

ARLINGTON COUNTY COMMUNITY SERVICES BOARD

Mental Health Committee

February 27, 2019, 2019

Approved: 3/27/19

Committee Members Present: Judy Deane (Co-chair), Dori Mitchell (Co-chair), John Mitchell, David FitzGerald, Debra Byrd, Steven Gallagher, Betsy Greer, Sam Howlett, Leslie Gosling, Wayne Bert, Tameka Parker, Anne Hermann

Committee Members Absent: Caroline Bragdon, Scott Brannon, John Mitchell, Tamara Theiler, Tom Quinn, John Blount

Others Present: Lila Corey (CRI)

Staff Present: Alan Orenstein, Chinomso Ememe, Sara Thompson

Call to Order: The meeting was called to order at 5:00 pm.

Approval of Minutes: The 1/23/19 minutes were approved with corrections.

Residential and Housing Services Presentations

Ms. Ememe reviewed her presentation which provided a comprehensive MH Residential program overview. She described the contracts for 2 ALFs, 2 group homes, and 4 supported apartments; a 6-bed crisis stabilization residence; 8 transitional housing beds; and two 3-bed townhomes. She noted the required regulatory authority licensing and reviewed the major requirements of the contracts (such as ADA compliance, 365 days of operation, outcome measures, incident reporting, etc.). She described her role as Project Officer, which includes handling invoices, conducting site visits, meeting regularly with vendors, receiving referrals, prioritizing placements, monitoring the residents' needed level of care, receiving monthly progress notes and incident reports, and reviewing reports of periodic case manager visits. She also meets monthly with the CSB's Group Home Committee. She anticipates the initiation of a residential services RFP in the near future. Follow-up: Dr. Orenstein will distribute a copy of the residential services presentation to the membership.

Ms. Thompson presented a comprehensive overview of the Permanent Supported Housing (PSH) program. The County's 2005 Supported d Housing Plan targeted 425 subsidized, scattered site apartments. As of 1/3/19, there were 267 residents with about 87% being MH clients. She described the key characteristics of PSH, such as the client holds the lease and pays up to 30% of their income toward rent with the rest covered by a subsidy, MH outpatient programs continues to provide treatment and clinical supports, and PSH staff provide administrative and housing support. Referrals are made by case managers and PSH screens the referrals for eligibility. Currently, 50 clients are in an eligible pool and another 67 referrals remain to be screened. Many of those in the pool have high housing barriers, such as a criminal background or past evictions. In addition to local and some federal funding, PSH has a contract with the state DBDHS for 44 individuals who are SMI and either homeless or coming out of the state hospital. With respect to overall tenure, Ms. Thompson clarified that 32% remained in PSH more than 5 years, 30% 2-5 years, 25% 1-2 years, and 13% less than 1 year (mostly clients who moved in during the past year). Follow-up: Dr. Orenstein will distribute a copy of the PSH presentation to the membership, as requested.

Outpatient Director's Report:

Dr. Orenstein distributed the updated Committee schedule which now includes presentations by PACT and Clarendon House at the March meeting. He noted, also, that the Committee is scheduled to review applicable interagency agreements at the March meeting, which will go quickly since 2 of the 3 are

multiyear. Finally, he noted that the Committee will begin considering budget priorities for 2021 at the May meeting and we hope to know the final FY20 budget by then.

Chairs' Report:

Ms. Deane summarized the status of DHS budget priorities:

- The first level priority is \$1.6 million in FY20 to fill the budget gap caused by the state's reduction of CSB funding to cover Medicaid Expansion. Part of the amount is one-time funding, pending determination of the actual amount needed in later budgets.
- The second level priorities are: .5 FTE MH Therapist position for ASD/MH co-occurring disorders (added to existing .5 DDS vacancy); 1 FTE for Emergency Services; 1 FTE for SUD OBOT services;
- and a reduction of a .5 FTE vacancy in Clarendon House.

Ms. Deane invited interested Committee members to review CSB operational polices. Dr. Orenstein noted this was being done by Mr. Russell and referred her to him. He also explained that since there were a number of polices, it might be best to distribute the index to determine policies of interest. Follow-up: Dr. Orenstein will distribute the operational policy index to the Committee.

Ms. Geer also indicted interest in procedures staff follow for engaging recalcitrant individuals who are not already in services. Ms. Greer also requested a copy of the young adult data distributed at the last meeting. Follow-up: Dr. Orenstein will determine engagement procedures and inform Ms. Greer. Follow-up: He will also send the young adult services data to Ms. Greer, as requested.

Announcements:

Mr. FitzGerald announced that he was asked by Parisa Tacti, candidate for Commonwealth Attorney, to host a roundtable on mental illness. The date is pending. Mr. Bert asked about the status of mandated outpatient services advocacy. Mr. FitzGerald indicted it was moved into the deliberations of the Deeds Commission.

Adjournment. The Committee adjourned at 6:50 pm.