

**Arlington Community Services Board (CSB)
Children and Youth Committee
December 19, 2018**

Committee Present: Wendy Carria, Marguerite Tomasek, Joanne Del Toro, Betsy Greer, Frank Haltiwanger

Child and Family Services Division (CFSD) Staff: Shari Lyons, Tiffany Lee, Jamii PremDas, Kim Durand, Tabitha Kelly, Deborah Warren

Visitor: Kathy Panfil

Called to Order: 6:01pm

Minutes: Approved and adopted

Same Day Access: Ms. PremDas reviewed Same Day Access data with the committee. In November there were 29 walk ins and 18 were admitted. This represents a 62% admission rate. There have been 117 walk ins since June 25, 2018 and 103 intake assessments. There has been a 25% increase in census since the onset of Same Day Access. It was requested that the data be disaggregated to determine any trends in specific demographics of clients related to Same Day Access. Currently, BHB is not experiencing issues with capacity as a result of the increase in the number of walk-ins.

New Business: The new Commissioner at the Department of Behavioral Health and Disability Services (DBHDS) visited the agency in November for a presentation regarding CSB programs and was very impressed. A new dashboard was presented that shows CSB's progress. The dashboard demonstrated that Arlington is doing very well. Arlington was asked to provide information regarding their implementation of zero suicide. A suicide prevention flyer was then distributed to the group and reviewed by Ms. Warren. There will be an increase in the number of drug take back boxes by June 2019 (a total of 5). Thus far, over 900lbs of medication has been collected in the existing take back boxes.

An update on Medicaid Expansion was provided by Ms. Warren. The Governor's budget was published on 12/18/18 and there is a \$600,00 reduction for Fy19. Medicaid expansion begins 1/1/19. There is a \$1.2 million reduction for FY20 because the idea is that CSB's can bill Medicaid for newly enrolled. Consideration was not made for the number of persons that were not citizens. Arlington was at the forefront of sharing this information with the state. There will be local/county cuts. The County Manager will release the budget February 2019.

CR2 was discussed and an updated was provided. Fairfax is funding 2 full time positions, 1 has been filled. In June 2018, a quality improvement plan was implemented, Since June, there have not been any children turned away from services. There is funding in the governor's budget for mobile crisis response. This includes children with co-occurring disorders. At this time, it is unclear if the co-occurring is for MH/DD or MH/SUD. It was decided that the agency will monitor the progress of CR2 and the new positions before going forward with an additional budget ask. It was recommended that the agency begin to track and report data quarterly to assess progress. This will be presented as a standing agenda item. The data will include the number of youth served, denied services and utilization by jurisdiction.

Diversion First is a program that has a dedicated full time licensed clinician that provides services for high risk/need at Virginia Hospital Center or Crisis Center. This person will screen and provide strength based assessments. Intensive Care Coordination (ICC) is used as a diversion from hospitalization. The hospital will fund \$500,000 (this is a temporary position guaranteed for 5 years). We will develop, monitor and track specific outcomes for this program to determine its efficacy.

Arlington has been advocating for services for co-occurring (Autism and Behavioral Health) services. Dr. Robert Fletcher, Director of the Association of the Dually Diagnosed will provide a training for the CSB's of Northern Virginia February 25-27, 2019. There will be a total of 150 slots for the 5 CSB's. There is enough funding for another 3-day training in June to train an additional staff. The state will provide funding.

PCIT has begun and has been rolled out within the bureau. This model is more than behavior management, it also focuses on building relationships with the parent and child. PCIT is accessible through Same Day Access. The second assessment is specific to this modality. So far, the bureau has three trained therapists. Email blasts will continue to be sent to schools, PIE, and daycares to make sure that the community is aware of this new service.

Child Welfare Supportive Counseling is a new service that provides short term and brief intervention (5 sessions for 90 days) to reduce trauma for children in foster care or children receiving child welfare services. This service is funded through the Children's Services Act (CSA)

Ms. Durand will send an update of the Arlington Partnership for Children, Youth and Families (APCYF) via email to committee members

Announcements: Shari Lyons was introduced to the committee as the new Systems of Care Manager for Child & Family Services Division. Ms. Kelly explained new Systems of Care program within the division and explained Ms. Lyon's role relative to the CY CSB committee.

CFSD staff updates and changes were provided. Jana Lee is now supporting the System of Care as an analyst. Linh Nghe is now a full time managing the Prevention Program, to meet the community's request that we enhance and increase our presence with Substance Use, Mental Health, and Suicide Prevention while increasing Mental Health Awareness.

Adjourned: 7:03pm

Next Meeting:

January 16, 2019 at 6:00pm