



The Arlington Community Services Board

2100 Washington Boulevard
Arlington, VA 22204
(703) 228-5150 FAX: (703) 228-4853



Anne Marie C. Hermann
ACCSB Chair

February 27, 2018
2120 Washington Blvd.
Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, Steve Taphorn, David FitzGerald, Frank Haltiwanger, Steve Gallagher, Jim Mack, Wendy Carria, Lynne Kozma, Judy Deane, Jenette O'Keefe, Asha Patton-Smith, Cherie Takemoto, Carol Skelly

Excused: Gretchen Foster, Joanne Del Torro, Dori Mitchell, Sherry Coles

Staff: Kelly Mauller, Deborah Warren

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

A client expressed concern about a recent experience with Emergency Services and the conditions encountered at VHC. Ms. Warren will follow up with Emergency Services.

CSB Staff Recognition Award

David Rothman, Developmental Disability Specialist, Aging and Disability Services. The staff recognition award for Mr. Rothman was postponed until the March 20th full board meeting.

CSB Staff Recognition Award

Luis Marcano, Program of Assertive Community Treatment (PACT) Program Manager. The staff recognition award for Mr. Marcano was postponed until the March 20th full board meeting.

Approval of the January 23, 2018 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the January 23, 2019 ACCSB Full Board meeting minutes. Ms. O'Keefe motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved as amended.

CSB FY20 Budget Priorities

Chair Hermann opened a discussion about the CSB FY20 budget priorities and turned the floor over to Ms. Warren.

Ms. Warren reported that the County Manager’s budget proposal was released on February 23rd. She stated that DHS proposed reductions that include the elimination of 11 positions in the Arlington Employment Center, 4 of which were filled. She added that over the last 2 years the Employment Center has been reduced by 30%. She noted that the unemployment rate in Arlington is less than 2% and the request for employment services has also declined.

Ms. Warren reported that CSB program reductions include a ½ time vacant Human Services Aide position in Clarendon House. She added that the reduction in Aging and Disability Services Division is a vacant bed, at Birmingham Green, which will not create a negative impact on client services.

Ms. Warren reported that there is \$10,000 in local Developmental Disabilities funding that is an offset of the Medicaid Waiver.

She noted that over the past year DHS has reviewed under-utilized services and reallocated resources to higher need areas. Ms. Warren stated that one of the areas reviewed was overtime expenditures in Emergency Services; overtime expenditures were reallocated to create a new 1FTE clinician, which saves money and creates increased stability of services, and a 1FTE licensed clinician and a 1FTE Nurse Practitioner in Emergency Services.

Ms. Warren stated that, to fund Virginia’s Medicaid expansion, CSBs across the Commonwealth will have their funding reduced by a combined \$11 million in FY19 and \$25 million in FY20. She added that Arlington’s share of the reduction over 2 years is \$2.2 million; \$636,277 in FY19 and \$1.6 million in FY20.

Ms. Warren stated that, to accurately and efficiently process the expected Medicaid applications, the Arlington County Board authorized the FY19 addition of six positions; 1 eligibility supervisor, 4 eligibility workers and 1 administrative technician. She added that the FY20 cost of these positions is \$553,578. Ms. Warren stated that the Virginia Department of Social Services increased revenue reimbursement by \$277, 057 to offset a portion of the increased cost to the County. She stated that the net cost to the County for the Medicaid expansion personnel is \$276,521.

Ms. Warren stated that the County Manager proposed an increase in taxes of 1.5% and that the County Board voted to advertise a 2.75 cent increase.

Ms. Deane asked if the addition of 6 positions for Medicaid expansion are necessary considering that there are 3,000 potential individuals eligible and there are 2,700 newly enrolled individuals. Ms. Warren responded that caseloads on average are 36 in on going services and that, as individuals are enrolled in Medicaid, caseloads will increase.

Ms. Skelly asked if 3,000 a low number for the potentially Medicaid eligible individuals. Ms. Warren responded that originally the number was estimated at 7,000.

The CSB FY20 budget priorities are as follows:

Request/Position	Cost (salary + benefits)	Justification
------------------	--------------------------	---------------

1FTE Therapist	\$101,972	<ul style="list-style-type: none"> Position would be split between Substance Use and Office Based Opioid Treatment (OBOT) 19% increase in unduplicated clients in FY18 with Same Day Access Currently only 1 FTE to provide treatment, case management, outreach and facilitation of 2 groups for 19 OBOT clients
.5 Mental Health Therapist II	\$60,020	<ul style="list-style-type: none"> Increase current .5 position to full time FTE to meet the needs of clients with co-occurring autism and mental health diagnosis
1FTE ES Clinician	\$101,972	<ul style="list-style-type: none"> In FY18, the rate of TDOs increased by 20% (from 491 to 613)
Total FTEs: 2.5	Total Cost: \$263,964	

- Ms. Warren reported that, according to police reporting, there were:
 - 19 fatal opioid overdoses in 2017 and 11 fatal opioid overdoses in 2018
 - 55 non-fatal overdoses in 2017 and 42 non-fatal overdoses in 2018
- Ms. Warren reported that the number of Temporary Detention orders has increased approximately 30% over the last year.
- Ms. Warren reported that Emergency Services received over 18,000 phone calls over the last year and conducted 2,800 face-to face assessments.
- Mr. FitzGerald asked if the number of calls that came into Emergency Services are unduplicated and how does Emergency Services quantify a call. Ms. Warren responded that she does not know if they are unduplicated individuals. Ms. Warren will follow up on how a call is quantified and how the number of calls compares to the previous year and with other jurisdictions.
- Ms. Skelly will send her talking points about the need for increased services for individuals with a co-occurring autism and mental health diagnosis to Ms. Warren.
- Ms. Takemoto stated that she appreciates Ms. Warren's efforts in assisting families, the community and staff.
- Ms. Warren reported that DHS received \$300,000 in state grant funding for security and \$85,000 in state grant funding to purchase Naloxone and Vivitrol. She added that DHS has applied for Care First Grant funding of \$250,000 to hire 2 Peer Support Specialists to support opioid treatment. She stated that DHS will receive approximately \$163,000 to assist in identifying alternate resources so that the County is not further burdened with expenses associated with opioid treatment.
- Ms. Warren reported that Justice O'Brien and other individuals visited Charlottesville's Mental Health Docket. Justice O'Brien is working on the application for a Mental Health Docket to submit to the Office of the Executive Secretary by May 1st.

Chair Hermann thanked Ms. Skelly, Ms. O'Keefe and Ms. Deane for contributing bullet points for the DHS County Board Budget Work Session scheduled for February 28th. Ms. Hermann will present on behalf of the CSB. Chair Hermann presented the remaining time-line of the budget process:

* <https://www.samhsa.gov/grants/grant-announcements/sm-18-019>

** Source: <http://www.carf.org/Accreditation/>

- DHS work session February 28th
- Public Budget Hearing April 3rd
- Public Tax Hearing April 5th
- County budget adopted April 20th

Chair Hermann opened a discussion about the CSB appointments with the County Board members. The appointment date is March 26th and the times are as follows:

12:00 – 12:30	Christian Dorsey and Erik Gutshall
1:00 – 1:30	Katie Cristol and Matt de Ferranti
1:30 – 2:00	Libby Garvey

CSB Executive Director’s Report

- ✓ Ms. Warren reported that 16 individuals, including herself, across all 40 CSBs have been chosen by Commission Melton to form a regional advisory group to determine how to develop and implement Step VA. Arlington has already implemented two of the nine services; Same Day Access and Primary Care Screenings.

Ms. Warren stated that there are two objectives for primary care screenings:

- 1) any child with serious emotional disturbance or any adult with serious mental illness and receiving targeted case management, will receive a primary care screening annually to include height, weight, BMI and blood pressure
- 2) any client who is prescribed antipsychotic medication by a CSB prescriber, will be screened and monitored for metabolic syndrome using the following guidelines:
 - Screened quarterly for weight height BMI and blood pressure
 - Screened annually for blood pressure, random glucose and lipids
 - Referral for any abnormalities

Ms. Warren stated that the STAC Committee will finalize the definition of outpatient and crisis services at the March meeting. She added that Arlington will receive \$163,000 from the State in ongoing funds to execute primary care screenings.

- ✓ Ms. Warren reported that the CSB Leadership Team met with the new Electronic Health Record (EHR) vendor, Welligent. Weekly meetings are being held and the goal is to “go live” July 1st.
- ✓ Ms. Warren reported that the CSB and other local non-profits have been invited to design a quilt square as a part of the DHS 50th anniversary celebration. All DHS departments, as well as non-profits are designing quilt squares which will be assembled and displayed for the anniversary event scheduled for March 27th. The square is due to Ms. Mauller by March 8th. The members discussed ideas for designing the square.

Miscellaneous Updates/Information

- ✓ Chair Hermann announced that the 11th annual Offender Aid and Restoration (OAR) Second Chance Fundraising Breakfast will be held on April 9th at 7:45 a.m. at the Crystal Gateway Marriott located at 1700 Jefferson Davis Highway in Arlington. OAR is an organization which works with men and women before they are released and after incarceration to ensure that each is ready for a new life and is unlikely to re-offend. Chair Hermann and CSB member, Jim Mack, will both host a table. Anyone wishing to attend should contact Chair Hermann or Mr. Mack.

- ✓ Chair Hermann announced that the VACSB Training and Development Conference will be held May 1st through May 3rd. Anyone interested in attending should contact Ms. Mauller
- ✓ Ms. Deane recommended that the CSB form a committee or designate members to continue their interaction with the Virginia Hospital Center (VHC) during the expansion process. The members agreed to schedule a planning meeting in March.
- ✓ Ms. Deane reported that Mental Health (MH) Committee discussed when an individual should be removed from services. She added that the MH committee, in collaboration with staff, is interested in reviewing policies about engagement. Ms. Mauller clarified that the DHS policies are public documents. Ms. Warren noted that the DHS policies and procedures are currently being updated. Ms. Warren will send a list of the policies around engagement to the MH committee for review and input.

Mr. Gallagher asked if there is a time frame for completion. Ms. Warren responded that the completion goal date is June 30th.

Mr. Taphorn asked if there is an accreditation piece. Ms. Warren responded that Arlington is not CARF accredited but has the Substance Abuse and Mental Health Services Administration Best Model of the Certified Community Behavioral Health Clinic (SAMHSA CCBHC). She added that Step VA replicates the SAMHSA CCBHC model.

* CCBHCs provide a comprehensive collection of services that create access, stabilize people in crisis, and provide the needed treatment and recovery support services for those with the most serious and complex mental and substance use disorders. CCBHCs integrate additional services to ensure an approach to health care that emphasizes recovery, wellness, trauma-informed care, and physical-behavioral health integration. CCBHCs provide services to any individual, regardless of their ability to pay or their place of residence.

**A service provider begins the accreditation process with an internal examination of its program and business practices. Then the provider requests an on-site survey that will be conducted by a team of expert practitioners selected by CARF. During the survey, the provider must demonstrate that it conforms to a series of rigorous and internationally recognized CARF standards.

**Based on the results of the survey, CARF prepares a written report of the provider's strengths and areas for improvement. If a provider has sufficiently demonstrated its conformance to the standards, it earns CARF accreditation.

- ✓ Ms. Takemoto asked if the CSB board receives a report about public comments during the CSB full board meetings. Ms. Warren responded that the board receives feedback about public comment.
- ✓ Ms. Takemoto asked what date was chosen for the CSB annual retreat. Ms. Mauller responded that the retreat will be held on June 15th. Ms. Skelly suggested that the CSB have a discussion of State level advocacy session instead of a retreat.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 8:40 p.m.

Respectfully submitted by Kelly Mauller