

**Arlington County Community Services Board
Executive Committee Meeting**

**December 9, 2019
2100 Washington Boulevard - Lower Level Auditorium
Arlington VA 22201**

Present: Jenette O'Keefe, Carol Skelly, Wendy Carria, David FitzGerald

Absent: Dori Mitchell, Anne Hermann, Asha Patton-Smith, Paul Kalchbrenner

Staff: Deborah Warren, Kelly Mauller, John Palmieri

The December 9, 2019 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB O'Keefe at 6:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Auditorium, Arlington, Virginia 22204.

Chair O'Keefe greeted John Palmieri, Behavioral Healthcare Division Chief, and announced that he will be attending the Executive Committee meetings on a regular basis.

Approval of the November 6, 2019 Executive Committee Minutes

Chair O'Keefe called for a motion to approve the November 6, 2019 ACCSB Executive Committee meeting minutes. Mr. FitzGerald motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved with as amended.

CSB Chair Report

- Chair O'Keefe opened a discussion about the CSB Annual Spring Retreat. She proposal holding the retreat on a week day or possibly in place of the April or May full board meeting depending on the focus of the retreat. Ms. Mauller will send a doodle poll to the full board for feedback. The committee discussed improving CSB marketing strategies and outreach as a topic for discussion. The suggested strategies are as follows:
 - Invite a marketing strategist with experience in local government communications to speak about how best to share ideas amongst committees
 - Collaborate with Kurt Larrick, DHS Communications Manager or Bryna Helfer, Assistant County Manager of Communications and Public Engagement, or an individual from the private sector
 - Create working guidance packets for groups to utilize throughout the year
 - Plan Networking with community groups such as Civic Associations, and Churches
 - Create a base powerpoint or video to present to community groups in an effort to increase awareness about CSB services

- Chair O'Keefe asked the committee about CSB Programs that they would like to have highlighted at a future CSB full board meeting. The committee suggested the following:
 - Discussion with Arlington County's Attorney regarding HIPAA
 - Children's Regional Crisis Response (CR2)
 - Affordable housing and availability of housing
 - Collaboration between DHS and the Virginia Hospital Center (VHC)

- Chair O’Keefe reminded the committee that Secret Santa is collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). Group home residents will also receive gift cards. She stated that Target gift cards are preferred in denominations of up to \$25. Cash and check donations are also welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.

CSB Executive Director’s Report

- Ms. Warren provided an update about the County Budget process. She stated that she and DHS Director, Anita Friedman, presented the DHS proposed budget requests to the County Manager on December 6th. She noted that the request for an over-strength position for the Behavioral Health Docket was approved.
- Arlington County’s Public Budget Hearing has not yet been scheduled. Ms. Mauller will contact State Legislative Liaison, Pat Carroll for the date and time of the hearing.
- The Regional Public Hearings on the Governor’s proposed 2020-2022 Biennial State Budget are as follows:

Thursday, January 2, 2020 (Hearing begins at 10:00 a.m.)

- **Northern Virginia** – George Mason University, Hylton Performing Arts Center, Gregory Family Theatre (10960 George Mason Circle, Manassas, VA 20109)
- **Blacksburg** – Virginia Tech, Classroom Building, Room 206 (1455 Perry Street, Blacksburg, VA 24060)

Thursday, January 2, 2020 (Hearings begin at 12:00 noon)

- **Hampton Roads** – Old Dominion University, Virginia Modeling, Analysis and Simulation Center (1030 University Blvd., Suffolk, VA 23435)
- **Richmond** – J. Sargeant Reynolds Parham Road Campus, Workforce and Conference Center (1651 E Parham Rd., Richmond, VA 23228)

The purpose of the hearings is to receive comments on the Governor's proposed 2020-22 biennial state budget. Those persons wishing to speak may register at each hearing site no earlier than one hour prior to the start of the hearing.

Speakers will be taken in the order of registration. Each person may register only one speaker at a time. Speakers are asked to limit their comments to three minutes or less. Speakers representing groups and organizations should consolidate remarks to reduce duplication. Persons unable to attend may comment in writing to either:

Delegate S. Chris Jones
P.O. Box 406
Pocahontas Building
Richmond, Virginia 23218

OR

Senator Thomas K. Norment, Jr.
Senator Emmett W. Hanger, Jr.
P.O. Box 39
Pocahontas Building
Richmond, Virginia 23218

- The CSB members will schedule non-public meetings to discuss their local budget priorities with the County Board Members in March.

- Ms. Warren stated that she spoke with State Legislative Liaison, Pat Carroll about the best time to hold the CSB Annual Legislative Delegation Forum. She said that Ms. Carroll responded that any time is a good time to meet with the legislators but that it becomes more challenging to schedule with them as time becomes closer to the General Assembly Session.
- Ms. Warren provided an update about the Virginia Hospital Center (VHC) expansion. She stated that a meeting was held with the County Manager, Community Planning, Housing and Development (CPHD), and Adrian Stanton, Vice President and Chief Marketing Officer for VHC about VHC not fulfilling their agreement to include an Intensive Outpatient Behavioral Health Services Program in the expansion process. Ms. Warren stated that VHC attested to remaining committed to the development of the program which is set forth in the site plan conditions. She noted that delivery of the Outpatient program will be delayed until after the new outpatient pavilion is constructed. Ms. Warren added that the delay will require site plan amendment and approval from the County Board and that outpatient services will be provided prior to submitting the Certificate of Public Need (COPN). The next quarterly meeting with VHC will be held in January. Ms. Warren will inquire about a VHC liaison to the CSB. It was suggested that the CSB attend public meetings and/or write letters of concern about the conditions of the site plan amendment.
- Ms. Warren provided an update about the new Mental Health Resource Portal on the County website. She stated that Kurt Larrick is continuing to work on the draft portal. Ms. Warren noted that it is County Policy that specific lawyer/attorney/doctor names cannot be added to the County public website, but that links can be added for general website information. Mr. FitzGerald asked that she please determine who the County employee contact is regarding discussion of this policy, and to provide this contact to him so that he can initiate a discussion as to why this policy should be reconsidered. Ms. Warren said she would do so.

Chair O'Keefe referred to page five in the approved November Executive Committee minutes regarding the steps in the process of developing the Portal. She encouraged the members of the different areas of disability to review the process and determine if there are additional resources that could be added.

- Ms. Warren reported about the fire at the Kensington apartments operated by Community Residence, Inc. (CRI). She stated that the apartments sustained substantial damage and that 12 individuals were displaced; 8 of whom are CSB Mental Health clients. She added that renovations have started and will take several months to complete. Ms. Warren stated that DHS is making efforts to provide interim housing to the displaced residents for up to 6 months and noted that all of the residents currently have a form of housing. A meeting with family members, residents, DHS staff and CRI is scheduled for December 11th at the 2120 Washington Boulevard location from 5:30 p.m. to 7:30 p.m. The Secret Santa Program will be utilized to provide support for the residents.
- Ms. Warren reported that the Behavioral Health Docket application is under review by the Office of the Executive Secretary of the Supreme Court.
- Ms. Warren reported that a Self-Directed Services (SDS) Pilot was presented to the County Manager. The pilot was approved. SDS is a model of habilitation services, wherein an adult with a developmental disability, or his/her Authorized Representative (AR), or legal guardian, decides how best to use funds allocated for needed services. SDS allows for an individual

receiving services, or the AR, to have greater responsibility for the management of most aspects of service delivery.

Ms. Warren reported that a meeting, led by CSB member Cherie Takemoto, was held about a Health and Human Services (HHS) Challenge Grant. Challenge grants are funds disbursed by one party (the grant maker), usually a government agency, corporation, foundation or trust (sometimes anonymously), typically to a non-profit entity or educational institution (the grantee) upon completion of the challenge requirement(s). The challenge refers to the actions or results that must be achieved before money is released and usually involves substantial effort, so that the recipients know that they are helping themselves through their own hard work and sacrifice (source: Wikipedia.org). Individuals from Virginia Commonwealth University (VCU), the Virginia Department for Aging and Rehabilitative Services (DARS), Service Source, the CSB, and staff were in attendance. The attendees discussed working with Amazon to develop customized integrated employment.

DHS received approval from the County Manager's Office to support this endeavor with a letter of support on behalf of ServiceSource. In the event that ServiceSource is awarded the Challenge Grant, DHS has agreed to submit referrals for employment opportunities in partnership with Amazon and ServiceSource. At this time, this represents the full extent of DHS involvement with the Challenge Grant. ServiceSource is the lead for the 2019 Health and Human Services Challenge Grant.

- Ms. Warren reported that DHS is continuing to track the RFP process.
- Ms. Warren announced that Allison Land has been appointed as the new State Commissioner for the Department of Behavioral Health and Disability Services (DBHDS).

Ms. Warren announced that DBHDS Deputy Commissioner for Facilities, Daniel Herr, is resigning his position as of December 13th.

Behavioral Healthcare Division Chief Report

- Mr. Palmieri provided an update about Primary Care Screening. He stated that there are two objectives for primary care screenings:
 - 1) any child with serious emotional disturbance or any adult with serious mental illness and receiving targeted case management, will receive a primary care screening annually to include height, weight, BMI and blood pressure
 - The State has created a dashboard to track documentation for progress
 - 2) anyone over the age of 3 who is prescribed antipsychotic medication by a CSB prescriber, will be screened and monitored for metabolic syndrome using the following guidelines:
 - Screened quarterly for weight height BMI and blood pressure
 - Screened annually for blood pressure, random glucose and lipids
 - Referral for any abnormalities

Mr. FitzGerald asked what action would be taken if an individual's metabolic screening resulted in an unhealthy outcome. Mr. Palmieri responded that three actions would take place:

- The person would be referred to a primary care doctor, if they do not already have one
- If BMI is elevated, the nurse is required to provide a BMI plan form to develop a plan with the individual to make changes to diet, join a healthy living program, etc.

- The prescriber will determine other options for medication that does not have as significant of a metabolic side-effect profile

Ms. Skelly asked if individuals are only required to receive an initial primary care screening if they are receiving medication prescribed by the CSB psychiatrist. Mr. Palmieri responded that the State definition of primary care screening is that the height, weight and blood pressure screening is required for all individuals who receive targeted case management services for a mental health condition. This includes individuals with a developmental disability.

- Mr. Palmieri provided an update about the Genoa on-site Pharmacy that is under construction at the 2120 Washington Boulevard building on the first floor. He noted that Genoa has a pharmacy in Fairfax as well. He stated that having an on-site pharmacy provides an advantage for clients from a coordinated care viewpoint. Mr. Palmieri reported that the Pharmacy Technician for Genoa has started assisting with pharmacy functions and staff are assisting in transitioning clients who receive injectable medications. He noted that the clients are not required to utilize Genoa's services.

Mr. FitzGerald asked if it is possible for individuals under a Mandatory Outpatient Treatment (MOT) plan to be required to utilize Genoa to increase adherence to taking medication. Mr. Palmieri responded that it is possible but is not currently a part of the pharmacy structure.

Mr. FitzGerald asked when the pharmacy will begin operations. Mr. Palmieri responded that the goal is to have a fully functioning pharmacy in January.

Mr. FitzGerald asked if there are restrictions on stocking medications that can be dispensed. Mr. Palmieri responded that there are no restrictions on the amount of medications that can be stocked or dispensed, and that the pharmacy will be fully licensed.

Mr. FitzGerald asked how long the Genoa pharmacy in Fairfax has been operating and if Fairfax provided Arlington any feedback about operations. Mr. Palmieri responded that the Fairfax pharmacy has been operating for approximately five years and that Arlington received positive feedback from them about Genoa.

Ms. Carria asked if Neighborhood Health is housed within the Behavioral Healthcare Division. Mr. Palmieri responded that Neighborhood Health is located on the 3rd floor of the 2120 Washington Boulevard building and operates five days per week.

Additional Information

- Chair O'Keefe asked the committee for any additional information.
- Mr. FitzGerald expressed his appreciation for the work of the legislators and commissions and also for Mr. Palmieri's efforts to improve services within the Behavioral Healthcare Division.
- Ms. Warren stated that her performance review is due and asked the members to feel free to provide input about her role as the CSB Executive Director to DHS Director, Anita Friedman.

Upcoming Items for CSB Full Board Meeting on December 18, 2019

- Lauren Maxey, Assistant County Attorney, will present about FOIA. The original presentation was provided at the Advisory Commissions Forum.

- The Committee chairs will provide an update about the work of their committee. Chair O'Keefe asked the committee chairs to notify her or Ms. Mauller if they will not be able to attend to present.
- Chair O'Keefe will ask for any updates and Information.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair O'Keefe at 7:40 p.m.

Respectfully submitted by Kelly Mauller.

Upcoming Committee Meetings

Mental Health -Wednesday December 11th, 2120 Building, Room 322 - 6:00 - 8:00

Substance Use -Monday December 30th, 2120 Building, Room 115 - 7:00 - 9:00

Child and Youth -Wednesday December 18th, 2120 Building, Room 322 - 6:00 - 8:00

Developmental Disabilities -Wednesday January 8th, 2100 Building, lower level - 6:30 - 8:30

Upcoming Events

December 25th - County closed to observe Christmas Day holiday

VACSB Conferences & Trainings

2019/2020 Events

- Legislative Conference - January 21-22, 2020 The Richmond Marriott
- Development & Training Conference May 6-8, 2020 the Williamsburg Lodge
- Public Policy Conference October 7-9, 2020 Hotel Roanoke and Conference Center