

**Arlington County Community Services Board
Executive Committee Meeting**

**June 10, 2019
2818 Key Boulevard, Arlington VA 22201**

Present: Anne Hermann, Judy Deane, Carol Skelly, Asha Patton-Smith, Joanne Del Toro, Jim Mack

Excused: Dori Mitchell

Staff: Ollie Russell, Kelly Mauller, Deborah Warren

Approval of the May 13, 2019 Executive Committee Minutes

Chair Hermann called for a motion to approve the May 13, 2019 ACCSB Executive Committee meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved as amended.

CSB Executive Director's Report

- ✓ Ms. Warren stated that she received a message from the Office of Emergency Management, at the State level, requesting for volunteers from CSBs to provide crisis counseling in Virginia Beach, due to the recent shooting tragedy. She added that Arlington County sent six DHS clinicians who provided approximately 144 hours of service to those affected by the tragedy.
- ✓ Ms. Warren stated that the Department of Behavioral Health and Developmental Services (DBHDS) has contracted with JBS International Services to perform a state-wide Behavioral Health System Assessment of all CSB programs. She noted that the Arlington CSB will be the first CSB to go through the assessment. She added that JBS will conduct interviews with the Chair and Executive Director of the CSB, conduct individual interviews with staff, and hold focus groups for clients and staff. The assessment will be focused on mental health and substance use disorder treatment services. The assessment will be conducted on June 25th and 26th.
- ✓ Ms. Warren stated that the State will conduct a second study by Virginia Commonwealth University (VCU) on the Behavioral Health Equity Index. She noted that the study will cover racial and economic equity. Ms. Warren will provide the date of the study once she receives it.
- ✓ Ms. Warren provided an update about the Step VA Advisory Council (STAC) meeting. She stated that Step VA is the regulations going forward to strengthen the entire CSB system so that there is more consistency in services across the State. Ms. Warren noted that the first required steps were to implement Same Day Access (SDA) and provide Primary Care Screenings. All 40 CSBs have implemented SDA and primary care screenings.

Ms. Warren reported that the next step for STAC is to define outpatient services. She stated that Arlington will receive an allocation of \$224,000 in base-line funding to assist in providing outpatient services. The funding will allow Arlington to hire 1FTE to support children's services and 1FTE to support adult services. An outpatient plan is being developed to determine how to utilize the positions. She stated that a needs assessment was performed to review average case-loads, the number of individuals on wait lists, number of individuals served, etc.

Ms. Warren reported that STAC is also working to develop a best practices plan to increase mobile crisis services. She stated that these services would include an increase in staff being able to go out into the community with police to provide crisis stabilization services. Ms. Warren reported that STAC is also working to define the remaining steps that CSBs are required to implement. She listed the remaining steps:

- peer support and parent partners
- intensive care coordination
- services to active military vets and their family members to ensure that CSBs understand military cultures not just to veterans, but to their family members.

Ms. Skelly asked about the parent partners. Ms. Warren responded that parent partners are parents with lived experience who mentor other parents.

- ✓ Ms. Warren stated that there is also a Behavioral Health Redesign initiative around Medicaid taking place. She noted that the Behavioral Health Redesign is to review the services that are not being covered by Medicaid and to ensure that the services are evidence based/best practice and that the full service of delivery system, including prevention and early intervention are being reimbursed by Medicaid at an adequate level.

CSB Annual Retreat

- ✓ Chair Hermann reminded the members about the CSB Annual Retreat scheduled for Saturday June 15th from 9:30 a.m. – 2:00 p.m. at the 2120 Washington Boulevard location. Patrick Hope will attend as the lunch time speaker and present about working effectively with our General Assembly Delegation. Jennifer Faison, VACSB Executive Director, will attend to present about legislative and budget advocacy.

Miscellaneous Updates/Information

- ✓ Ms. Mauller reminded the committee that the CSB Annual June Awards Ceremony will be held on June 19th, one hour prior to the CSB Full Board meeting at 6:00 p.m. at 2100 Washington Boulevard in the lower level auditorium.
- ✓ Chair Hermann reported that she and Ms. Warren interviewed a potential new Board Member and recommended him to the County Board Office for appointment. She added that an interview has been scheduled for a second potential board member.
- ✓ Chair Hermann distributed a draft letter to the County Board thanking them for allocating additional FY20 funding for CSB priority needs sufficient to fund 1.5FTEs of the CSBs request for 2.5FTEs. The letter also states that the CSB, in consultation with staff, determined that the funding will be applied to a 1FTE position in Emergency Services and a .5FTE to expand an existing position to full time.
- ✓ Chair Hermann noted that there is not sufficient data available, at this time, to submit a letter to the Procurement Office regarding the status of the group homes RFP. Ms. Warren will speak with DHS Director, Anita Friedman, regarding the RFP and report back at the June 19th CSB full board meeting.
- ✓ The members discussed a recent sentinel event in a group home.

Upcoming Items for CSB Full Board Meeting on June 19, 2019

- ✓ The CSB will hold their Annual Awards Ceremony one hour prior to the regular full board meeting.

- ✓ Chair Hermann will ask for any updates and information.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:00 p.m.

Respectfully submitted by Kelly Mauller.