



# The Arlington Community Services Board

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**Anne Marie C. Hermann**  
ACCSB Chair

May 23, 2018  
2120 Washington Blvd.  
Arlington, Virginia  
7:00 pm – Full Board Meeting

**Deborah Warren**  
DHS Deputy Director/  
CSB Executive Director

**Present:** Cherie Takemoto, Judy Deane, Anne Hermann, Frank Haltiwanger, Dori Mitchell, Jenette O’Keefe, Jay Ternent, Linda Kelleher, Asha Patton-Smith

**Excused:** Jim Mack, Carol Skelly, Atima Omara, Leslie Gosling, Joanne Del Toro, Steve Taphorn

**Staff:** Kelly Mauller, Ollie Russell, Deborah Warren

## **Public Comment(s)**

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

Chair Hermann introduced David Fitzgerald, member of the Mental Health Committee. Mr. Fitzgerald stated that he has been collaborating with Arlington Legislator, Delegate Hope, Chairman of the House’s Courts of Justice Committee, Delegate Bell, and ex-Chairman of the same committee, Dave Albo, to proposed removing a provision in the Mandatory Outpatient Treatment (MOT) law which states that an individual “has agreed to abide by his discharge plan and has the ability to do so”. He added that the provision conflicts with the mandatory status of the law and can be misinterpreted as requiring consent by the individual. Mr. Fitzgerald asked the members if they would be willing to support a letter of advocacy to remove the current provision in the MOT law and if the CSB would like to take a position of support on MOT.

Chair Hermann responded that the CSB has discussed MOT in the past but an action plan was not developed. Mr. Fitzgerald stated that he will develop a draft statement and letter of support for the CSB members to review.

Ms. Warren reminded Mr. Fitzgerald and the CSB members that staff cannot directly advocate for changes in the law. She added that information can be shared through County Attorney and CSB Legislative Liaison, Patricia Carroll. Ms. Warren stated that she will discuss the concern about the language in the MOT law to the other regional CSB Directors.

Ms. Deane asked what the difference is between Assisted Outpatient Treatment (AOT) and MOT. Mr. Fitzgerald responded that, in Arlington, they are interpreted the same.

Mr. Ternent asked for the code number of the law. Mr. Fitzgerald responded that he will find and provide the code to the CSB.

### **Introduction: New Child and Family Services Bureau Chief**

Ms. Warren, DHS Deputy Director/CSB Executive Director, introduced Jamii PremDas. Ms. PremDas has accepted the position of Child and Family Services Bureau Chief. Ms. Warren provided an overview of Ms. PremDas's professional experiences.

Ms. PremDas stated that she is excited to join the Child and Family Services Bureau.

### **Approval of the April 18, 2018 ACCSB Meeting Minutes**

Chair Hermann called for a motion to approve the April 18, 2018 ACCSB Full Board meeting minutes. Mr. Haltiwanger motioned to approve the minutes, Ms. O'Keefe seconded the motion, and the minutes were approved as amended.

### **Retreat Debrief and Next Steps**

Chair Hermann opened a discussion about the CSB Annual Retreat held on May 19<sup>th</sup> at 2120 Washington Boulevard. Bryna Helfer, Assistant County Manager in Communications, presented about public engagement values and strategies.

The members discussed the following during the retreat:

1. Strategic planning for the upcoming fiscal year local and State budget
  - Chair Hermann stated that she received a letter from the County Board stating that they are seeking the perspective and input of commissions in the development of Arlington's FY 2019 legislative priorities. She provided an overview of the suggested topics.
    - Fully fund StepVA
    - Expanding regional funding for CR2
    - Funding for competitive integrated employment
    - Gaps in services for individuals with autism
    - Challenges with HIPPA when communicating across systems
    - Expand services for young adults with a focus on transitional youth
    - Increased services for children
    - Intervention for First Episode Psychosis
    - Confronting the opioid crisis
    - Support for increased utilization of MOT

Comments are due to CSB Liaison and County Attorney, Pat Carroll, by June 22<sup>nd</sup>.

- Ms. Takemoto presented an additional suggestion for legislative action to categorize individuals, with caregivers over the age of 55, to the Medicaid Priority One List. She stated that changes to the waiver currently state that, if an individual is unable to obtain a waiver by age 27, he or she will not be eligible to receive the waiver until the caregiver becomes incapacitated. She proposed the following amendment to the Priority One criteria.
  - Add "the individual lives with aging caregivers, aged 55 years or older and will be in need of placement within one year."
  - Amend the criteria for the individual who is no longer eligible for services under the Individuals with Disabilities Education Act (IDEA) to "an individual is no longer eligible for IDEA services and is ready to transition to independent living with supports."

2. Community engagement, including the CSB 50<sup>th</sup> anniversary celebration scheduled for November 2<sup>nd</sup>
  - Ms. Warren provided an overview of the suggestions for the 50<sup>th</sup> anniversary celebration.

### **Virginia Hospital Center (VHC) - Site Plan Review Committee (SPRC) Meeting:**

Ms. Warren stated that VHC presented multiple draft schematic plans for the expansion. Ms. Deane presented to VHC on behalf of the CSB. Ms. Deane reported about some of the draft site conditions presented at the meeting.

- Prior to submitting the COPN request, VHC shall seek the approval of the County Manager or his designee for the number of beds requested and the allocation of beds between psychiatric beds and substance use beds
- Prior to seeking the approval of the County Manager or his designee, VHC shall confer with County staff and CSB representatives to apply the jointly developed methodology for demonstrating the public need for the increase in the number of beds and the allocation of beds between psychiatric beds and substance use beds
- VHC shall consult with County staff and the CSB representatives in developing the expansion of the psychiatric unit
- VHC shall consult with County staff and the CSB representatives in developing the expansion of the Emergency Department
- VHC shall seek the approval of the County Manager or his designee for the plan to develop the new Behavioral Health Services Center

The members discussed scheduling meetings with the County Board Members to show support of the results in the draft site conditions but to also speak about the lack of services for children. Ms. Patton Smith stated that the Child and Family Committee would be willing to write a letter of advocacy in support of VHC funding for an additional CR2. The members agreed that the Child and Family Committee should continue their advocacy but not through a formal letter.

The members agreed that the CSB will recommend, to the County Board, that Ms. Warren be appointed as the County Manager's designee.

### **Support Objective of a Wellness and Recovery Home in a Residential Community: Draft**

Ms. O'Keefe presented a draft statement in support of the objective of best practice supervising and treating young persons in recovery from mental health issues, including substance use, within a community setting (Refer to Handout). The members discussed the statement and provided feedback.

### **CSB Vacancies**

Chair Hermann announced that there are currently 3 vacancies on the CSB full board. She asked the members to think about diverse individuals that may be interested in joining. All interested individuals must apply for membership via the County public website.

### **CSB Executive Director's Report**

- ✓ Ms. Warren reported that DHS and Arlington Schools are now holding monthly collaboration meetings.
- ✓ Ms. Warren reported that the DHS Leadership Team, comprised of staff across all CSB programs, is reviewing a service standard of 50% service capture. The data will be reviewed to determine what is working and how the quality of services can be enhanced. She added that the Leadership Team is also reviewing procedures, quality assurance measures. Increased training has also been made available to staff.

### **Miscellaneous Updates/Information**

- ✓ Ms. Warren provided an update about the autism study being conducted to identify gaps in services for individuals with autism. She stated that services are being assessed on an individual case-by-case basis utilizing a service integration model.
- ✓ Ms. Warren reported that the intake staff from Developmental Disability Services and BHD are conducting integrated collaboration meetings about eligibility criteria and gaps in service.
- ✓ Ms. Warren reported out about the Opioid Town Hall held on May 2<sup>nd</sup> at Kenmore Middle School. She noted that this Town Hall was not as well attended as the first Town Hall.
- ✓ Ms. Mauller provided an update about the CSB Annual June Awards Ceremony scheduled for June 20<sup>th</sup> from 6:00 p.m. to 7:00 p.m. at 2100 Washington Boulevard in the lower level auditorium. She stated that all of the nominees have been notified and that the awards have been ordered.
- ✓ Ms. Mauller asked the members to think about topics for inclusion in the CSB FY18 Annual Report.
- ✓ Chair Hermann reported that the Regional Older Adults Mental Health Support Team (RAFT) held its 10<sup>th</sup> anniversary event and thanked the Arlington CSB for their support.

### **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller