



The Arlington Community Services Board

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Anne Marie C. Hermann
ACCSB Chair

June 19, 2019
2100 Washington Blvd.
Room B
Arlington, Virginia
7:00 pm - Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, David FitzGerald, Steve Gallagher, Jenette O'Keefe, Cherie Takemoto, Carol Skelly, Lynne Kozma, Asha Patton-Smith, Judy Deane, Sherry Coles, Dori Mitchell, Wendy Carria

Excused: Joanne Del Toro, Jim Mack, Frank Haltiwanger, Steve Taphorn, Gretchen Foster

Staff: Kelly Mauller, Deborah Warren, Ollie Russell

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

Introduction

Chair Hermann introduced Paul Kalchbrenner, member of the Substance Use Disorder Committee and newly appointed member to the CSB full board.

Thank You

Chair Hermann thanked Ms. Mauller, Ms. Warren and Mr. Russell for their work and support with the CSB.

Approval of the May 22, 2019 ACCSB Meeting Minutes

Chair O'Keefe called for a motion to approve the May 22, 2019 ACCSB Full Board meeting minutes. Mr. Gallagher motioned to approve the minutes, Mr. FitzGerald seconded the motion, and the minutes were approved as amended and pending clarification on points of the presentation by the Commission on Aging and regarding the transition in CSB leadership.

Sentinel Event Report

Mr. Russell provided an update about a recent sentinel event in the group homes. He stated that, anytime a sentinel event occurs, the leadership clinical team meets to review the history of the individual and the

systems of care that were in place and that may need to be improved. He added that the death was determined to be from natural causes.

Mr. Russell stated that improved communication is needed from the vendor to the family members and clients. He added that the leadership clinical team will meet with the vendors team to debrief and discuss expectations for future sentinel events.

Ms. Skelly asked if recommendations for improvements can be communicated to all the group homes. Mr. Russell responded that the recommendations can be communicated to all of the group homes.

Ms. Mitchell commented that the Group Homes Committee, along with staff, has drafted a Critical Incident Response Policy. Mr. Russell responded that he reviewed the draft policy last week. Ms. Mitchell will share the draft policy with the Developmental Disability Committee.

Ms. Takemoto asked if there is a policy in place that states what can be disclosed under HIPAA as opposed to what cannot be disclosed. The members discussed having a presentation about restrictions around HIPAA regulations.

SAMSHA Paper on Civil Commitment

Mr. FitzGerald presented about a paper on civil commitments of individuals with serious mental illness released by the Substance Abuse and Mental Health Services Administration (SAMHSA). Mr. FitzGerald stated that SAMHSA is the federal government's primary agency tasked with dealing on federal regulations, protocols and processes regarding substance use and mental health. He noted that the paper is about involuntary commitments including Assisted Outpatient Treatment (AOT).

Mr. FitzGerald stated that the discussion of how difficult it is, by law, on purpose, to get individuals involuntarily committed and yet how the individual can be involuntarily committed when appropriate. He noted that Virginia is one of the States that has an AOT statute, but that it is very complex. He added that the report was written by lawyers for the Institute for Law, Psychiatry and Public Policy and sponsored, published and distributed nationwide by SAMSHA. He noted that this is the first time that SAMSHA has stated a position about involuntary commitment or AOT.

Mr. FitzGerald closed by stating that the paper is supportive of Assisted Outpatient Treatment and speaks about how research has shown that AOT is effective and is an evidence-based practice.

Ms. Deane asked Mr. FitzGerald to provide a progress update. Mr. FitzGerald stated that DHS hired an Emergency Services (ES) Clinician whose primary responsibility is as an ES clinician and whose secondary role is as a Mandatory Outpatient Treatment Administrator.

Ms. Mauller will send the link for the paper to the members. Ms. Warren the members to send any questions about the paper to her.

Executive Director's Report

- ✓ Ms. Warren provided an update about Step VA. Step VA is the regulations going forward to strengthen the entire CSB system so that there is more consistency in services across the State. She stated that the Step VA Advisory Council (STAC) is scheduled to meet on June 24th to discuss mobile crisis and the remaining steps to implement Step VA. She noted that a Joint Legislative Audit and Review Commission (JLARC) study was released this week of the StepVA implementation progress. She added that JLARC also performed a review of CSB funding and released a report with recommendations for StepVA implementation and CSB funding.

- ✓ Ms. Warren stated that budget funding allocation refers to the County's allocation of 1.5 FTEs for CSB services. She added that the .5FTE was allocated specifically to expand an existing .5FTE, housed in Developmental Disability Services, which was dedicated to individuals with cooccurring autism and behavioral health challenges. Ms. Warren stated that the State is providing funding for a 1FTE position for adult outpatient services. She noted that the vacant young adult 1FTE will be allocated to Emergency Services.
- ✓ Ms. Warren reported that several processes have delayed the renewal of the RFP for the Group Homes Contract. She noted that the RFP was submitted to the Procurement Office in December and will be submitted to the County Attorney's Office in July.
- ✓ Ms. Warren reported that the Department of Behavioral Health and Developmental Services (DBHDS) has contracted with JBS, Int'l. to perform a Behavioral Health System Assessment of all 40 CSBs in the State. She noted that the Arlington County CSB is the pilot for the Assessment scheduled for June 25th & June 26th. She added that staff have completed a presurvey and that structured interviews have been scheduled, as well as focus groups with line staff, clients and peers.

Mr. FitzGerald asked the objective for the assessment. Ms. Warren responded that the assessment is being conducted to identify gaps in services in the State of Virginia and to inform funding for the next biennium to see what is required to fully execute a transformation of Behavioral Health services.

- ✓ Ms. Warren reported that, in response to the Virginia Beach tragedy, Arlington DHS sent 5 volunteers to assist those affected. She added that Arlington provided 190 hours of service, in the immediate week after, to assist in the Virginia Beach Convention Center and Family Assistance Center.

Miscellaneous Updates/Information

- ✓ Chair Hermann announced that Paul Kalchbrenner and Bob Carolla have been appointed by the County Board Office to the CSB Full Board.
- ✓ Chair Hermann thanked the members that were able to attend the CSB Annual Retreat on June 15th.
- ✓ Chair Hermann reported that a letter has been drafted to address the CSB Procurement process. She noted that the letter will be submitted once the CSB has more data about the process.
- ✓ Chair Hermann reported that the Virginia Hospital Center (VHC) meeting with the architect scheduled for June 20th will be rescheduled. Ms. Deane stated that several family members have gotten involved in discussing what they would like to see in a behavioral health unit. She added that the family members asked whether another public meeting would be held to discuss the proposed restructure of the unit.
- ✓ Ms. Deane reported that former CSB member Shauna Alonge, sent her articles about what makes a good psychiatric unit in a hospital. Ms. Deane will forward the articles to the members who, will in turn, forward them to VHC to send to the architect.
- ✓ Ms. O'Keefe announced that the Substance Use Disorder Committee has scheduled a site visit to the Demeter House Shelter on Monday June 24th beginning at 6:00 p.m. Anyone interested in attending should contact Ms. O'Keefe directly.
- ✓ Chair Hermann thanked the CSB for recognizing her during the CSB Annual Awards Ceremony and for the donation of a bird feeder to the Mary Marshall Assisted Living Residence on her behalf.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller