

**DEVELOPMENTAL DISABILITIES COMMITTEE OF THE
ARLINGTON COUNTY COMMUNITY SERVICES BOARD**

**Wednesday, April 3, 2019
6:30 p.m. – 8:30 p.m.
Department of Human Services
2100 Washington Boulevard
Conference Room Lower Level Auditorium
Arlington VA 22204**

Call to Order - Carol Skelly, Chairperson

Welcome and Introductions

Approval of Minutes (February 6, 2019 and March 6, 2019)

Public Comments

Agenda Items

❖ **Arc of Northern Virginia**

❖ **Housing**

- **Rental Assistance (SRAP and HCV)** – Jeannie Cummins, DBHDS Regional Housing Coordinator; Nicole Harmon, DHS Housing Assistance Bureau Chief; LaVoyce Reid, DDS Bureau Chief
- **Main Street Housing** – Cherie Takemoto, Member, DD Committee

Staff Updates:

La Voyce Reid – Bureau Chief, Developmental Disability Services Bureau

Committee Chair Updates

Carol Skelly – Chairperson

Vendor Reports

New Business

Adjournment

Special Accommodations: Arlington County Government provides accommodations, e.g., sign language interpreters, Computer-Aided Real-time Transcription (CART) audio amplification systems and alternate format materials for qualified individuals with disabilities as described in the Americans with Disabilities Act. To arrange for an accommodation, please call Robert Petross at 703-228-1773 or e-mail him at rpetross@arlingtonva.us

***After-hours access to the lower level of the Sequoia Building is available through the security guard in the lobby. Parking is available on the street and in the parking garage, which closes at 9:30 p.m.**

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Developmental Disability Committee
Monthly Meeting – March 2019
Department of Human Services
2100 Washington Boulevard
Sequoia Complex Building 1/Conference Room D
Arlington VA 22204

DATE/TIME: March 6, 2019

CHAIR: Carol Skelly

MEMBERS (in attendance): Carol Skelly, Barbara Jones, Roberto Herrera, Cherie Takemoto, Lucia Claster, Millie Thomas, Alex Soroko, Ann Kelly, and Lynne Kozma; A quorum was satisfied.

MEMBERS (absent/excused): Casey Youman, Moira Saucedo, Nancy Tishman, Donna Budway, Alex Yellin, and Chuck Adkins-Blanch

ATTENDEES: Lucy Beadnell (The Arc of NOVA); Presenters: Kevin Latin (Fairfax County Community Services Board) and Lori Stillman (Citizen Co-Chair, WIN Steering Committee); Staff representatives of service providers: Michelle Lotrecchiano (MVLE), Terell Jones (CRI), Brenda Richardson (ServiceSource), and Talia Harris (CRI); County staff: Elizabeth Cannon (DHS/DDDS Employment/Habilitation Contracts manager).

RECORDER: Elizabeth Cannon

Call to Order: Carol Skelly, Committee Chair, called the meeting to order at 6:30 pm

Minutes: The Minutes of the February 6, 2019 minutes were deferred to the March meeting to allow ample time for the providers that presented at the (February) meeting to submit changes, if needed.

Public Comments	No public comments			
The Arc of NOVA	Ms. Lucy Beadnell distributed and reviewed a handout entitled, "The Arc of Northern Virginia's March 2019 Legislative Update" (Attached)			

TOPIC	DISCUSSION	RECOMMENDATIONS/ ACTION	RESPONSIBLE PARTY	F/U/P DATE
Fairfax County Welcoming Inclusion Network (WIN) Presentation	<p>K. Laffin and L. Stillman gave a presentation on a new Fairfax County initiative, Welcoming Inclusion Network (W/IN). Highlights of the program and presentation included:</p> <ul style="list-style-type: none"> • WIN launched in February 2018 • The WIN Steering Committee is comprised of stakeholders that include self-advocates, families, advocacy groups, and service providers • WIN Service Options: (retirement, training, inclusive hiring, and self-directed services) <p>A copy of the PowerPoint presentation is attached to the minutes</p>			
Staff Updates:	No staff updates			
Committee Chair Update(s)	No Chair updates			
Vendor Updates	No vendor updates			
New Business	None			

The next regular DD Committee Meeting to be determined.

The Arc of Northern Virginia's March 2019 Legislative Update

General Assembly

- The 1042 DD Waivers for people on the waiting list allocated last year are still scheduled to go out, though no additional slots were added.
- A law passed that will allow families with loved ones in the Foreign Service to stay on the waiting list while they are on assignment out of the country.
- The age cap on insurance coverage for ABA has been lifted.
- A law passed mandating greater safety supports in the use of seclusion and restraint in schools.
- Children aging out of foster care will now be automatically placed on Priority One of the DD Waivers waiting list.
- Before "individualized supports budgets" can be used to regulate the services people with DD Waivers can access, the General Assembly must approve of any plans.

Department of Behavioral Health and Developmental Services and DMAS

- Medicaid expansion eligible individuals do not have to meet the Medicaid asset cap to be eligible for Waivers
- Comment period is open on DD Waiver regulations at <http://townhall.virginia.gov/L/ViewChapter.cfm?chapterid=2110>
- Comment period is open on CL Waiver renewal at <http://www.dmas.virginia.gov/#/longtermwaivers>

Other News

- Fair Housing Workshop on March 12th <https://thearcofnova.org/events/workshops/>
- Main Street NOVA info session at the Jewish Community Center of NOVA on March 17th from 5-6:30 PM
- SRAP for Arlington (Jeannie to present in April)

Welcoming Inclusion Network (WIN) When Inclusion Happens We All WIN



WIN RECOMMENDATIONS:
IMPLEMENTATION PLANNING OVERVIEW
March 6, 2019

Welcoming Inclusion Network Launched February 2018



Community Stakeholders: Self-advocates, Families, Advocacy Groups, Service Providers

Sponsor: Braddock District Supervisor, John Cook and Steering Committee

Goals: Network, Design, Employment, Inclusion



WIN Service Options Proposed: Definitions



Retirement

Provides an option for individuals to voluntarily transition to community based older adult day services.



Training

Provides tailored support and training to ensure success in competitive, individual, and group supported employment.



Inclusive Hiring

Seeks to increase inclusive hiring in public/private sectors and grow individual and group supportive employment.

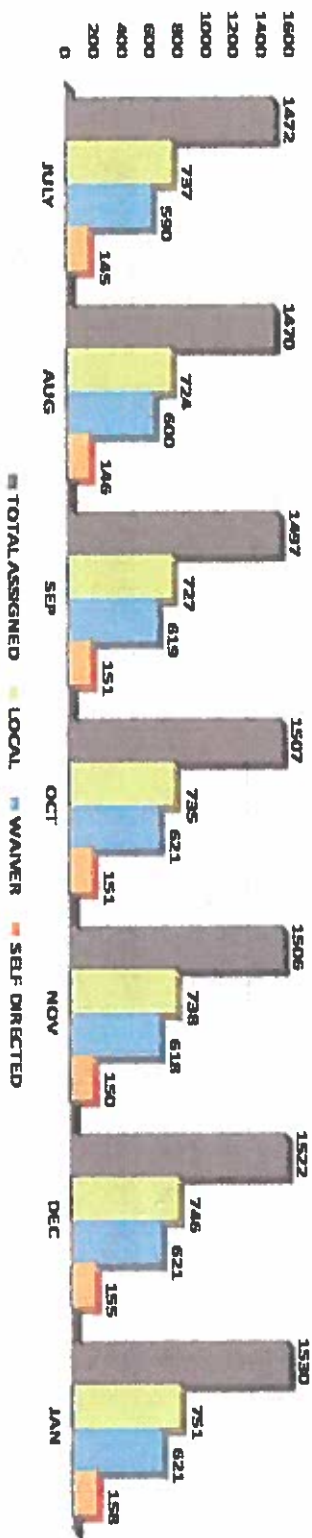


Self-Directed Services

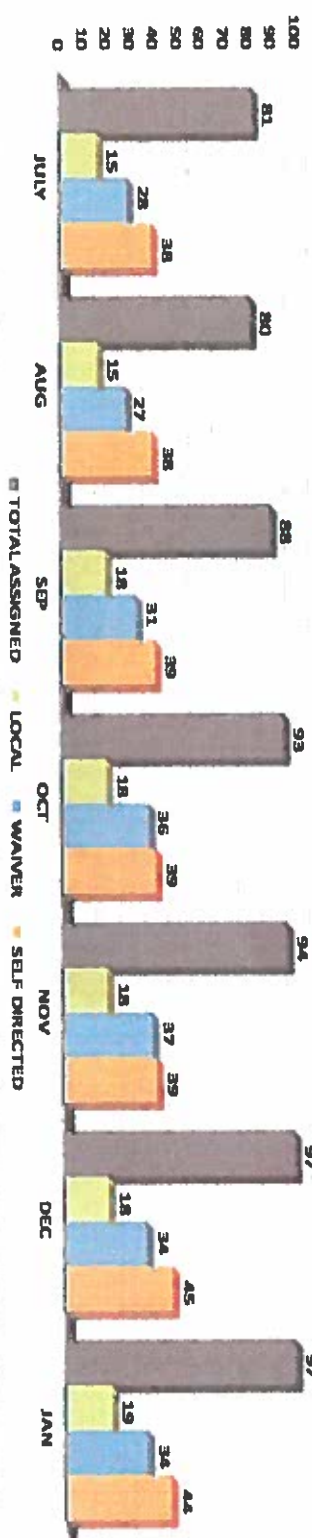
(Expanded and Transfers):
Offers self-designed, customized services to individuals from a menu of options within a specified budget to meet unique needs and challenges.

FY 2019 Numbers Served July – January



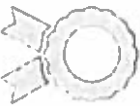

TOTAL NUMBER OF INDIVIDUALS ASSIGNED



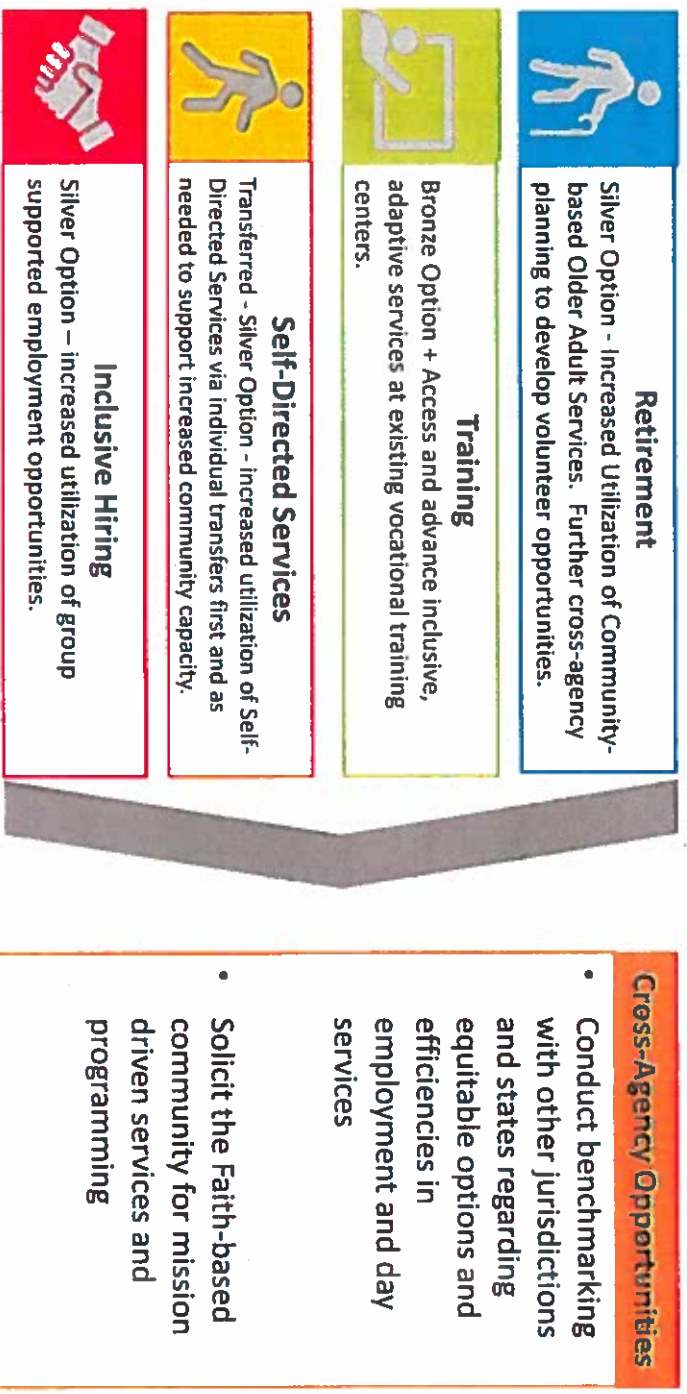
NUMBER OF DD INDIVIDUALS ASSIGNED



WIN Cross-Comparison of All Options: \$\$\$ = Cost Avoidance (\$\$\$) = Additional Cost to County

 1,484 People Served Annually	 Bronze Tier	 Silver Tier	 Gold Tier
Retirement	Senior & ADH Center Drop-In 198 People May Transition/(40 per year) \$2,164,158/(\$432,832 per year)	Senior & ADH Center with Volunteer Options 279 People May Transition/(56 per year) \$1,480,692/(\$296,138 per year)	Silver + Center with Specialized Support 249 Silver + 30 People In Center \$840,983/(\$168,197 per year)
Inclusive Hiring	Marketing to Employers Increases Capacity (\$100,000)	Increase Group Employment & Pilot Small Groups Higher Capacity + 30 People In Smaller Groups/(6 per year) \$53,036/(\$10,607 per year)	Incentivized Growth and Entrepreneurial Incubator Increases Capacity (\$311,000)
Training	6-Month Soft Skills Training Program \$0	Targeted Vocational Training Pilot 48 People per Session (\$575,090)	Vocational Training Center 30 Person Capacity (\$116,100)
Self-Directed – Expanded Can Eliminate Waitlist for Persons with No Waiver	Increase Capacity by 50 to 188 Persons (\$903,300)	Increase Capacity by 100 to 238 Persons (\$1,836,121)	Program Promotion and Enhanced Features (\$1,947,121)
Self-Directed Services – Transfers 138 Individuals Served	Increase Capacity by 50 to 188 People Transfers from Current Programs 50 People/(10 People per year) \$376,904/(\$75,381 per year)	Increase Capacity by 100 to 238 People Transfers from Current Programs 100 People/(20 People per year) \$753,808/(\$150,762 per year)	Program Promotion and Enhanced Features Census Remains at 238 People Served \$643,708/(\$128,742 per year)

What the CSB Will Do: One-Five Year Implementation & Review Plan



CSB Implementation Planning Process

Internal & External Planning & Communication Processes:

- ❖ ***CSB Planning Team meets bi-weekly:***
 - ❖ Employment & Day, Support Coordination & Residential Services Staff
 - ❖ Progress Updates are Provided in Executive Staff Meetings & DD Committee Meetings
- ❖ ***WIN Planning Team/Steering Committee meets as needed***
 - ❖ Members: CSB Board, Family Member/Advocate, Fairfax County Office of Public Private Partnerships, Fairfax County Human Services Council/GMU Dept. Global & Community Health, Fairfax County Public Schools Department of Special Services & Davis Career Education Center, George Mason University Div. Special Education & Disability Research
 - ❖ Progress Updates and Coordination with Guidance from Braddock District Supervisor John C. Cook
- ❖ ***Cross-agency Planning Team meets monthly***
 - ❖ CSB, Neighborhood & Community Services, Health Department, Fairfax County Public Library, Parks & Recreation (Therapeutic Recreation)
- ❖ ***WIN Stakeholders will meet as a full group semi-annually***
 - ❖ CSB will facilitate a meeting and provide a status update on implementation of recommendations
 - ❖ WIN groups will provide updates on interim activity of Employment/Day & Inclusion/Network Groups

CSB Employment and Day Services

A Life Like Yours & Mine

Questions:



Arlington County Department of Parks and Recreation (DPR)

Therapeutic Recreation (TR) Office

Community Services Board (CSB) March 2019

**Come
Play
With Us!**

How to Contact TR

Unit Manager

April Rosenthal, MS, CTRS
703-228-4741
arosenthal@arlingtonva.us

Program Support Coordinator

Mary Barnes
703-228-4740
mbarne@arlingtonva.us

TR Programmers

Alexa Go, CTRS
703-228-4734
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Cat Trovato, MS, CTRS
703-228-4736
Ctrovato@arlingtonva.us

Robyn Mitchell, CTRS
703-228-4731
rmitchell@arlingtonva.us

Office Location

Therapeutic Recreation
Langston-Brown CC
2121 N Culpeper Street
Arlington, VA 22207
Phone: 703-228-4740
E-mail: trinfo@arlingtonva.us
TTY: Relay 711

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Do you like TR? Then please "like" Arlington County Therapeutic Recreation. We post current program information

County-Wide Events- Free!

TR Programmer: Alexa Go

Join us April 13, 2019 from 1-4 p.m. at Alcova Heights Park for the third annual Arlington Palooza, a free outdoor program for all ages with live music, art, games and more.

View the event webpage for details.

<https://parks.arlingtonva.us/arlington-palooza/>

Fun & Fitness

TR Programmer: Robyn Mitchell

Fitness and wellness come together in this Fun and Fitness program for adults with disabilities. Each month we will learn a different sport or try a new fitness class, do a simple healthy cooking activity, and participate in a game or craft focused on wellness. Sign up for one or all events!

Langston-Brown Center

- Spring Into Fitness #304003A Sat., April 13 10am-Noon \$15
- Backyard Splash #304003B Sat., May 11 10am-Noon \$15

Inclusion Supports for Enjoy Arlington Classes

TR Programmer: Cat Trovato and Robyn Mitchell

Modification requests can be made in advance to enable us to plan for the best type of support or assistance. Based on requests, demonstrated need and available resources, we can provide various inclusion support for participants with disabilities enrolled in a general recreation programs offered in the Enjoy Arlington Class Catalogue (EACC). We do not have access to rosters when contractors do their own camp registrations however, we can also offer consulting support for contracted programs offered in the EACC. Please make sure to contact the contractor directly with any modification requests you have and then let us know once you have signed up. With your written permission we can send along any modification support plans we have on file at your request.

Visit our website for more programs and information:

<http://parks.arlingtonva.us/therapeutic-recreation/>

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post our most current program
information.

New Happenings in TR office

- The TR office is currently recruiting for a vacancy for a full-time TR Programmer.

Adapted Classes

TR Programmer: Robyn Mitchell

- Online Registration will open March 20, 2019 for Spring Classes
- Most Spring Classes will start week of April 22!
- Rolling registration available for JCC Social Skills Classes (Lets all Play and Friends classes). Ages 6-12. Call directly to register 703-537-3032 or arlene.lechner@jccnv.org

Family Fun Night Update

TR Programmer: Cat Trovato

This drop-in program for families with members ages 3-17 with disabilities is offered on 1st Fridays of the month October- May (except January). Next Event is April 5 from 6:30-8pm at Langston Brown Community Center. Only \$2.00 per person- cash only please.

This month's theme is **Superheroes!** Come tackle all of these SUPER HERO challenges! Climb THE MOUNTAIN, Escape the spider's web, Learn about animal side-kicks, Design your own cape, Build a city, Complete good deeds, and more!

Social Clubs

TR Programmer: Alexa Go

Each social club offers 2-3 activities per month ranging from social gatherings to community trips, volunteer experiences, performances and more. Please contact the TR Office at TRinfo@arlingtonva.us or 703-228-4740 to schedule an intake interview. Annual Membership Fee: \$45. Trip Fees are additional.

- Teens Going Places (ages 12-17)
- Young Adults Going Places (ages 18-29)
- Adults Going Places (ages 30+)

Want to try before you "buy"?

Call Alexa to make arrangements to attend the next monthly social club meeting and meet our current members to see if it's a good fit.

~TURN OVER FOR MORE PROGRAM OFFERINGS~

Kick Off Meeting for Inclusive Housing Community

Housing options for disabled adults in Northern VA are extremely limited but together we can change this. Join us, the Rockville Main Street team, and the folks at the JCC as we hold our first official meeting to explore Main Street options here in Northern VA. Main Street is a new, long term, affordable, inclusive housing option for adults with special needs with a driving principle of community.

Sunday March 17th from 5-6:30pm
Jewish Community Center of Northern Virginia
8900 Little River Turnpike, Fairfax, VA 2203

Following the meeting let's all join the JCCNV for the CLOSING NIGHT of the ReelAbilities Film Festival. They have graciously offered us a special rate.

SHOELACES

Sunday, March 17, 7pm

A sweet story of love, rejection, and co-dependency between Ruben and his adult special-needs son Gadi, who wants to donate one of his own kidney's to help save his father's life. Learn more, watch the trailer, and buy tickets at <https://reelabilities.org/northernva/film/shoelaces/>

Special Invitation: Attendees of the Main Street meeting who purchase movie tickets before noon on 3/17 receive a group rate of \$3. Enter password **MainStreet** to reveal the special price on the ticketing page. Advanced tickets at the discounted or full price are appreciated, and tickets will be available at the door for \$12. Contact the JCC of Northern Virginia Cultural Arts Staff with questions at 703-537-3000.

