

**Arlington County Community Services Board
Executive Committee Meeting**

**January 7, 2018
2100 Washington Blvd., Lower Level Auditorium**

Present: Anne Hermann, Dori Mitchell, Joanne Del Toro, Jim Mack, Wendy Carria, Judy Deane, Carol Skelly, Jenette O’Keefe, Asha Patton-Smith

Via Telephone – Joanne Del Toro

Excused: Cherie Takemoto, Steve Gallagher, Steve Taphorn, Gretchen Foster, David FitzGerald, Frank Haltiwanger, Lynne Kozma, Linda Kelleher, Sherry Coles

Staff: Deborah Warren, Kelly Mauller, Ollie Russell,

The January 7, 2019 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 7:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Auditorium, Arlington, Virginia 22204.

Note – Chair Hermann invited the full board members to attend the Executive Committee meeting for the purpose of discussing the CSB’s budget priorities.

Approval of the December 10, 2018 Executive Committee Minutes

Chair Hermann called for a motion to approve the December 10, 2018 ACCSB Executive Committee meeting minutes. Ms. Skelly motioned to approve the minutes, Ms. Deane seconded the motion, and the minutes were approved as amended.

Presentation: Client Fee and Ability to Pay Scale

Ms. Warren introduced Corey Travis, Financial Management Bureau Chief, and Jessica Rooney, Financial Management Analyst. Mr. Travis and Ms. Rooney presented about the client fee and ability to pay scale (Refer to Handout). Mr. Travis stated that the goal is to ensure no one pays a higher fee than they are paying now. He added that the fee scale is only applicable for individuals without insurance.

Ms. Rooney stated that the current client income scale is overly complicated for clients and staff. She explained the difference between the current and the new scale. She added that the ability to pay is determined by the client’s annual gross income minus the client’s medical and dependent care expenses.

Current Scale

20 levels
Fees increase by varying percentages
Minimum \$5 fee

New Scale

6 levels
Fees increase by 20% at each level
Minimum \$5 fee

Ms. Deane asked if the family’s income is considered when the client is their child. Mr. Travis responded that the family’s income is considered.

Ms. Mitchell asked if the eligible services listed on the fee scale are only for clients not receiving Medicaid. Mr. Travis responded that, if a client has Medicaid, a service would be covered per the fee scale if the service was not covered by one of the managed care providers.

The members discussed the presentation and agreed to ask Mr. Travis and Ms. Rooney to present the client fee scale update to the full board at the February 20th meeting. The full board will then vote to approve the changes.

CSB FY20 Budget Priorities

Chair Hermann, CSB Chair, opened a discussion about the CSB FY20 budget priorities (Refer to Handouts). Ms. Warren stated that there will be budget reductions for FY20. She added that the County Manager will announce the proposed budget on February 21st.

The CSB draft budget priorities are as follows:

Mental Health (MH) Committee

- 1 FTE Peer Recovery Specialist for the PACT team
- 1 FTE MH Therapist for Forensic Services
- 1 FTE MH Therapist for Emergency Services

Substance Use Disorder (SUD) Committee

- 1 FTE therapist to assist in addressing the increasing number of clients being seen by the Outpatient SUD team.
- 1 FTE therapist to respond to the growing Office Based Opioid Treatment (OBOT) program.
- 1.25 FTE Peer Recovery Specialist to increase outreach and focus on “warm hand-off’s” from jail and residential treatment programs. - The members agreed not to advocate for this request at this time due to receiving a Care First Grant for a 1.25FTE peer for two years.

Developmental Disabilities (DD) Committee

- Customized employment, especially as a service for the upcoming "graduates." - The members agreed not to advocate for this request at this time.

Child and Youth (CY) Committee

- The Child and Youth Committee does not have a request at this time.

Joint Mental Health, Developmental Disabilities and Child and Youth Committees

- .5 FTE to increase the current psychologist from .5 to 1.0 FTE
- \$60,020 for a consultant who can provide clinical supervision and coaching for staff working with clients with ASD/MH. The consultant would be expected to coach staff on developing and implementing behavioral plans, in addition to the ongoing clinical support.

Ms. Warren stated that DHS secured funds for the region from the State to invite Dr. Robert Fletcher to Northern Virginia on February 25th, 26th and 27th to train clinical staff about autism and co-occurring behavioral health issues and how to treat them. The training will be held in Fairfax. She added that enough funding was secured to be able to have Dr. Fletcher train an additional cohort in June of 2019.

Ms. Warren provided an overview of the Alexandria CSB's Macro Allocation Budget Development Guidelines, developed in 2009. The guidelines are as follows:

- Maximize the ratio of services to administrative costs
- Define the mission and values and note that there is an obligation to meet minimum standards of care in any program offered.
- Knowing that programs can not all run at minimum standards, selection from programs should be based on the following points, in order, funding all possible programs to minimum standards before providing additional funds to any particular program:
 - Select programs that meet minimum mandates
 - Select programs that meet acute needs (risks to life, safety or basic physiological function or basic developmental needs are imminent, or failure to provide services will result in imminent emergence of these risks)
 - Select programs that provide or contribute to the most effective services (measurable outcomes)
 - Select programs that maximize efficiency (unit cost) for the organization
 - Re-engage in defining mission once the limits of available resources are understood

Miscellaneous Updates/Information

- ✓ Ms. Warren provided a follow up to the Mental Health Group Home Committee's concerns about the Fillmore Street Group Home, resulting from the recent We Care Dinner. It was previously reported that, during the dinner, CRI CEO, Arthur Ginsberg, had expressed a concern about a lack of funding to address improving services and physical improvements to the home. Mr. Ginsberg had also inquired about the RFP that will be sent out to contractors for the group home.

Ms. Warren stated that she made an unannounced visit to tour the home and spoke with staff and residents that were present. She reported that the home was in good condition.

She added that she also met with Mr. Ginsberg and Deanne Mullins about the RFP. She informed Mr. Ginsberg and Ms. Mullins that the RFP has been sent to DHS purchasing.

- ✓ Chair Hermann reported out about the Public Hearing held on January 3rd regarding the Governor's Proposed Amendments to the 2018-2020 Biennial State Budget. Ms. Mauller will email the testimonies to the members.
- ✓ Chair Hermann reported out about the Arlington Delegate Public Hearing held on January 3rd. Ms. Mauller will email Chair Hermann's testimony to the members.
- ✓ Ms. Warren provided an update on the regional monthly StepVa Advisory Council (STAC) meeting with Commissioner Melton.
 - Finalizing the definition of primary care screening and developing outcome measures
 - Finalizing the definition of outpatient and crisis services
 - Discussed health opportunity index, health professional shortages survey & formula and a formula for the proportionate of Medicare clients
 - Arlington will receive \$163,000 from the State in ongoing funds to execute primary care screenings.
 - Funding will be distributed to all CSBs this month

- Must develop a regional plan to determine how to achieve the objectives of primary care screenings by January 25th.
- ✓ Chair Hermann stated that the Mary Marshall Assisted Living Residence (MMALR) Committee is in need of additional members. She asked the members to let her know of anyone who may be interested in joining. The committee meets the 1st Thursday of each month at MMALR.
- ✓ Chair Hermann announced that the Regional Older Adult Facilities Mental Health Support Team (RAFT) is changing its meeting format to be more inclusive of members of the community. She asked the members to let her know if they are interested in joining the committee. The committee will meet quarterly.
- ✓ Ms. Deane recommended that the CSB form a committee or designate members to continue their interaction with the Virginia Hospital Center (VHC) during the expansion process.

Upcoming Items for CSB Full Board Meeting on January 23, 2018

- ✓ Chair Hermann will ask the members for any updates or informational items.

Adjournment

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:00 p.m.

Respectfully submitted by Kelly Mauller.