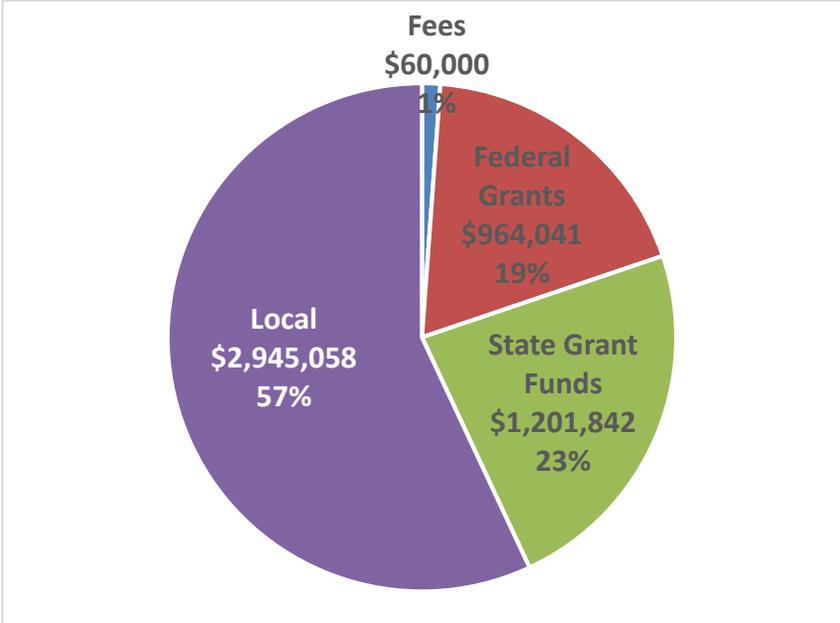


Source of funds	Amount	Percent
Fees	\$2,315,000	9%
Federal Grants	\$561,458	2%
State Grant Funds	\$8,229,263	32%
Local	\$14,917,650	57%



Developmental Disability Services

Source of funds	Amount	Percent
Fees	\$549,000	6%
Federal Grants	\$ -	0%
State Grant Funds	\$789,008	9%
Local	7,439,727	85%



Substance Use Services

Source of funds	Amount	Percent
Fees	\$60,000	1%
Federal Grants	\$964,041	19%
State Grant Funds	\$1,201,842	23%
Local	\$2,945,058	57%

Mr. Russell concluded by stating that the performance contract must be signed by the CSB Chair by August 3rd. He added that he will present actual numbers for FY18 at the August 13th Executive Committee meeting and again at the September 19th full board meeting.

Virginia Hospital Center (VHC) Update

Chair Hermann stated that meetings were held between the Arlington Mental Health Alliance (AMHA) and the County Board members to discuss the VHC expansion. Ms. Warren attended each of the meetings. She added that the CSB is also working to schedule meetings with the County Board members to discuss the same.

Ms. Warren reported that VHC and the CSB member work group came to an agreement on a few of the draft site plan conditions. She stated that the County Board is aware of the agreements, to date, and is in support of requesting that VHC contribute financially to support the expansion of the Children’s Crisis Mobilization (CR2) Program. Ms. Warren added that she and Mr. Russell met with Matt Ladd, Principal Planner, Department of Community Planning, Housing and Development, today. Mr. Ladd will draft the site plan conditions, already

agreed upon, into the appropriate legal language that will be brought before the Planning Commission and then the County Board for approval in September. The members discussed concerns and requests that have been brought up by the neighboring residents.

Chair Hermann reported that she received information from Naomi Verdugo, member of the community leading an effort in support of CR2, stating that individuals will be writing letters in support of CR2 from the School Board, The Partnership for Children, Youth and Families, the Special Education PTA and the Virginians Organized for Interfaith Community Alliance.

Update: State Legislative Budget Priorities

Mr. Russell, Assistant BHC Division Chief, provided an update about the CSBs recommended FY20 State and legislative budget priorities. Ms. Mauller will schedule meetings for the CSB to meet with Arlington County's legislators during the November 7th Executive Committee meeting.

The recommendations are as follows:

State budget recommendations

- Expand regional funding for Children's Regional Crisis Response (CR2) and increased services for children
- Fully fund StepVA
- Fund competitive integrated employment
- Enhance capacity for assessing and treating individuals with autism and co-occurring behavioral health conditions through expert clinical assessment and consultation
 - Establish regional multi-disciplinary teams comprised of psychiatrist, psychologists, nurses and other relevant professionals to diagnose and treat individuals with ADS and co-occurring behavioral health conditions as well as provide consultation to physicians, school personnel, family members and other stakeholder serving individuals with ASD.
- Expand early intensive intervention services for young adults
- Confronting the opioid crisis

State legislative recommendations

- Support for legislative action that would lead to increased utilization of Mandatory Outpatient Treatment (MOT)
- Legislative action to include individuals with caregivers over the age of 60 in the Priority One wait list for the Developmental Disabilities (DD) Waiver. Propose the following amendment to the Priority One criteria. Add "the individual lives with aging caregivers, aged 60 years or older"

Group Home Report

Mr. Russell stated that the group home report for the month of June was provided at the June 11th Executive Committee meeting.

CSB Executive Director's Report

Ms. Warren provided an update about the Children's Regional Crisis Response (CR2) program.

Ms. Warren reported out about the Regional Executive Director's Forum held on July 10th and 11th.

- The new DBHDS Commissioner, Dr. Melton, is touring Virginia CSBs
- Commissioner Melton is encouraging smaller CSB boards to merge in order to increase infrastructure
- Discuss was held about Medicaid expansion
 - There will be a reduction in State funding for all CSBs in FY19 with the expectation that CSBs will be able to increase their revenue due to the expansion of Medicaid
 - DHS staff are researching which clients will be eligible for Medicaid and assist them with the enrollment process
 - Staff hours will be expanded to prepare for enrolling clients

Support Objective of a Wellness and Recovery Home in a Residential Community

Chair Hermann opened a discussion about the letter of support for a wellness and recovery home in Arlington written by CSB Member, Jenette O'Keefe. She stated that Ms. O'Keefe reached out to DHS Communications Manager, Kurt Larrick, for assistance in exploring visible community placements for the information.

Mr. Larrick provided several suggestions for placement in the community:

- Letters to the editor and op-ed pieces to the Washington Post, Arlington Connection, the Sun Gazette and ARLnow
- Patch
- WERA Radio

The members agreed to reach out to all of the above listed media outlets.

Miscellaneous Updates/Information

- ✓ Ms. Mauller asked the members for suggestions for inclusion in the CSB FY18 Annual Report.
- ✓ Chair Hermann reported out about the CSB Vacancies. She stated that three of the recently interviewed candidates were submitted to and approved by the County Board Office. She added that there are two remaining vacancies and that several individuals have expressed an interest in joining the Board but have not yet applied.
- ✓ Chair Hermann reported that Ms. Deane, Ms. Skelly and Ms. Takemoto have volunteered to hold work sessions, beginning in August, to discuss events for the CSB 50th Anniversary Celebration.
- ✓ Chair Hermann announced that the County Board Office is planning an orientation for new advisory group members on September 13th from 6:30 p.m. to 9:00 p.m. in the County Board room, although the date may change. The orientation will include a panel discussion and group exercise entitled "Common Challenges and Questions in Conducting Advisory Group's Business. Chair Hermann has been invited to be on the panel.
- ✓ Chair Hermann reported that the Mental Health Committee staff liaisons are organizing an orientation for new committee members and staff.
- ✓ Chair Hermann announced that the Program for Aggressive Community Treatment (PACT) BBQ has been canceled due to a staff shortage in the program.
- ✓ Chair Herman, on behalf of Ms. Deane, stated that members of NAMI, working with the Mental Health Committee, are organizing a meeting for concerned family members to meet with the CIT Coordinator, CSB staff and an ACPD representative to consider possible ways of improving interactions during a psychiatric emergency. She added that the first step will be to coordinate within the CSB.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 8:45 p.m.

Respectfully submitted by Kelly Mauller