

**Arlington County Community Services Board  
Executive Committee Meeting**

**December 3, 2018  
2100 Washington Blvd., Lower Level Auditorium**

**Present:** Anne Hermann, Carol Skelly, Dori Mitchell, Judy Deane, Asha Patton Smith, Cherie Takemoto

**Absent:** Jenette O'Keefe

**Staff:** Deborah Warren, Kelly Mauller, Ollie Russell,

The December 3, 2018 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 7:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Room A, Arlington, Virginia 22204.

**Approval of the November 7, 2018 Executive Committee Minutes**

Chair Hermann called for a motion to approve the November 7, 2018 ACCSB Executive Committee meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Mitchell seconded the motion, and the minutes were approved as amended.

**Autism Services: Next Steps**

Ms. Skelly referred the committee to the list of draft recommendations resulting from the joint Mental Health, Developmental Disabilities and Child and Family Committees meeting about gaps in services for individuals with Autism Spectrum Disorder (ASD) (Refer to Handout). The draft recommendations are as follows:

- Review the CSB's diagnostic categories and organization of services to determine how well the current structure meets the needs of the population
- Work with Arlington Public Schools (APS) to collect follow-up information about individuals with ASD who have left the school system but have not entered CSB services
- Consider a transitional program for young adults with co-occurring ASD and mental health issues to prevent them from decompensating when they leave school
- Establish more intensive education and training programs for families and professionals
- Reach out to other groups for support and information

Ms. Skelly suggested establishing a working group with representation from the subcommittees and a staff member to determine next steps. She added that a transitional program for young adults with co-occurring ASD and mental health issues would require funding.

Ms. Deane noted that the working group would need to determine the population to be served.

The committee agreed to form an adhoc committee and scheduled the first meeting for December 17<sup>th</sup> at 5:30 in room A of the 2100 Washington Boulevard building.

**Developmental Disabilities (DD) Waiver**

Ms. Skelly stated that The ARC of Virginia submitted a letter to Governor Northam about their funding and regulatory priorities for 2019. She added that the ARC's two primary concerns are 1)

ending the waiting list for individuals deemed Priority One on the waiting list for the Medicaid DD Waivers and 2) addressing reimbursement rates under the Waiver to ensure that providers and families can hire and retain quality staff.

Ms. Skelly stated that the Region II DD Directors have indicated that they would like to have legislation affecting individuals with DD coming out of foster care that would allow for immediate eligibility for "institutional slot allocation". She added that the Region II DD Directors are also concerned about behavioral supports that are under the waiver category of "therapeutic consultation."

Ms. Warren stated that she is impressed by Dr. Jennifer Lee, Director, Department of Medical Assistance Services (DMAS), for her efforts on Medicaid expansion. She added that Dr. Lee has been instrumental in assisting CSBs with enrolling clients in Medicaid services.

### **Group Home Request for Proposal (RFP)**

Ms. Mitchell reported that the Mental Health Group Home Committee recently hosted a We Care Dinner at the Fillmore Street Group Home managed by Community Residences, Inc. (CRI). She stated that CRI CEO Arthur Ginsberg was in attendance and expressed a concern about a lack of funding to address improving services and physical improvements to the home.

Ms. Mitchell added that, per Mr. Ginsberg, CRI is currently on a month-to-month contract with Arlington County and she asked about the RFP that will be sent out to contractors for the group home. Ms. Warren responded that she will follow up about the RFP process with DHS Purchasing.

### **Executive Director's Report**

- ✓ Ms. Warren provided an update about the County Budget. She reported that an increase in taxes is possible.
- ✓ Ms. Warren provided an update about the Virginia Hospital Center (VHC) expansion. She stated that the County Board approved accepting a grant from VHC to pilot "Diversion First." She added that VHC will fund a \$100,000 per year pilot for 1 mobile licensed clinician for 5 years. The clinician's responsibilities will include meeting with youth, up to the age of 22, presenting at the Emergency Department or crisis intervention center and providing intensive care coordination in an effort to divert the individual from being hospitalized. Ms. Warren added that staff, CSB members and VHC will engage in quarterly progress report meetings.
- ✓ Ms. Warren reported that 16 individuals, including herself, across all 40 CSBs have been chosen by DBHDS Commission Melton to determine how to develop and implement Step VA.

STEP VA includes nine services to be available in all regions of the Commonwealth. These services may be provided directly by the Community Services Boards, through regional collaborations, or by designated collaborating organizations (contractual/referral arrangements). All services are grounded in person/family centered, recovery oriented, and trauma informed approaches.

Ms. Warren reported that the Farley Center is reviewing a transformation of the Medicaid funded Behavioral Health System. She stated that she will provide an update once she has more information.

- ✓ Ms. Warren reported that changes to the CSB State Performance Contract are being proposed by Commissioner Melton.

### **Miscellaneous Updates/Information**

- ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.
- ✓ Chair Hermann announced that the Public Hearing on the Governor's Proposed Amendments to the 2018-2020 Biennial State Budget will be held on January 3, 2019 at the Fairfax County Government Center located at 12000 Government Center Parkway in Fairfax.
- ✓ Chair Hermann announced that the Arlington Delegate Public Hearing will be held on January 3, 2019 beginning at 7:00 p.m.
- ✓ Chair Hermann asked the committee if they received the invitation from the County Board Office for the Commissioner Appreciation Reception on December 6<sup>th</sup> beginning at 6:00 p.m. at 2100 Clarendon Boulevard in the County Board Room and if any of the members will attend. Several committee members stated that they will attend.
- ✓ Ms. Warren announced that her annual employment evaluation is due and informed the committee that they are welcome to provide feedback about her performance over the past year.
- ✓ The committee thanked Ms. Warren for scheduling the presentation, prior to the Executive Committee meeting, by Michael Gillette. Mr. Gillette presented about the allocation of resources in a time of scarcity. Ms. Warren will distribute the presentation once it has been sent to her.

### **Upcoming Items for CSB Full Board Meeting on December 19, 2018**

- ✓ Sara Thompson, Program Manager, Economic Independence Division (EID) Housing Bureau and Nicole Harmon, EID Housing Bureau Chief will present about Permanent Supportive Housing Programs.
- ✓ Chair Hermann will ask for any updates or informational items.

### **Adjournment**

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:30 p.m.

Respectfully submitted by Kelly Mauller.