

Arlington Community Services Board (CSB)
Children and Youth Committee
March 20, 2019

Committee Present: Betsy Greer, Joanne Del Toro, Janine Finnell, Frank Haltiwanger, Wendy Carria, Marguerite Tomasek

Child and Family Services Division (CFSD) Staff: Jamii PremDas, Shari Lyons

Visitor: Sherry Coles(sherrypooch2000@gmail.com), Naomi Verdugo (first part of the meeting)

Absent: Asha Patton

Called to Order: 6:00 pm

1. CR-2
 - a. Jamii PremDas noted that CR-2 would unfortunately not be able to be at the meeting this evening due to illness of staff. Mrs. PremDas noted she has sent the committee's questions to Jeanne Booth and the Vice President of Operations, Stephanie Barbour.
 - b. Additional questions from the committee for CR2: Does a parent need to be present for CR-2 to go to the school? Does CR-2 need to be paid through insurance? Does the school, and if not, why does the school not have a similar process like medical consent when there are emergencies their students are experiencing? What are School Administrator's able to do in terms of CR-2? If a student is in a crisis, they need to call to see if the parent is willing to accept CR-2 services. If not, then the school is back to ground zero.
 - c. Wendy Carria from Arlington Public Schools noted her understanding is that CR-2 needs consent from parents to consent for services. Mrs. Carria also noted that the school will call the child's parent prior to calling CR-2.
 - d. Committee discussed wanting the schools to have a similar process for CR-2 consent with the First-Aid Packet that is similar to emergency medical consent. Facilitator noted that the typical procedure for all emergencies is to call the parents first. Wendy Carria from Arlington Public Schools also noted the age of the student is important in the consideration of the process. Mrs. Carria in addition noted that a "blanket statement" for CR-2 would probably not be appropriate due to all children not meeting criteria for CR-2. Facilitator noted there may be criteria for a child or youth that doesn't meet the threshold for CR-2 to respond. Overall confusion in messaging about CR-2 was expressed.
 - e. Discussion about CR-2 is a crisis service, but it appears when a student is presenting with homicidal or suicidal ideation, that CR-2 won't accept the case and instead refers the parents to the local Emergency Room. Concerns related to parents being the least safe option when a child is in crisis were identified.
 - f. Naomi noted sending an email to Mrs. PremDas noting that a client was hitting themselves and was referred to the Emergency Room due to CR-2 stating they weren't able to take them.

there. There does appear to be more students at Wakefield High School than Washington-Lee High School. In total, Wakefield High School in zip code 22206 has 2328 students. Washington-Lee High School in zip code 22201 has 1901 students. Joanne noted the rest of the schools in the other zip codes have students in the “hundreds”.

- f. Betsy wondered why 22203, 22205, and 22207 have fewer people being served. Mrs. PremDas noted there are a variety of factors that include choice of parents, accessing other services, and the numbers not being reflected of challenges present. Betsy noted that she thinks there are barriers for families receiving services at DHS as, in her opinion, DHS has been set up to serve a specific population.
 - g. Mrs. PremDas noted there may be a variety of reasons a child or youth is not admitted after coming in to Same-Day Access that can include not meeting criteria, the judge ordered the assessment to take place, or youth is about to turn 18-years-old.
 - h. The following questions were identified related to Same-Day Access: What zip codes Same-Day Access includes? Why parents choose to decline services and go elsewhere? Mrs. PremDas noted that some reasons parents decline services include the service being too intense, not wanting to pay the sliding scale fee, and for PCIT specifically, not wanting to stay the entire session or wanting the interventions to be more focused on the child.
5. Mrs. PremDas confirmed that she will follow-up to provide the new sliding scale to the committee. Mrs. PremDas noted that has reached out to the Child and Family Services Division Chief, Tabitha Kelly, and it appears the new sliding scale needs to be approved prior to providing to the committee.
- a. Committee members noted that they would like to share the sliding scale with people in the community and also expressed concerns with the scale being too costly for community members with private insurance (where the co-pay from DHS would be more costly than the co-pay using their insurance). There was discussion around the sliding scale fee’s possible presenting a barrier and that families are not able to submit DHS statements to their insurance companies for reimbursement. It was asked if the CSB has a market value that is comparable to private providers? Mrs. PremDas noted she will follow-up regarding the sliding scale.
6. Mental Health Awareness
- a. Mrs. PremDas noted that the CFSD-CSB is planning for Mental Health Awareness Month in May that will include multiple activities. On 4/29 they will participate in a panel at Yorktown after the movie “Angst” is shown along with a resource table prior to the movie. Mrs. PremDas noted there the panel will discuss symptoms, signs, and resources and will include members from DHS along with Social Worker and Psychologist from Yorktown. A similar movie screening and panel will be held at the Central Library on 5/15.
 - b. Mrs. PremDas reported that the Mental Health Awareness Planning Committee is working to plan an outside community engagement activity that is interactive and has hands-on activities such a creating calming jars, etc. In the event of inclement weather, and back-up location will be identified.
7. Program Updates

- a. Mrs. PremDas noted recently attending the Behavioral Health Equity Summit that noted Behavioral Health Equity prevention. Mrs. PremDas noted the submission of an application for a Mini-Grant to assist in addressing opioid and substance use with a determination of award on March 25, 2019. Mrs. PremDas noted that the grant will focus on LGBTQ youth and young adults and the submission for the grant was completed by Child and Family Services Division and Adult Behavioral Health.
 - b. Mrs. PremDas noted that part of the mini-grant will include education for the workforce in a two-part training. The first portion of the training would include “What are the LGBTQ barriers, needs of the community, etc.” and the second portion being more advanced to address best practices/strategies/prevention. Mrs. PremDas noted other items that will be utilized if the grant is awarded to include LGBTQ specific signs/posters that demonstrate inclusivity where clients and staff are located along with being specific for inclusivity of all who enter the building. Other items will include pins for staff lanyards that staff will have the option to wear.
 - c. Mrs. PremDas noted that she has met with Arlington Public Schools and will be attending the Director of Counseling training that includes topics of suicide prevention with the Gay/Straight Alliance, discussion on how to implement groups this year, and enlisting assistance from the Teen Network Board. It was suggested to do something for the parents as well.
 - d. Mrs. PremDas noted the application and acceptance to be a provider for Intensive Care Coordination using the High-Fidelity Wraparound model. There will be a training this summer that will include two staff and a supervisor. The Intensive Care Coordinator service will be utilized for kids at-risk of going into a higher level of care or need for stabilization. Mrs. PremDas noted that the Intensive Care Coordinators will not provide direct services but will convene the team, help develop the family’s plan, hold the team accountable, and connecting the team members to natural supports. Mrs. PremDas noted that the service will be paid for through CSA. The child or youth may be involved with the CSB but does not have to be.
 - e. Mrs. PremDas noted that there are no current updates related to Diversion First. She noted that the job description has been written and is going through the process of revision. Mrs. PremDas noted she will alert the committee once the position has posted or she has an update.
8. Upcoming Meetings
- a. CR-2 will be scheduled to present on April 17th at 6:00pm.
 - b. Same-Day Access staff to present to the committee for a “deeper dive”. This will be planned for the May meeting. Mrs. PremDas noted specific items that could be discussed that include the following: “Nuts and Bolts”, what’s the process, how much time do they spend, how do they learn about the service, data, and what trends are staff noticing.
 - c. It was noted that Budget Requests should be discussed.

Meeting adjourned: 7:00 pm

Next Meeting: April 17, 2019, 6:00p