



The Arlington Community Services Board

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Anne Marie C. Hermann
ACCSB Chair

May 22, 2019
2120 Washington Blvd.
Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, Steve Taphorn, David FitzGerald, Steve Gallagher, Jenette O’Keefe, Cherie Takemoto, Carol Skelly, Lynne Kozma, Asha Patton-Smith, Gretchen Foster, Judy Deane, Jim Mack, Sherry Coles

Excused: Joanne Del Toro, Dori Mitchell, Frank Haltiwanger, Wendy Carria

Staff: Kelly Mauller, Deborah Warren

Guest: Bob Corolla, Mental Health Committee Member

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

Commission on Aging Presentation “Age Friendly Initiative”

Linda Kelleher, the Co-Chair and COA of Housing and Supportive Services Committee, and Martha Villanigro-Santiago, a committee member, presented about the Commission on Aging’s “Age Friendly Initiative”. The initiative is to collect feedback on the experience of aging in Arlington, including components of the livable community.

In 2018, Arlington County was named as the 250th member of the AARP Age Friendly Network. The AARP network of Age Friendly communities is an affiliate of the World Health Organization’s Global Network of Age Friendly Cities and Communities, an international effort to help cities prepare for their growing population of older adults and the trend toward urbanization. COA’s Age Friendly Arlington Initiative has been endorsed by the County Board (As Stated on Handout).

Ms. Villanigro-Santiago stated that the Age Friendly Initiative has a dual purpose; 1) to promote the initiative, and 2) to speak with diverse communities to learn about what they see as obstacles and if they have any suggestions or comments about how to improve services to aging adults in the community.

Ms. Villanigro-Santiago provided an overview of the 8 domains of a livable community. The 8 domains are the aspects of community life that people identified as key to remaining as actively engaged in the life of the community as they want to be (Refer to Handout). The domains are as follows:

1. Community support and health services – accessible and appropriate services including expertise in health issues in aging
2. Outdoor spaces and buildings – places to gather and move safely indoors and out
3. Transportation – alternatives to driving, affordable and accessible
4. Housing – both appropriate design for comfort and safety, and affordable housing options for different stages
5. Social participation – reducing isolation through available and accessible social activities
6. Respect and social inclusion – opportunities to participate in the larger community, intergenerational activities
7. Civic participation and employment – active involvement including both paid work and volunteer
8. Communication and information – Outreach in multiple forms and venues

Ms. Kelleher directed the members to the handout referencing the AARP Livability Index. The AARP Livability Index considers the characteristics of the 8 domains in communities across the country. Ms. Kelleher stated that the COAs focus will be on Arlington and, specifically, affordable and accessible housing, health and transportation.

Ms. Kelleher provided an overview of the questions that the COA would like answers to from the CSB and the community.

1. What is lacking from your perspective as a commission member that would make Arlington a better place to live?
2. What are your current experiences with older adults now, or what potential future trends do you foresee?
3. Have you accessed resources within or outside the County to help you address these challenges?
4. What types of residents needs, if any, have you identified in your work with individuals 60 years of age and older?
5. Are there areas where the COA could collaborate more closely to enhance services for older adults?
6. What tools do you feel would be helpful for your program to adequately serve individuals 60 years of age and older now and in the future?

Ms. Kelleher asked the members to email her any feedback they may have.

Ms. Warren referred to the AARP Livability Index and asked for clarification about Arlington's lower scoring categories of opportunity and environment and what they refer to. Ms. Kelleher responded that she and Ms. Villanigro-Santiago will need to find out more information about the definition of the two categories and report back to the CSB.

Ms. Warren asked for the deadline for completion of the community survey (Refer to Handout). Ms. Kelleher responded that the deadline is early summer.

CSB Chair Transition

Chair Hermann spoke about exiting as Chair of the CSB - her term will end June 30 - and about the transition to a new Chair. She stated that she has greatly appreciated the energy, effort and enthusiasm of staff, especially those working directly with the CSB - Deborah Warren, Oliver Russell and Kelly Mauller - and all of the board members, and the opportunity to work together to serve our clients and the community. Chair

Hermann announced that she has recommended Jenette O'Keefe to the County Board as the next Chair. Ms. O'Keefe is willing to serve beginning July 1st, pending appointment. Chair Hermann introduced Ms. O'Keefe

Ms. O'Keefe thanked Chair Hermann. She stated that serving on the CSB has been a great experience and that she feels privileged to be able to represent people who represent other people in need. She added that she is looking forward to a good year ahead.

Ms. O'Keefe introduced CSB Member, Steve Gallagher, who has agreed to serve in the position of CSB Vice Chair. She stated that Mr. Gallagher will add a great balance to the leadership of the CSB.

CSB Chair Recognition Reception

Ms. Skelly invited the members and their spouses to an appreciation reception for Chair Hermann and exiting CSB member, Ms. Deane, on June 10th, in her home, from 5:00 p.m. to 7:00 p.m. The Executive Committee will meet immediately following the reception.

Approval of the April 17, 2019 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the April 17, 2019 ACCSB Full Board meeting minutes. Ms. Skelly motioned to approve the minutes, Mr. Gallagher seconded the motion, and the minutes were approved as amended.

Executive Director's Report

✓ Ms. Warren provided an update about the Step VA Advisory Council (STAC) meeting. She stated that Step VA is the regulations going forward to strengthen the entire CSB system so that there is more consistency in services across the State. Ms. Warren noted that the first required steps were to implement Same Day Access (SDA) and provide Primary Care Screenings. All 40 CSBs have implemented SDA and primary care screenings.

Ms. Warren reported that the next step for STAC is to define outpatient services. She stated that Arlington will receive an allocation of \$224,000 in base-line funding to assist in providing outpatient services. The funding will allow Arlington to hire 1FTE to support children's services and 1FTE to support adult services. Ms. Warren added that Northern Virginia will receive an additional 15% which will provide Arlington with a total of \$179,400 in funding for outpatient services.

Ms. Warren reported that the State will provide a second disbursement based on a "needs based funding". Ms. Warren stated that the "need" is based on the Behavioral Health System Assessment and Virginia VCU's Health Equity Index. She noted that Arlington tends to score too high on these assessments making it difficult to receive additional funding.

Ms. Warren reported that STAC is working to develop a plan to increase mobile crisis services. She stated that these services would include an increase in staff being able to go out into the community with police to provide crisis stabilization services. Ms. Warren reported that STAC is also working to define the remaining steps that CSBs are required to implement. She listed the remaining steps:

- peer support and parent partners
- intensive care coordination
- services to active military vets and their family members to ensure that CSBs understand military cultures not just to veterans, but to their family members. She noted that STAC is scheduled to attend a summit on military culture on June 17th.

Chair Hermann asked if Arlington will receive the \$224,000 in funding automatically. Ms. Warren responded that a plan for the funding will need to be developed and submitted to the State by June 14th.

She added that the State has until July 12th to provide feedback about the plan to Arlington and then Arlington will submit the final plan to the State by July 26th. She noted that Arlington will receive the funding beginning July 8th while the plan is still being negotiated.

Ms. Skelly asked if this would be a good time to raise the CSBs concerns about underserved individuals with autism and mental illness. Ms. Warren responded that there is data available to support the concerns.

- ✓ Ms. Warren stated that budget funding allocation refers to the County's allocation of 1.5 FTEs for CSB services, which was approved due to the CSB's advocacy. She added that the .5FTE was allocated specifically to expand an existing .5FTE, housed in Developmental Disability Services, which was dedicated to individuals with cooccurring autism and behavioral health challenges. Ms. Warren noted that last year a position was approved for the young adult program but the position is currently vacant. Ms. Warren stated that, given the fact that the State is providing funding for a 1FTE position for adult outpatient services, the CSB may want to consider advocating to allocate the now vacant young adult 1FTE to Emergency Services.

Ms. Deane commented about the young adult position being approved for two years but only being filled for a few months, and asked if the funding received for the now vacant position will be returned to the State. Ms. Warren responded that the funding can be shifted to other areas with a service need and that if the funding is not spent by the end of the fiscal year, the funds go into the County's general fund.

- ✓ Ms. Warren stated that the procurement process involves multiple County entities including the County Attorney's office. She added that the RFP for the group homes has been submitted to purchasing in the Department of Management and Finance for revisions.

Ms. Deane asked if there is a time frame for completion of the process. Ms. Warren responded that she did not receive a time frame.

Chair Hermann called for a motion from the CSB Full Board for the Executive Committee to send a formal letter to the County Manager and/or County Board regarding the status of CSB contracts waiting for renewal by the Procurement Office. Chair Hermann called for a motion to send the letter. Ms. Skelly motioned to approve sending the letter. Mr. Gallagher seconded the motion.

- ✓ Ms. Warren reported about the Destination 2027 initiative; Arlington's Plan for Achieving Health Equity by 2027 (Refer to Handout) developed by Reuben Varghese, Health Director and Public Health Division Chief and the Destination 2027 Steering Committee. Ms. Warren explained that the plan is focused on equity. She provided a brief overview of the report. Ms. Warren stated that the Steering Committee is recommending that the County adopt a health equity policy and that there be an oversight entity.

Approve CSB By-Laws

Chair Hermann opened a discussion about the previously approved CSB By-Laws (Refer to Handout). She noted that the full board was not given the required 7 days-notice to review the By-Laws before they could be approved. She stated that revisions were received after that approval and the Executive Committee agreed to ratify the approval, incorporate the new revisions, and give the full board members the opportunity to review and final approve the By-Laws. Chair Hermann called for motion to approve the By-Laws. Ms. O'Keefe motioned to approve the By-Laws. Ms. Deane seconded the motion and the By-Laws were approved as amended.

CSB Annual Awards Ceremony

Ms. Mauller reminded the members that the CSB Annual June Awards Ceremony will be held on June 19th, one hour prior to the CSB Full Board meeting at 6:00 p.m. at 2100 Washington Boulevard in the lower level auditorium. She stated that all of the nominations have been reviewed, selected and approved by Ms. Warren and the CSB Division Chiefs. CSB County Board Liaison Libby Garvey has been invited to attend and speak.

Miscellaneous Updates/Information

- ✓ Ms. O'Keefe reported about the VACSB Training and Development Conference held in Williamsburg on May 1st through May 3rd. The conference features skill-building, innovative practices and unique models of Community Service Boards/Behavioral Health Authorities (CSB/BHA) and regional programs. She stated that the conference provided valuable information.

Ms. O'Keefe stated that she attended the keynote speaker sessions by Dr. Wambeam, Senior Research Scientist at the Wyoming Survey & Analysis Center (WYSAC) of the University of Wyoming, about substance use. She added that Secretary Carey recognized Arlington County, as well as Ms. Warren, during the State of the State presentation.

Ms. Warren reported that she attended the Executive Director Forum with State level officials at the conference. She added that there are 3 VACSB conferences per year:

- January - Legislative Conference
- May - Development and Training Conference
- October - Public Policy Conference

- ✓ Ms. Takemoto reported that she has signed on to represent the CSB Board for the Arlington County's Census Committee. She stated that the Committee is recruiting as many organizations as possible to join. Ms. Takemoto stated that the first step is to request Arlington organizations to support the census count and spread awareness. Ms. Takemoto asked the members to send her any organizations that may be interested and she will contact them. Mr. Mack called for a motion for the members to become an Arlington Census partner. Mr. Taphorn seconded the motion. The members agreed unanimously.
- ✓ Chair Hermann reminded the members about the CSB Annual Retreat scheduled for June 15th at 2120 Washington Boulevard in room 424 from 9:30 a.m. to 2:00 p.m. Patrick Hope will attend as the lunch time speaker and present about working effectively with our General Assembly Delegation. Jennifer Faison, VACSB Executive Director, will attend to present about legislative and budget advocacy.

Ms. Warren added that the upcoming new Chair of the Alexandria CSB, will attend the retreat as an observer.

- ✓ Chair Hermann announced that the County will host "Arlington Cares: A Celebration of Volunteerism" to honor individuals with 100 hours of volunteer service on July 23rd. The event will be held at the National Rural Electric Cooperative Association, located at 4301 Wilson Blvd, from 5:30pm to 7:30pm. She asked the members to send their name to Ms. Mauller if they have completed the required number of hours.
- ✓ Chair Hermann thanked Ms. Deane for her service on the CSB Board and her strong commitment in advocating for improvements to services at Virginia Hospital Center (VHC) during the hospitals expansion process. Ms. Deane's 9-year term will expire on June 30th. Ms. Warren announced that the County Board approved the land swap of the Edison Complex with VHC on May 11th.

Chair Hermann stated that she appreciates having had the opportunity to work with passionate and dedicated people who want to make improvements in the lives of our clients, family members and the community. Chair Hermann's term as Chair expires on June 30th.

- ✓ Chair Hermann reported that interviews have been scheduled for two potential candidates for membership to the Full Board.
- ✓ Upcoming Dates:
 - May 22nd - Mental Health Committee 6:00 – 8:00
 - May 27th - Cancelled - Substance Use Disorder Committee
 - June 10th - Executive Committee Meeting 6:00 – 8:00
 - June 15th - Annual Retreat 9:30 – 2:00
 - June 19th - Annual Awards Ceremony 6:00 – 7:00 - Full Board Meeting 7:00 – 9:00
 - June 19th - This date may change - Child and Youth Committee

- **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller