

**Arlington County Community Services Board
Executive Committee Meeting**

**October 14, 2019
2100 Washington Boulevard - Room A
Arlington VA 22201**

Present: Jenette O'Keefe, Carol Skelly, Dori Mitchell, Paul Kalchbrenner, Anne Hermann, Wendy Carria

Absent: Steven Gallagher, Jim Mack, David FitzGerald, Asha Patton-Smith

Staff: Ollie Russell, Kelly Mauller, Deborah Warren

The October 14, 2019 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by CSB Chair Jenette O'Keefe at 6:00 p.m. The meeting was held at 2100 Washington Boulevard, Lower Level Room A, Arlington, Virginia 22204.

Approval of the August 12, 2019 Executive Committee Minutes

Chair O'Keefe called for a motion to approve the August 12, 2019 ACCSB Executive Committee meeting minutes. Ms. Mitchell motioned to approve the minutes, Ms. Carria seconded the motion, and the minutes were approved as amended.

Per the September minutes, the committee discussed navigating negativity. Ms. Skelly suggested holding a separate meeting to discuss this topic.

The September minutes state that the Police Department is going to conduct a safety evaluation at the Community Integration Center (CIC). Ms. Warren provided an update about the evaluation. She reported that an internal policy and procedure has been developed and that permission was granted to install security cameras at the CIC.

Approval of the September 9, 2019 Executive Committee Minutes

Chair O'Keefe called for a motion to approve the September 9, 2019 ACCSB Executive Committee meeting minutes. Ms. Mitchell motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved as amended.

CSB Budget Priorities

The committee chairs presented the proposed FY21 local budget priorities on behalf of their committees.

Mental Health (MH) Committee

- **Permanent 1.0 FTE Young Adult Therapist**
 - Continuation of the currently temporary position as a permanent MH Specialist II position to maintain proper caseload size and service intensity
 - Young adult caseload has increased 53% in the last 5 years (from 60 to 102)
 - Will allow for maintaining a caseload average of about 26:1
 - Impact of not obtaining the position as permanent will return caseloads to a high and insufficient level 34:1

- 1.0 FTE Forensic Jail Diversion
 - Will increase diversion efforts for Seriously Mentally Ill (SMI)/DD individuals at the Arlington County Detention Facility (ACDF) by fully establishing a Bond Diversion Program and Court Based services
 - An application for an Arlington County Mental Health Docket is currently being completed. It is anticipated that the Mental Health Docket will commence in early September 2019. This places an added demand both logistically and clinically to the forensic team
- 1.0 FTE Senior Adult Mental Health Therapist
 - Population is older adults, 60 years of age and over, with serious mental illness and/or dementia with disruptive behaviors. Caseload increase due to 69.2% increase in the over 65 population in Northern Virginia since 2010
 - Active clients age 60 and above who are receiving treatment in the Behavioral Healthcare Division will increase to 211 this year

Substance Use Disorder (SUD) Committee

- No monetary requests, at this time.
DHS received federal State Opioid Response (SOR) grant funding and increased funding from StepVA to support a position for SUD services.

Developmental Disability (DD) Committee

- 3.0 FTEs: 2 Additional Support Coordinators and 1 Program Manager
 - Since receiving 2FTEs in FY17, caseloads for Support Coordinators has continued to rise – data for average caseloads was obtained from the FY20 proposed County Manager’s budget
 - FY20 data shows that caseloads are at the same or close to the same level as before adding the 2 FTEs
- Support of additional funding in the County’s base-line (FY21) budget for expansion of DDs Day Support programming in the County for FY20 Graduates (and beyond)
 - Currently 17 students in Arlington Public Schools (transitioning to adult services); 6 of the 17, due to high medical and/or behavioral support needs, will need day support placement as opposed to employments as the post-IDEA option
 - Anticipation of additional 2-3 students transitioning from contract day schools
 - Currently 0 capacity for Arlington’s Habilitation programs; MVLE cleaning crew group supported employment also at capacity

Children and Youth (CY) Committee

- 1.0 FTE Family Support Partner (Peer Specialist Position)
 - Children’s Behavioral Health has been trained and plans to implement Intensive Care Coordination, following the Hugh Fidelity Wraparound Model to fully maximize clients experience and effectiveness of the model, a FSP is necessary to support the parent and family work.
 - Position can be utilized as a peer (part of step-VA) to support other families receiving behavioral health services

VACSB budget priorities

Ms. Warren presented the VACSB draft budget priorities for the 2020-2022 biennium budget.

- Restore to the base budget state general fund dollars taken from CSBs as a result of Medicaid expansion

- Provide the remaining funds needed for the Outpatient Services step of StepVA
- Increase the reimbursement rate for Medicaid Early Intervention Case Management to its data determined adequacy
- Funding to eliminate the “priority one” waiting list for DD waiver slots
- Funding to create a student loan repayment program specifically for behavioral health providers

Ms. Skelly asked why a request for additional state psychiatric hospital beds was not included in the VACSB budget requests. Ms. Warren responded that an additional 56 beds have been included in the state budget.

November Legislative Delegation Forum

Chair O’Keefe reminded the members that the CSB Annual Legislative Delegation Forum with Arlington’s legislators will be held on November 6, 2019 at 2100 Washington Boulevard in the lower level auditorium during the first hour of the CSB Executive Committee meeting. The Committee Chairs will present.

Update on County Budget

Ms. Warren stated that the base budget for FY21 is due to the Department of Management and Finance by October 25th. The County Manager will release the County budget in February.

CSB Executive Director’s Report

Ms. Warren provided a review of the current status of all CSB related RFPs (refer to handout).

- Residential Services (Group Homes and ALF) – Posted 8-28-19/Closed 10-31-19/SAC TBD
- Regional Crisis Stabilization Units – Posted 8-12-19/Closed 9-25-19/SAC 9-27-19
- Regional Crisis Stabilization Program for Children (CR2) – Posted 5-16-19/Closed 6-18-19/SAC 7-29-19 – The contract was awarded to The National Counseling Group for five years
- Northern Virginia Detention Center (a study) – Posted 12-14-18/Closed 2-15-19/SAC March-May 2019
- Irving Street Planning and Design – Posted 7-2-19/Closed 7-25-19 SAC 8-16-19 – The design firm, Architecture Inc., was chosen as the vendor
- Substance Use Crisis Residential Treatment – Posts 3rd week October/Closes 2nd week December/SAC TBD
- Skills Building Services – Posts 1st week December/Closes 2nd week January/SAC TBD
- Substance Use Disorder Residential Treatment – Posted 8-12-19/Closed 10-8-19/SAC 10-15-19
- Psychology Evaluations – Posted 9-26-19/Closed 10-14-19/SAC 10-14-19

Ms. Mitchell asked if The National Counseling Group is a new vendor or a continuation with the existing vendor for the CR2 RFP. Ms. Warren responded that The National Counseling Group is the previous vendor.

Ms. Mitchell asked about the Irving Street RFP. Ms. Skelly responded that Irving Street is a group home for individuals with a developmental disability. Ms. Warren responded that DHS received funding from the Department of Behavioral Health and Developmental Services (DBHDS) to completely rebuild a group home on Irving Street on the condition that individuals from Central State Training Center would be accepted.

Ms. Skelly asked if there are any remaining contracts that have expired but are on a month to month basis. Ms. Warren responded that she will inquire with purchasing.

Ms. Hermann asked if RPC is the facility located on Columbia Pike. Ms. Warren responded that Ms. Hermann is correct.

- Ms. Warren presented a status report about the draft Behavioral Health Docket. She announced that the signatories of the docket have a closed work session scheduled on October 18th to discuss a pre-plea option (the original proposal was post-plea only). She added that the draft application is expected to be finalized in the fall and then another public forum will be held.

Ms. Warren directed the committee to the Sequential Intercept Models (SIM) for jail diversion (Refer to handouts). SIM model A represents staff needed. SIM model B represents existing staff.

- Ms. Warren reported about the VACSB Public Policy Conference held on October 2nd through the 4th. She noted that former CSB Executive Director, Cindy Kemp, was the keynote speaker. Ms. Warren stated that Secretary Carey and Senator Creigh Deeds also presented. She announced that Karen Kimsey was appointed as the new Director of The Virginia Department of Medical Services (DMAS) and that Mira Singer was appointed as Acting State Commissioner.
- Ms. Warren provided an update about STEP-VA. Step VA is the regulations going forward to strengthen the entire CSB system so that there is more consistency in services across the State. Ms. Warren is a member of the STAC Advisory Council.

Ms. Warren reported that the regional CSBs submitted a comprehensive plan to the VACSB specifically for trauma training. She noted that DHS received \$269,000 in funding from DBHDS, which can be utilized now.

Ms. Warren reported that (STAC) is developing a regional plan to integrate behavioral health and developmental disability Mobile Crisis Services, per the State vision of having services that are lifespan, from zero through older adults, and cross disability. The plan would expand CR2 to include services for adults and would intersect with Emergency Services. She added that CR2 added an individual to their call center. Ms. Warren stated that the goal is to have a regional call number for mobile crisis stabilization services.

- Ms. Warren reported about the Draft Behavioral Health Assessment & Behavioral Health Equity Index. She noted that the Arlington CSB was the pilot assessment which occurred on June 25th and 26th. She added that interviews were conducted with the Chair and the Executive Director of the CSB, individual staff, and a focus group of clients and staff. The assessment was focused on mental health and substance use disorder treatment services. Ms. Warren stated that the assessment report contained many inaccuracies and mostly general information. She has requested time to rework the assessment.

Ms. Warren stated that the Behavioral Health Equity Assessment will be conducted by VCU by the end of the year.

- Ms. Warren provided an update about the implementation of Welligent, the new DHS Electronic Health Record system. She stated that Welligent was selected through the RFP process for a new EHR. She noted that the Arlington, Henrico and Virginia Beach CSBs met with Welligent in September and that another meeting has been scheduled this month to receive a progress report.

Ms. Warren stated that she has requested a timeline for implementation of Welligent by October 18th.

Mr. Russell stated that the processes for each program are complicated but that mapping the business processes is instrumental to find efficiencies. He added that mapping to billing is critical to the functionality of the system.

Ms. Mitchell asked which EHR is currently in place. Ms. Warren responded that Cerner is the current EHR.

Ms. Skelly asked about the amount of information that is included within the reports that are produced? Ms. Warren responded that a lot of information can be produced.

Prevention of Sexual Abuse in Developmental Disability (DD) Programs

Ms. Skelly provided the background for bringing this concern forward. She referenced the incident of sexual abuse at Mount Vernon Lee Enterprises (MVLE), where 2 female clients with a developmental disability were raped, resulting in pregnancies, by a member of the staff. She added, that at that time, information was not shared with the Arlington CSB due to the ongoing criminal investigation. Since then, the suspect has pleaded guilty to both incidents. The Fairfax CSB is the lead agency on this issue because they administer the regional day and vocational program contract.

Ms. Skelly stated that the DD Committee is attempting to determine what type of systemic protection(s) are in place, if any, to prevent this type of incident from occurring again. She reported that she is working with CSB member Lynne Kozma. Ms. Skelly stated that she contacted her counterpart on the DD committee in Fairfax to discuss any progress in improvements to prevention efforts at MVLE. Ms. Skelly further stated that, if the CSB decided to pursue State legislative action, they should begin having conversations with Arlington's Legislators.

Ms. Skelly distributed and reviewed a handout with questions and concerns from the DD Committee about sexual abuse prevention for Northern Virginia DD programs, which included three areas of concern: (1) background checks; (2) training for individuals with DD; and (3) training for service program staff. She would like assistance in further investigating these areas in time to request any legislation deemed necessary to alleviate gaps in the current system. She noted that, if the CSB were to approach the legislators, it may be best to request legislation for national fingerprint background checks.

Ms. Warren stated that, in Arlington, if the CSB wants to bring forward a legislative proposal, the proposal would need to be vetted by CSB County Attorney Liaison, Pat Carroll, and to the County Board. Ms. Skelly stated that, in the past, Ms. Carroll has not been concerned with CSB members' legislative advocacy at this level of detail and has left it to the disability advocates to pursue these issues. Also, Delegate Patrick Hope stated at the last CSB retreat that he preferred for CSB members to bring issues forward and let him and his staff work on the development of legislative proposals to address them.

Background Checks

- Conduct FBI Statewide or national fingerprint checks – Does this check reveal all charges against a person or convictions only
- Child Protective Registry (CPR) – no such registry exists for vulnerable adults identified by Adult Protective Services
- Utilize the nation sex offender registry

- Utilize fee or subscription service checks by private companies – includes both criminal charges and convictions, the national sex offender registry and verifies educational background
- Is there 3rd party oversight to ensure providers are completing background checks as required

Leadership, Empowerment, and Abuse Prevention (LEAP) training for clients

- Trains clients with developmental disabilities to recognize and report inappropriate or unwanted sexual advances
- Training module being implemented at MVLE by VCU trainers – not all clients have completed the training

Staff Training

- VCU offers a 1-day “Realizing, Recognizing and Responding to Abuse and Neglect of Adults with Disabilities” training
- Approximately 100 Fairfax CSB staff have received the training
- Direct care staff would benefit from the training because they are in the best position to observe and report signs of possible abuse

Chair O’Keefe asked how the CSB can support the DD committee. Ms. Skelly responded that it would be helpful to verify the information that she presented and to inquire about what steps the Fairfax CSB has taken towards prevention of abuse.

Ms. Mitchell asked if the CSB office, through their contract, has requirements for continuing education, or annual staff reviews of certain subject matter. Ms. Warren responded that it depends on the contract. Ms. Warren added that research should be completed around some of the items presented by Ms. Skelly. The committee discussed training for staff and clients. Ms. Warren will contact the Department of Behavioral Health and Developmental Services about who provides oversight for the providers.

Miscellaneous Information

Due to time constraints, the committee schedules were not discussed.

Upcoming Items for CSB Full Board Meeting on October 23, 2019

- There will be several staff recognition awards presented during the October 23rd full board meeting.
 - Arlington Partnership for Children, Youth and Families - Chair Sheila Fleischhacker, Vice Chair Bart Devon, Past Chair Anne O’Brien - Kim Durand, Child and Family Services Division
 - DHS Staff – Anita Friedman, Lauri Brown, Elizabeth Davis, Lauren Townsend, Jennifer McKinney Acheson, Elizabeth Cannon
 - DES Staff – Greg Emmanuel, James Menditto, Javier Valenzuela, Larry Washington, Greg Anthony
- The Committee chairs will provide an update about the work of their committee.
- Chair O’Keefe will ask for any updates and Information.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair O’Keefe at 8:15 p.m.

Respectfully submitted by Kelly Mauller.

Upcoming Committee Meetings

Mental Health -Wednesday October 23rd, 2120 Building, Room 322 - 6:00 - 8:00

Substance Use -Monday October 28th, 1425 Courthouse Road, ACT Unit Site Tour - 5:00

Child and Youth -Wednesday October 23rd, 2100 Building, Lower level B, 6:00 - 7:00

Developmental Disabilities -Wednesday November 13th, 2100 Building, lower level - 6:30 - 8:30

Upcoming Events

October 15, 2019 - Suicide Prevention Month Event - "The Ripple Effect", Shirlington Library, 4200 Campbell Ave, Arlington

October 26, 2019 - Housing Forum - Housing Options for Individuals with Developmental Disabilities - 2100 Washington Boulevard, lower level auditorium - 8:45 a.m. - 12:30 p.m. (this is a Saturday)

October 29, 2019 - CSB New and Current Member Orientation, 2120 Building, Room 112, 6:00 - 8:00

October 31, 2019 - SPAN conference: Promoting Wellness and Preventing Suicide in Northern Virginia at Inova Fairfax Hospital - this event is sold out

November 6, 2019 - CSB Legislative Delegation Forum - 2100 Washington Boulevard, lower level auditorium, 6:00 p.m. to 7:00 p.m.

VACSB Conferences & Trainings

2019/2020 Events

- Legislative Conference - January 21-22, 2020 The Richmond Marriott
- Development & Training Conference May 6-8, 2020 The Williamsburg Lodge
- Public Policy Conference October 7-9, 2020 Hotel Roanoke and Conference Center