

**Arlington County Community Services Board
Executive Committee Meeting**

**November 7, 2018
2100 Washington Blvd., Lower Level Room A**

Present: Anne Hermann, Carol Skelly, Dori Mitchell, Judy Deane, Asha Patton Smith, Cherie Takemoto, David FitzGerald, Frank Haltiwanger, Wendy Carria, Jim Mack

Absent: Jenette O'Keefe, Joanne Del Toro, Sherry Coles, Gretchen Foster, Steve Taphorn, Steve Gallagher, Linda Kelleher, Lynne, Kozma

Staff: Deborah Warren, Kelly Mauller, Ollie Russell, Patricia Carroll

The November 7, 2018 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Chair Anne Hermann at 6:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Room A, Arlington, Virginia 22204.

The regularly scheduled Arlington County Community Services Board (CSB) meeting was preceded by the CSB's Annual Legislative Delegation Forum. The legislators in attendance were Karol Straub, Aide to Senator Janet Howell (32nd Senate District), Senator Barbara Favola (31st Senate District), Christopher Leyen, Aide to Senator Adam Ebbin (30th Senate District); Delegate Richard Sullivan (48th House District) Delegate Mark Levine (45th House District), Delegate Patrick Hope (47th House District), and Kevin Saucedo-Broach, Aide to Delegate Alfonso Lopez (49th House District). The purpose of the Forum was to discuss the needs of the Arlington CSB and to promote open dialogue with the members of the General Assembly representing Arlington.

State budget and legislative issues relating to mental health, developmental disabilities and substance use were discussed, specifically (Included in Packet):

Budget

- ✓ Restore proposed reductions resulting from Medicaid expansion for CSB services
- ✓ Fully fund StepVA
- ✓ Enhance capacity for assessing and treating individuals with autism and co-occurring behavioral health conditions through expert clinical assessment and consultation

Legislative

- ✓ Support for legislative action that would lead to increased utilization of Mandatory Outpatient Treatment (MOT)
- ✓ Legislative action to include individuals with caregivers over the age of 60 in the Priority One wait list for the Developmental Disabilities (DD) Waiver. Propose the following amendment to the Priority One criteria. Add "the individual has aging caregivers, aged 60 years or older."

Senator Favola commented that approximately 77,000 Virginians that are suffering from mental illness may be eligible for services, due to the expansion of Medicaid. She added that a study by DBHDS indicated that if the eligible individuals were to receive services when needed, there would be a cost savings to the State because hospitalizations would be diverted.

Delegate Sullivan commented that legislators are concerned about the reductions to CSBs due to Medicaid expansion.

Questions, responses and comments:

Medicaid Expansion

Question: Delegate Sullivan asked how many individuals, currently receiving services, will be eligible for Medicaid.

Response: Ms. Warren responded that approximately 300 individuals, currently receiving services, may be eligible. She added that, under Medicaid expansion, approximately 500 additional Arlingtonians may become eligible for CSB services.

Question: Mr. Leyen asked what the FY20 reduction of \$1.6 million in State funding represents in terms of percentage of the entire operating budget.

Response: Ms. Warren responded that State funds represent 40% of the budget; or \$13 million.

Question: Ms. Carroll asked if the CSB is serving non-citizens.

Response: Ms. Warren responded that individuals are provided services regardless of legal status.

Comment: Delegate Hope commented that CSBs may have individuals referred for services, possibly by hospitals, that are Medicaid eligible but not currently receiving services.

StepVA

Comment: Delegate Hope stated that the currently unfunded portions of StepVA are on schedule to be adopted for funding in FY20.

Assessing and treating individuals with autism and co-occurring behavioral health conditions

Question: Delegate Hope asked if the CSB knows which of the recommendations that the State Consortium will choose or if they will choose all of them, and will the Consortium bring the recommendations before the legislators for consideration.

Response: Ms. Deane responded that the CSB is recommending 1B of the Consortium's recommendations.

Question: Senator Favola asked if the CSB would be able to implement a pilot program if funding was available.

Response: Ms. Warren responded that a different type of staff expertise would be needed to implement a pilot program.

Mandatory Outpatient Treatment (MOT)

Comment: Delegate Hope commented that legislators are working on comprehensive changes to the language in the MOT law.

Priority One DD Waiver

Question: Chair Hermann asked the legislators how the CSB can follow up with them to receive information about a legislative change to the Priority One language.

Response: Senator Favola and Delegate Hope agreed to provide follow up information to the CSB.

Approval of the October 8, 2018 Executive Committee Minutes

Chair Hermann called for a motion to approve the October 8, 2018 ACCSB Executive Committee meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Mitchell seconded the motion, and the minutes were approved with no corrections.

Debriefing: Legislative Delegation Forum

The members briefly discussed the Legislative Delegation Forum.

Review: CSB By-Laws

Chair Hermann directed the members to the draft revised CSB By-laws (Refer to Handout). The members discussed the revisions on the first few pages and deferred further discussion to the December 10th Executive Committee meeting.

Executive Director's Report

- ✓ Ms. Warren provided an update about the County Budget progress. She stated that DHS was requested to submit 8.5% in reductions of local tax support to the County Manager. Ms. Warren added that the County Manager's Office releases its proposed budget to the County Board in February. The County Board gathers feedback from the public in February and April and then adopts the final budget in April. She noted that there was not a tax increase in the last fiscal year budget but that the County Manager will recommend a tax increase for this upcoming fiscal year.
- ✓ Ms. Warren provided an update about the Virginia Hospital Center (VHC) expansion. She stated that VHC is preparing to vote on a draft Memorandum of Agreement to fund a \$100,000 per year pilot for 1 mobile clinician for five years. She noted that the clinician's base location will be at the Sequoia Plaza. The clinician's responsibilities will include meeting with youth presenting at the Emergency Department and providing an evaluation in an effort to divert them from being hospitalized.
- ✓ Ms. Warren reported that DBHDS Commissioner, Dr. Melton, met with the DHS Leadership team on October 19th and was provided a site tour of the DHS campus and the Mary Marshall Assisted Living Residence.

Miscellaneous Updates/Information

- ✓ Ms. Skelly reported that she attended a Housing Arlington meeting today. She stated that the group's agenda included a budget guidance discussion for FY20. Ms. Skelly noted that the group did not discuss proposing an increase in taxes and suggested that the CSB align with the group and delay discussing any proposed tax increases to a future meeting.

Ms. Deane commented that, at a town hall, several individuals stated that they would support a tax increase.

Ms. Skelly stated that there will be two opportunities for the CSB to make a recommendation about increasing the tax rate; 1. When the County Board advertises the maximum proposed tax increase and 2. When the County Board actually sets the tax rate.

- ✓ Chair Hermann reminded the committee about the upcoming joint Child and Family Services/Mental Health/Developmental Disability Services meeting on November 8th from 7:00 p.m. to 9:00 p.m. at 2100 Washington Boulevard in the lower level auditorium about gaps in services for individuals with autism.

Ms. Skelly stated that the purpose of the meeting is to discuss young adults with a diagnosis of autism who are presenting for services with serious mental health conditions. Speakers include:

- Alan Orenstein, Outpatient Clinical Services Bureau Chief
 - La Voyce Reid, Developmental Disabilities Bureau Chief
 - Ginny Conroy, licensed special educator and the Founder and Principal of Social Grace LLC
- ✓ Ms. Warren announced that Arlington Central Library, in joint sponsorship with Arlington DHS, will host an Arlington Reads event on November 13th at 7:00 p.m. at Central Library located at 1015 N. Quincy Street. Journalist and bestselling author, Beth Macy, will present about her book "Dopesick: Dealers, Doctors and the Drug Company that Addicted America".
 - ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.
 - ✓ Ms. Warren announced that Michael Gillette, Ph.D., of Bioethical Services of Virginia has offered to meet with the CSB and Committee members on December 3rd beginning at 5:00 to present on the allocation of resources in a time of scarcity. Anyone interested in attending should RSVP to Ms. Mauller. The presentation will take place before the December Executive Committee meeting which is being changed to the 3rd from the 10th. The Executive Committee meeting will be shortened to 1 hour.
 - ✓ Chair Hermann announced that the local delegation and Alexandria delegation are holding a forum on November 9th to discuss issues regarding aging. The forum is being sponsored by the Commission on Aging.

Upcoming Items for CSB Full Board Meeting on November 14, 2018

- ✓ Chair Hermann will ask for updates and/or announcements.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:30 p.m.

Respectfully submitted by Kelly Mauller.