

**The Arlington Community Services Board  
2120 Washington Blvd  
Arlington, VA 22204**

**Substance Use Disorder Committee Meeting  
Monday, January 28, 2019**

Attendees: Jenette O’Keefe, Suzanne Somerville, Shawn Buckner, Steve Pottmyer, Jim Mack, Paul Kalchbrenner, Bobbie Jaeger, Anne Hermann

Absent: Lonnie Ford, Len Fischer, Grant Furick and Wes Sanchez

The meeting began at 7:00 p.m.

- I. **Introductions** – We had two new interested members: Paul Kalchbrenner and Bobbie Jaeger. Anne Hermann was also visiting the committee. Introductions were given with brief backgrounds shared.
  
- II. **Chairperson’s Report – Jenette O’Keefe**
  - a. Appreciation was expressed to the committee members who have continued to advocate and represent the Committee.
  - b. Jenette gave an overview of the upcoming budget with some assistance from Jim and Anne. The budget does not look good due to short-comings from state and local money. Discussed the budget cycle and reiterated that there may be a request to have members advocate with the county board. Paul talked about the possibility of pursuing funding through the 21<sup>st</sup> Century Cures Act. He will work with staff to follow-up on this.
  - c. The committee discussed the upcoming 50<sup>th</sup> CSB anniversary. There is a save the date for March 27. The celebration will be 50<sup>th</sup> anniversaries for the CSB and DHS and 100<sup>th</sup> anniversary for Public Health in Arlington.
  - d. There was a discussion on how to develop the role of the SUD committee in relation to the new Behavioral Health organizational plan and the Arlington Addiction Recovery Initiative. Steve will be the liaison from the Committee to AARI since he is very involved with both. He agreed to report to the Committee any updates or happenings with AARI.
  - e. There was also a discussion about VHC and the work that the CSB has done to try to expand the MH beds. It was discussed as to whether or not there was a need for more SUD beds. Bobbie indicated that she has had a need through the Employee Assistance Program. There has not been much need through BHD. The one area lacking is access to medical detox. They will mostly only provide medical detox to people using either Benzodiazepines or alcohol. They accept a few insurances but this does not apply to most DHS clients. Phoenix House has expanded their ability to medically detox people and BHD has amended the contract to allow for this.

### **III. DHS Staff Report – Suzanne Somerville**

- a. Updates from programs:
  - Drug Court had a graduation on January 24, three people graduated.
  - Utilization of residential SUD treatment is higher than previous .
  - SUD outpatient teams have expanded numbers of clients.
- b. Beginning a program evaluation for three programs: ACT Unit, OBOT and Drug Court
- c. AARI continues to do outreach and work in subcommittees. A team is going to distribute drug deactivation bags to people through Meals on Wheels on January 31. There is a presentation on Opioids at the Shirlington library on Wednesday, February 6 at 7 p.m.
  - Two more drug take back boxes are going to be installed in the County – from June until the end of December about 1000 pounds of meds have been collected.
  - The number of known opioid overdoses reduced in 2018. There was discussion about this and it was agreed that while this is great news, there is reason to believe that the issue remains critical. Arlington has experienced a significant increase in the number of people in residential treatment. It is hoped that through Revive! Training and the large amount of Narcan being distributed, the number of overdoses will continue to decline. As people seek treatment, there is a need for staff to address this issue so the committee will continue to advocate for additional staff.

### **IV. Committee Members' New Business/Comments/Follow up Discussion**

Discussed the CSB letter that was written in support of SUD housing in the county. The committee members will think of ways to best use this letter to support housing.

**The next meeting will be held on Monday, February 25, at 7:00 p.m. at Sequoia 3, Room 115.**