



The Arlington Community Services Board

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Anne Marie C. Hermann
ACCSB Chair

January 23, 2018
2120 Washington Blvd.
Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, Dori Mitchell, Joanne Del Toro, Steve Taphorn, Gretchen Foster, David FitzGerald, Frank Haltiwanger, Steve Gallagher, Jim Mack, Wendy Carria, Lynne Kozma, Judy Deane, Jenette O’Keefe, Asha Patton-Smith, Sherry Coles, Cherie Takemoto

Excused: Carol Skelly

Staff: Kelly Mauller, Deborah Warren, Ollie Russell

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

A client expressed concern about security procedures in the 2120 Washington Boulevard location.

Approval of the December 19, 2018 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the December 19, 2018 ACCSB Full Board meeting minutes. Ms. Deane motioned to approve minutes, Ms. Takemoto seconded the motion, and the minutes were approved pending clarification of points from the housing presentation.

CSB FY20 Draft Budget Priorities and Budget Process

Chair Hermann, CSB Chair, opened a discussion about the CSB FY20 draft budget priorities. She stated that the funding gap from Medicaid Expansion has been identified as \$872,000. Chair Hermann added that the State is monitoring a bill that proposes funding of \$9 million for the entire state to address the gap.

Ms. Warren stated that in the deliberations and adoption of the State budget, there was a lot of discussion about Medicaid expansion, which was a priority for the previous administration and now the current administration. She added that one of the compromises to get Medicaid passed for 400,000 Virginians was to reduce state general funds to all CSBs across the state by \$26 million to fund additional costs for Medicaid expansion. She stated that the reduction for the Arlington CSB for FY19 was \$600,000 and the reduction for FY20 is \$1.2 million. Ms. Warren added that the State did not announce its budget, with the reduction, until late June and that Arlington was already in FY19. The reduction went into effect July 1, 2018 but Medicaid Expansion did not go into effect until January 1, 2019.

Ms. Warren stated that former County Board Chair, Katie Cristol, submitted a letter to Governor Ralph Northam and that other County Board Members contacted the Virginia Municipal League and the Virginia Association of Counties (VACO) to advocate for allowing CSBs to keep their State funding for FY19 instead of taking a reduction. She added that the reductions are based on the premise that CSBs would earn additional Medicaid revenue and would be able to bill for case management services.

Ms. Warren stated that the DHS fiscal office is working to determine how to maximize revenue. She stated that there is a revenue gap of \$872,000. She added that the bill Chair Hermann spoke about has been proposed at \$9 million in funding which would partially reduce the gap but would be inadequate to completely reduce the total gap of \$26 million. The members discussed options to maximize revenue.

Chair Hermann recommended that the CSB include the restoration of the FY19 reductions, caused by Medicaid expansion, to their budget priorities. The members discussed including restoration of the reductions.

Assuming the County Manager will include funding to restore FY19 reductions caused by Medicaid expansion, the members agreed, by vote, to advocate for the following budget requests, in priority order:

Substance Use Disorder (SUD) Committee

- 1 FTE therapist to assist in addressing the increasing number of clients being seen by the Outpatient SUD team and to respond to the growing Office Based Opioid Treatment (OBOT) program. \$101,972

Joint Mental Health, Developmental Disabilities and Child and Youth Committees

- .5 FTE to increase the current psychologist from .5 to 1.0 FTE to meet the needs of clients with co-occurring autism and behavioral health. \$60,020

Mental Health (MH) Committee

- 1 FTE MH Therapist for Emergency Services - In FY18, the rate of TDOs increased by 20% (from 491 to 613). \$101,972

Developmental Disabilities (DD) Committee

- The Developmental Disabilities Committee does not have a request.

Child and Youth (CY) Committee

- The Child and Youth Committee does not have a request.

CSB Executive Director's Report

- ✓ Ms. Warren spoke about the County budget process during the discussion about the CSB's budget priorities. The County Manager will submit Arlington's proposed budget to the County Board on February 23rd.
- ✓ Ms. Warren announced that the Young Adult position funded by the County Board last year has been filled.
- ✓ Ms. Warren announced that Emergency Services received grant funding for two masters level interns and that an FTE is being added to weekends.

- ✓ Ms. Warren stated that STEP VA includes nine mandatory services to be available in all regions of the Commonwealth. These services may be provided directly by the Community Services Boards, through regional collaborations, or by designated collaborating organizations (contractual/referral arrangements). All services are grounded in person/family centered, recovery oriented, and trauma informed approaches. Arlington has already implemented two of the nine services; Same Day Access and Primary Care Screenings.

Ms. Warren stated that Arlington will receive \$163,000 from the State in ongoing funds to execute primary care screenings. She added that a regional plan will be developed to determine how to achieve the objectives of primary care screenings which is due by January 25th.

Ms. Warren stated that there are two objectives for primary care screenings:

- 1) any child with serious emotional disturbance or any adult with serious mental illness and receiving targeted case management, will receive a primary care screening annually to include height, weight, BMI and blood pressure
- 2) any client who is prescribed antipsychotic medication by a CSB prescriber, will be screened and monitored for metabolic syndrome using the following guidelines:
 - Screened quarterly for weight height BMI and blood pressure
 - Screened annually for blood pressure, random glucose and lipids
 - Referral for any abnormalities

Ms. Warren reminded the members that Neighborhood Health, a federally qualified medical center, is located on the DHS campus.

Ms. Warren stated that next steps include defining the objectives around outpatient services and crisis services.

Miscellaneous Updates/Information

- ✓ Chair Hermann reported that she met with Arlington's legislators and aides during the VACSB Legislative Conference on January 23rd.
- ✓ Chair Hermann read a thank you note to the members, on behalf of the residents of the Mary Marshall Assisted Living Residence, for the Secret Santa gift cards that they received.
- ✓ Chair Hermann announced that Linda Kelleher has resigned her seat on the CSB Board.
- ✓ Ms. Takemoto asked about the point-in-time-count for homeless youth on January 23rd. Ms. Warren responded that each year there is a point-in-time-count of homeless persons in Arlington and that last year was the first initiative to count homeless youth.
- ✓ Ms. Warren presented Bills of Note and Amendments, from the VACSB Legislative Conference, that are specifically relevant to the CSB. Ms. Warren read from the Senate and House Amendments; "This amendment modifies language in the introduced budget which would allow the Department of Behavioral Health and Developmental Services (DBHDS) to provide funding from special fund balances at the end of fiscal year 2020 to CSBs in circumstances where a CSBs additional fiscal year 2019 Medicaid reimbursements do not reach at least 90 percent of the general fund reduction."

Chair Hermann mentioned a Bill to expand the list of individuals that may dispense Naloxone. She added that CSBs are not specifically included but the VACSB is in support of the Bill.

Chair Hermann added that the VACSB is actively supporting the closure of the Central Virginia Training Center and the provision of health insurance coverage for individuals, of all ages, with Autism Spectrum Disorder.

The members discussed a few additional Bills and Amendments.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller