

**Arlington Community Services Board (CSB)  
Children and Youth Committee**

**Committee Present:** Asha Patton Smith, Marguerite Tomasek, Joanne Del Toro, Betsy Greer, Janine Finnell,

**Child and Family Services Division (CFSD) Staff:** Jana Lee, Tiffany Lee, Jamii PremDas, Kim Durand

**APS:** Wendy Carria

**Called to Order:** 6:00pm

**Community Survey Update:** Community Survey results handout was reviewed. Top areas of findings were discussed. Deborah and Anita have begun meeting with the Superintendent of Schools who is not housed across the street from DHS. On-going meetings will occur every 4 weeks. Professional Clinical Development has been a heavy focus over the past months in BHB, this was also noted as a high focus area of the community survey. Service quality improvement is also a high bureau priority. There is a lack of residential treatment available for youth with substance abuse disorders. Other focus areas are outlined in the Community Survey Handout. This information is informing practice on an ongoing basis.

**Same Day Access:** Extended hours for Same Day Access are now available. Mon, Tues, Wed, and Thurs. Same Day access stats were reviewed. 52 kids have received assessments and 32 have been admitted since June 25<sup>th</sup>. Data will be presented at the next meeting to answer questions regarding referral sources for intakes, particularly CR2. Multiple presentations have been done in the schools to ensure they are aware of Same Day Access. Rebranding is suggested in communities and zip codes that are not typically seen in our services.

**Minutes:** Approved and adopted

**New Business:** There is a 25 million dollar deficit in the Arlington budget. All departments had to submit a budget reduction proposal. Intensive Case Manager is still a need for the community, funding may not be available currently but more information will be available in November. It was asked if \$200,000 could be requested from the county for an Internal Case Manager. A follow up to this conversation will happen in November

CR2 Quality Improvement Plan was discussed and subsequent changes were detailed. Many service gaps were addressed and they have not turned any children away since the QIP was put in place. Fairfax will be adding another position to CR2 with funds from their board to address capacity to divert people from the hospital. Pilot will begin and data will be tracked.

PCIT model was discussed. Staff are undergoing training in PCIT, this is one attempt to broaden service array and address needs for ages 2-6 ½. Some therapists are trained in DBT. The staff is expected to pilot before December. Referrals from PIE and BIS are expected.

BHB Data: Observations were made about the amount of clients served in 22204. Possible reasons for high utilization in 22204, recruiting efforts should be explored, it is also possible that high 22204 numbers are based on kids in foster care using 22204 as location. This data will continue to be followed and reported. Top 3 diagnosis are

DLA 20 is a functional assessment based on functioning levels in living environment and not on their pathology. This assessment will be in use by [REDACTED]. This data will inform discharge plans and treatment planning. The therapist or case manager does the assessment.

**Announcements:** Wendy Carria will become a CSB member potentially, the board is voting on her shortly.

Legislative meeting is Nov. 7 @6pm. Substance Use committee would like to do a joint meeting. Joint meeting on autism is in 2100 Washington Blvd., auditorium Thursday 6:30pm Nov. 8<sup>th</sup>. This meeting will serve as the CYCSB committee meeting for November. Then subsequent meeting in December, 12/19/18. Jamii will follow up on purpose and name of meeting.

Budget asks should be developed so that the committee can be clear on what to ask for.

Substance abuse joint meeting will be discussed in November.

Community Center focus groups will be discussed in December, Jamii will follow up on where that project is and will follow up with the committee in December.

**Next Meeting:**