



The Arlington Community Services Board

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Anne Marie C. Hermann
ACCSB Chair

November 14, 2018
2100 Washington Blvd.
Lower Level Auditorium
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
DHS Deputy Director/
CSB Executive Director

Present: Anne Hermann, Dori Mitchell, Joanne Del Toro, Steve Taphorn, Gretchen Foster, David FitzGerald, Frank Haltiwanger, Cherie Takemoto, Steve Gallagher, Jim Mack, Wendy Carria, Lynne Kozma

Excused: Judy Deane, Jenette O’Keefe, Linda Kelleher, Carol Skelly, Asha Patton-Smith, Sherry Coles

Staff: Kelly Mauller, Deborah Warren, Ollie Russell

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

Approval of the October 17, 2018 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the October 17, 2018 ACCSB Full Board meeting minutes. Mr. Mack motioned to approve minutes, Mr. Gallagher seconded the motion, and the minutes were approved with no changes.

Debriefing: Legislative Delegation Forum

Chair Hermann opened a discussion about the CSB Legislative Delegation Forum held on November 7th. The purpose of the Forum was to discuss the needs of the Arlington CSB and to promote open dialogue with the members of the General Assembly representing Arlington.

State budget and legislative issues relating to mental health, developmental disabilities and substance use were discussed, specifically:

Budget

- Restore proposed reductions resulting from Medicaid expansion for CSB services – Ms. Warren presented
- Fully fund StepVA – Ms. Warren presented
- Enhance capacity for assessing and treating individuals with autism and co-occurring behavioral health conditions through expert clinical assessment and consultation – Ms. Deane presented

Legislative

- Support for legislative action that would lead to increased utilization of Mandatory Outpatient Treatment (MOT) – Mr. FitzGerald presented
- Legislative action to include individuals with caregivers over the age of 60 in the Priority One wait list for the Developmental Disabilities (DD) Waiver. Propose the following amendment to the Priority One criteria. Add “the individual has aging caregivers, aged 60 years or older.” – Ms. Skelly presented

Legislative attendees included:

- Karol Straub, Aide to Senator Janet Howell (32nd Senate District)
- Senator Barbara Favola (31st Senate District)
- Christopher Leyen, Aide to Senator Adam Ebbin (30th Senate District)
- Delegate Richard Sullivan (48th House District)
- Delegate Mark Levine (45th House District) and Aide Jacob Weinberg
- Delegate Patrick Hope (47th House District)
- Kevin Saucedo-Broach, Aide to Delegate Alfonso Lopez (49th House District).

CSB Executive Director’s Report

- ✓ Ms. Warren provided an update about the County Budget progress. She stated that DHS was requested to submit 8.5% in reductions of local tax support to the County Manager.
- ✓ Ms. Warren provided an update about the Virginia Hospital Center (VHC) expansion. She stated that the County Board approved a 90-day extension to the hospital to revise the draft site plan regarding children’s services and improving community relations. VHC came to an agreement with the CSB to donate \$500,000 dollars and fund a \$100,000 per year pilot for 1 mobile licensed clinician for five years. The name of the pilot is Diversion First. The clinician’s responsibilities will include meeting with youth presenting at the Emergency Department or crisis intervention center and providing an evaluation in an effort to divert them from being hospitalized.
- ✓ Ms. Warren reported that Dr. Melton, DBHDS Commissioner, met with the DHS/CSB Leadership Team on October 19th for a site visit. She stated that the Leadership Team provided an overview of what the CSB is working on and what service are needed. She added that Dr. Melton was provided a site tour of the campus and the Mary Marshall Assisted Living Residence (MMALR).

Miscellaneous Updates/Information

- ✓ Chair Hermann reported out about the joint Child and Family Services/Mental Health/Developmental Disability Services meeting on November 8th. The purpose of the meeting was to discuss young adults with a diagnosis of autism who are presenting for services with serious mental health conditions.

Ms. Warren presented about research findings and current Arlington CSB services and a panel discussion was presented by the following individuals:

- Alan Orenstein, Outpatient Clinical Services Bureau Chief
- La Voyce Reid, Developmental Disabilities Bureau Chief
- Ginny Conroy, licensed special educator and the Founder and Principal of Social Grace LLC

The meeting concluded with a community discussion to provide recommendations on next steps. The members suggested forming a committee or holder joint committee meetings. The Virginia Behavioral Health Consortium has a draft list of recommendations for individuals with autism and co-occurring behavioral health conditions. The CSB is aligning with recommendation 1B below.

1B. The Clinical Resource Center for Individuals with ASD and Co-occurring Behavioral Health Conditions should work to establish regional multi-disciplinary teams comprised of psychiatrists, psychologists, nurses and other relevant professionals to diagnose and treat individuals with ASD and co-occurring behavioral health conditions as well as provide consultation to physicians, school personnel, family members and other stakeholder serving individuals with ASD. Teams would use face-to-face interaction, tele-psychiatry and online approaches to accomplish these objectives.

- ✓ Ms. Warren announced that Arlington Central Library, in joint sponsorship with Arlington DHS, will host an Arlington Reads event on November 13th at 7:00 p.m. at Central Library located at 1015 N. Quincy Street. Journalist and bestselling author, Beth Macy, will present about her book “Dopesick: Dealers, Doctors and the Drug Company that Addicted America”. She added that the event was well attended.
- ✓ Ms. Warren announced that Michael Gillette, Ph.D., of Bioethical Services of Virginia has offered to meet with the CSB and Committee members on December 3rd beginning at 5:00 to present on the allocation of resources in a time of scarcity. Anyone interested in attending should RSVP to Ms. Mauller. The Executive Committee meeting will be rescheduled from December 10th for immediately after the presentation.
- ✓ Chair Hermann announced that the County Board Office is hosting a Commissioner Appreciation Reception on December 6th beginning at 6:00 p.m. at 2100 Clarendon Boulevard in the County Board Room.
- ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.
- ✓ Chair Hermann announced that the Senate Finance Committee will hold its annual public budget hearings on January 3, 2019 at locations to be determined.
- ✓ Chair Hermann asked the members if there are particular areas of interest that they would like to have presented at future full board meetings. The members suggested the following:
 - Permanent Supportive Housing (PSH)
 - HIPAA liabilities versus family care givers: are we interpreting the law to strictly in Arlington
 - Understanding the Request for Proposal (RFP) process
 - Students with autism transitioning out of the school system

The members agreed that the presentations should be philosophical and discussion oriented, leading to implementation of proposed actions.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 8:20 p.m.

Respectfully submitted by Kelly Mauller