



## The Arlington Community Services Board

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**Anne Marie C. Hermann**  
ACCSB Chair

September 19, 2018  
2100 Washington Blvd.  
Lower Level Auditorium  
Arlington, Virginia  
7:00 pm – Full Board Meeting

**Deborah Warren**  
DHS Deputy Director/  
CSB Executive Director

**Present:** Anne Hermann, Jim Mack, Cherie Takemoto, Carol Skelly, Dori Mitchell, Jenette O'Keefe, Linda Kelleher, Asha Patton-Smith, Judy Deane, Joanne Del Toro, Steve Taphorn, Gretchen Foster, David FitzGerald, Steve Gallagher

**Excused:** Frank Haltiwanger

**Staff:** Kelly Mauller, Deborah Warren

**Guests:** Roberto Herrero, Lynn Kozma

### **Public Comment(s)**

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

### **CSB Recognition Award**

The Mental Health Jail Services Team was nominated to receive the September 19, 2018 CSB staff recognition award. Shanee Daley, Mental Health Jail Team Supervisor, nominated her team to receive the award. Ms. Daley spoke about the members of the team:

- Aubrey Graham – works in reentry unit and with alternative sentencing for individuals
- Brooke Postlewaite – worked in segregation unit – recently transferred to the Fairfax County jail
- Joe Burgus – On call Mental Health Therapist
- Abid Hussain – Mental Health Therapist
- Jordan Seltzer – works with women in the mental health unit and in general population
- Sonia Shuhart – responsible for on-call emergencies

Ms. Daley provided an overview of programs that her staff are involved in at the jail and stated that she nominated the team for their dedication and team work during a time period in which she was out of the office for a week. Ms. Daley invited the members to visit the jail to see their program.

The nominees thanked Ms. Daley for the nomination and the CSB for the work that they do.

### Approval of the June 20, 2018 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the June 20, 2018 ACCSB Full Board meeting minutes. Mr. Mack motioned to approve minutes, Mr. FitzGerald seconded the motion, and the minutes were approved with no changes.

### Approval of the July 20, 2018 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the July 20, 2018 ACCSB Full Board meeting minutes. Ms. Mitchell motioned to approve minutes, Ms. Deane seconded the motion, and the minutes were approved with no changes.

### Introductions of new CSB Members

Chair Hermann introduced and welcomed the new County Board appointed members to the CSB; Gretchen Foster, Steve Gallagher and David Fitzgerald.

### Overview: CSB State Performance Contract

Rudbel Alfaro, Behavioral Healthcare Administrative Officer, provided an overview of the end of year financial outcomes in the CSB State Performance Contract for FY17 and FY18. Mr. Alfaro stated that the State Performance Contract was submitted to the State on August 31<sup>st</sup>. Ms. Warren added that the Performance Contract specifies core services that the CSB is required to deliver to receive funding.

Mr. Alfaro stated that the Performance Contract is divided into four program areas.

- MH
- DDS
- SA
- Emergency and Ancillary Services

Mr. Alfaro provided a comparison of the FY17 and FY18 program costs.

### Ancillary Services

Core Service	Unit Type	FY 2017 End of Year			FY 2018 End of Year		
		Units	Clients	Costs	Units	Clients	Costs
Assessment and Evaluation Services	Service Hour	10,520	2759	\$1,806,011.66	10,953	2959	\$1,822,501.45
Consumer Monitoring	Service Hour	5,776	525	\$816,530.62	5,234	522	\$832,229.67
Consumer-Run Services			531	\$315,895.79		432	\$337,785.14
Emergency Services	Service Hour	12,054	2035	\$2,185,455.07	11,241	2039	\$2,698,302.46

**Developmental Disability Services**

		FY 2017 End of Year			FY 2018 End of Year		
Core Service	Unit Type	Units	Clients	Cost	Units	Clients	Cost
Ambulatory Crisis Stabilization Services	Day Support Hour	3405	178	\$1,599,282.84	3390	214	\$767,425.26
Case Management	Service Hour	11,248	238	\$1,722,035.54	10,248	252	\$1,612,089.31
Group Supported Employment	Day of Service	3,898	24	\$756,407.31	3,402	23	\$684,166.68
Rehabilitation	Day Support Hour	53,531	57	\$3,680,968.27	52,574	58	\$3,351,844.56
Individual Supported Employment	Service Hour	1,357	24	\$120,384.69	849	20	\$88,123.55
Intensive Residential Services	Bed Days	1983	7	\$1,108,388.57	1386	9	\$1,209,230.29
Supervised Residential Services	Bed Days	6,460	18	\$1,392,001.62	6,335	18	\$1,637,761.27
Supportive Residential Services	Service Hour	5,142	16	\$175,625.73	3,168	9	\$161,160.27

**Mental Health Services (Outpatient)**

		FY 2018 Projection			FY 2019 Projection		
Core Service	Unit Type	Units	Clients	Cost	Units	Clients	Cost
Assertive Community Treatment	Service Hour	8,751	126	\$1,542,971.51	8,710	127	\$1,726,072.75
Case Management	Service Hour	36,369	1,564	\$4,634,718.36	31,075	1,898	\$4,983,092.40
Group Supported Employment	Service Hour	70	31	\$5,677.70			
Individual Supported Employment	Service Hour	4,523	230	\$411,203.11	2,663	208	\$405,731.02

Outpatient Services	Service Hour	36,175	3,314	\$7,227,876.77	23,949	1,599	\$4,431,123.63
Psychiatric Services	Service Hour				11,218	2,091	\$3,359,257.86
Rehabilitation	Bed Days	42,115	112	\$1,197,800.58	44,661	112	\$985,123.29
Sheltered Employment	Service Hour	42	1	\$40,184.62			
Prevention	Service Hour	523		\$34,010.03			

**Mental Health Services (Residential)**

Core Service	Unit Type	FY 2018 Projection			FY 2019 Projection		
		Units	Clients	Cost	Units	Clients	Cost
LIPOS	Bed Days	879	95	\$358,947.00	750	71	\$401,863.00
Ambulatory Crisis Stabilization Services	Bed Days	9,914	401	\$1,595,049.27	12,304	547	\$1,646,679.63
Highly Intensive Residential Services	Bed Days	2,920	8	\$869,411.30	386	8	\$179,315.98
Intensive Residential Services	Bed Days	9,550	29	\$1,579,101.38	9,464	27	\$1,722,740.54
Supervised Residential Services	Bed Days	25,004	97	\$4,287,077.57	34,029	134	\$4,412,965.94
Supportive Residential Services	Service Hour	1,906	43	\$572,672.52	2,273	24	\$720,535.17
Residential Crisis Stabilization Services	Bed Days	1,539	108	\$641,383.74	\$1,431	117	\$636,750.77

**Substance Use Disorder Services**

Core Service	Unit Type	FY 2018 Projection			FY 2019 Projection		
		Units	Clients	Cost	Units	Clients	Cost
Outpatient Services	Service Hour	10,300	524	\$1,717,215.46	11,601	620	\$1,803,748.09
Intensive Outpatient	Service Hour	4,398	86	\$483,156.60	4,026	94	\$648,839.51
Case Management	Service Hour	1,826	177	\$226,027.48	2183	229	\$420,263.45
Medication Assisted Treatment	Service Hour	287	18	\$32,116.19	1,207	34	\$78,442.42
Individual Supported Employment	Service Hour	938	51	\$82,693.48	628	60	\$95,681.22
Highly Intensive Residential Services	Bed Days	1,833	143	\$734,311.31	2,318	147	\$808,337.10
Intensive Residential Services	Bed Days	3,703	56	\$865,780.93	5,164	77	\$1,028,109.79
Supervised Residential Services	Bed Days	1,859	23	\$345,420.43	3,986	38	\$509,596.93
Prevention	Service Hour	2,390		\$154,654.30	1,192		\$124,905.37

**CSB Financing FY18**

CSB	FY 2018
Fees	\$3,689,692
Federal Grants	\$1,585,434
State Grants	\$12,891,721
Local Funding	\$27,745,586
One-time Funding	\$17,500

The members discussed the performance contract and had several questions about each of the four programs. Mr. Alfaro stated that he will research answers to the questions asked and provide an update to the board members.

### **Virginia Hospital Center (VHC) Update**

Chair Hermann reported that the Planning Commission decided to recommend to the County Board that they delay in making decisions regarding the VHC expansion. She added that the decision rises from concerns expressed by the surrounding Neighborhood.

Chair Hermann announced that the proposed changes to the site plan conditions will be presented to the County Board for discussion on September 22<sup>nd</sup> and will then be brought before the County Board for vote on September 25<sup>th</sup>.

Chair Hermann stated that she and Ms. Deane will attend the September 22<sup>nd</sup> meeting and invited the other members to attend as well. She added that VHC has sent notices out to the community asking individuals to contact County Board Chair, Katie Cristol. Chair Hermann stated that she submitted a letter to the newspaper and has drafted a letter to Katie Cristol emphasizing the importance of behavioral health services in Arlington and that the expansion of VHC is an opportunity to expand and improve mental health services. Chair Hermann noted that VHC has agreed to include requests, made by the CSB to improve services, in the draft site plan agreement.

Ms. Deane remarked that the Children's Regional Crisis Response (CR2) Program remains a concern. CR2 is a mobile response program that provides 24-hour rapid response to all youth (17 & younger) facing a mental health and/or substance use crisis in the Northern Virginia Region. Ms. Deane stated that the CSB has requested that VHC fund two support clinicians to provide additional CR2 coverage in Arlington. She added that the Arlington Mental Health Alliance (AMHA) is advocating for the same and that the CSB has supported them.

Ms. Warren noted that the Site Plan Review Committee (SPRC) made a positive comment in a motion that VHC should provide funding to CR2. Ms. Deane clarified that the difference between CR2 and the draft site plan agreement is that the draft site plan agreement contains all the conditions that VHC must agree to prior to being able to start the expansion and CR2 is a request for VHC to provide funding. CR2 is not a condition in the draft site plan agreement.

Deborah commended the CSB for their dedication in advocating for improvements in the site plan conditions for the expansion.

### **CSB Executive Director's Report**

- ✓ Ms. Warren reported that the County is facing a projected budget gap for FY20. She stated that each division has been directed to identify and submit reductions to the County Manager by September 21<sup>st</sup>.
- ✓ Ms. Warren provided an update about Medicaid Expansion (Cover Virginia). Ms. Warren stated that Arlington is slated to receive \$277,000 from the Virginia Department of Social Services to increase eligibility operations by hiring individuals to process an anticipated 7,000 applications. She reported that an analysis was completed in August to determine how to manage the potential 3,000 new Medicaid eligible cases on an on-going basis. She added that the analysis identified the need for 6 FTEs; 4 Eligibility Workers, 1 Supervisor, and 1 Administrative Technician. She stated that the go-live date is slated for November 1<sup>st</sup>.

Ms. Warren stated that an outreach strategy has been developed which will include evening and Saturday hours to assist individuals to apply for Medicaid coverage. She added that, to fund Medicaid expansion, State general funds allocated to localities throughout the State, by DBHDS are being reduced. Ms. Warren

stated that the reductions are based on the premise that CSBs would earn additional Medicaid revenue and would be able to bill for case management services.

Ms. Warren stated that she met with the County Manager, County Board Chair, and the remaining County Board Members to advocate for the positions and the funding that will be needed for the Eligibility Workers. She added that the County Board Chair is planning to meet with the Virginia Municipal League and that County Board Member, John Vihstadt, has spoken to the Virginia Association of Counties (VACO) to advocate for allowing CSBs to keep their State funding for FY19 instead of taking a reduction. Reductions are expected in FY19 and FY20.

Mr. Fitzgerald asked for clarification on the following:

- Are the anticipated 7000 applicants and potential 3000 new Medicaid eligible clients Arlington's share of the estimated 400,000 Virginians who would now be covered?
- Will the \$600,000 reduction, be a reduction out of the 12.9 million that the State provides to the CSBs in FY19; will the reduction be 1.6 million in FY20; and is Arlington requesting a deferment of the \$600,000?

Ms. Warren responded that Mr. Fitzgerald is correct.

Ms. Skelly asked if a one-page document could be created to outline the steps taken, so far, in the advocacy process to defer the reduction to Arlington's State funding for FY19. Ms. Warren responded that she will create the one-page document.

- ✓ Ms. Warren reported that the Northern Virginia Regional Management Group is developing a plan to determine how to negotiate with local private hospitals to accept CSB Temporary Detention Order (TDO) clients into crisis psychiatric beds. Ms. Warren stated DHS met with the Executives of the private hospitals in Northern Virginia and provided them with a presentation about the number of TDO clients that were not accepted.
- ✓ Ms. Warren stated that the first CSB 50<sup>th</sup> anniversary event was originally slated to occur on November 2<sup>nd</sup> but may need to be scheduled further out. Chair Hermann asked the members to contact Ms. Mauller with any suggestions.
- ✓ Ms. Warren reported that she met with Diane Kresh, Central Library Director, to discuss holding an Arlington Reads event. She stated that the book, *Dope sick*, written by Beth Macy, will be highlighted on November 13<sup>th</sup> at 7:00 p.m. at Central Library located at 1015 N Quincy Street in Arlington.
- ✓ Ms. Warren reported that the Child Care Initiative team is developing an action and implementation plan. She stated that the Child Care Initiative was endorsed by the County Manager in June. Ms. Warren stated that an interactive community meeting regarding home day care and child care centers, to discuss making child care more affordable and accessible, was held on September 17<sup>th</sup> from 7:00 p.m. to 9:30 p.m. She noted that the event was well attended.

### **Miscellaneous Updates/Information**

- ✓ Steve Gallagher, CSB Member, provided an update about the Community Development Citizens Advisory Committee (CDCAC) (Refer to Handout). CDCAC reviews grant requests, evaluates programs and makes recommendations to the County Board for the use of federal Community Development Block Grant and Community Services Block Grant (CDBG) funds. The Committee also advises on the

development of the annual Community Development program as part of Arlington's five-year consolidated plan.

Mr. Gallagher stated that the Community Development fund is an umbrella for several different sources of funding. He directed the members to the funding snapshot on the front page of the FY19 Action Plan Citizen Summary. He stated that, overall for the current fiscal year, Federal and Local funding is approximately \$2.6 million for one-year renewable grants that all require community engagement.

#### Federal Sources

- Community Development Block Grant (CDBG) - comes from the Department of Housing and Urban Development (HUD) directly to Arlington County to benefit low to moderate income individuals, prevent or eliminate slums or blight and community development need.
- HOME Investment Partnerships (HOME) - provides formula grants to States and localities that communities use - often in partnership with local nonprofit groups - to fund a wide range of activities including building, buying, and/or rehabilitating affordable housing for rent or homeownership or providing direct rental assistance to low-income people. HOME is the largest Federal block grant to state and local governments designed exclusively to create affordable housing for low-income households.
- Community Services Block Grant (CSBG) - to fight poverty and developing self-sufficiency among low income families. The funding comes from HHS to Virginia which goes to private entities.
- Temporary Assistance for Needy Families (TANF) - designed to help needy families achieve self-sufficiency. Can only apply one time for 2 years.

#### Local Sources

- Affordable Housing Investment Fund (AHIF Housing Services) - benefits low and moderate-income households. Can only apply one time for 2 years.

Mr. Gallagher stated that CDCAC meets once a month to discuss the Action Plan and long-range planning and in October consider proposals. He added that 1/3 of the members are appointed by the County Board, 1/3 are elected by local civic associations and 1/3 are local officials or commissions. The County is the administrator of the funds for approved grants.

Mr. Gallagher informed the members about how to get involved with CDCAC.

- There are current vacancies if any of the members would like to apply for membership
- There is an annual bus tour to visit sites

- ✓ Ms. O'Keefe reported that the Substance Use Committee and the Arlington Addictions and Recovery Initiative (AARI) Stakeholders held a joint meeting on September 17<sup>th</sup> to discuss media venues to publish a letter of support of a wellness and recovery home in a residential community. Ms. O'Keefe will provide an update at a future CSB meeting. She asked the members to send any suggestions to Mauller.
- ✓ Ms. Skelly announced that there will be a joint meeting with the Mental Health, Developmental Disabilities and Child and Family Services Committees on November 8<sup>th</sup> from 6:30 to 8:30 at 2100 Washington Boulevard, in the lower level auditorium, to discuss gaps in services for individuals with autism who also have a co-occurring condition. She added that the group will also discuss going forward with a proposal to the County Board Office to apply resources to the concern. Ms. Skelly stated that a panel of staff, CSB members and community members will be present. Ms. Skelly will forward the agenda to the members once it is completed.



- ✓ Chair Hermann announced that the Northern Virginia Aging Network (NVAN) Annual Breakfast is scheduled for September 24<sup>th</sup> from 8:00 a.m. to 10:00 a.m. at the Fairfax Marriott at Fair Oaks located at 11787 Lee Jackson Memorial Hwy in Fairfax. The keynote speaker will be Dr. Jennifer Lee, Director of the Department of Medical Assistance Services, who will speak about Medicaid expansion in Virginia.
- ✓ Chair Hermann reminded the members about the CSB New Committee Member Orientation scheduled for October 23<sup>rd</sup> from 6:00 p.m. to 8:00 p.m. at 2120 Washington Boulevard in room 424. Anyone wishing to attend should RSVP Kelly Mauller.
- ✓ Chair Hermann reported that the County Board Office held an orientation for new advisory group members on September 13<sup>th</sup> from 6:30 p.m. to 9:00 p.m. in the County Board room.
- ✓ Ms. Warren announced that the CSB Annual Legislative Delegation Forum with Arlington's legislators will be held on November 7, 2018 during the first hour of the CSB Executive Committee meeting. Chair Hermann stated that the CSB will need to further develop the narratives for the budget and legislative advocacy topics to discuss with the legislators.
- ✓ Ms. Mauller distributed a draft of the CSB FY18 Annual Report. She asked the members to review the report and submit any changes to her by Wednesday October 3<sup>rd</sup>. The annual report will be brought before the full board for final approval at the October 17<sup>th</sup> meeting.

### **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller