



## The Arlington Community Services Board

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**Jenette O’Keefe**  
ACCSB Chair

September 18, 2019  
2100 Washington Blvd.  
Lower Level Auditorium  
Arlington, Virginia  
7:00 pm – Full Board Meeting

**Deborah Warren**  
DHS Deputy Director/  
CSB Executive Director

**Present:** Anne Hermann, David FitzGerald, Steve Gallagher, Jenette O’Keefe, Lynne Kozma, Asha Patton-Smith, Sherry Coles, Dori Mitchell, Wendy Carria, Jim Mack, Bob Carolla, Cherie Takemoto, Gretchen Foster, Carol Skelly

**Excused:** Paul Kalchbrenner, Steve Taphorn, Joanne Del Toro, Frank Haltiwanger

**Staff:** Kelly Mauller, Deborah Warren, Ollie Russell

### **Welcome and Opening Statements**

Chair O’Keefe welcomed the members. She introduced Suzanne Joy, who attended to observe the meeting.

### **Public Comment(s)**

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

There was no public comment.

### **Presentation: RED & the Detention Center Study**

Ms. Warren introduced Earl Conklin, Court Services Unit Director. Mr. Conklin presented about the cost-benefit study of the use of the Northern Virginia Regional Juvenile Detention Center (NVJDC). Mr. Conklin stated that the Court Services Unit works with youth and their families. He added that the Unit also works with juvenile domestic violence relations services. Mr. Conklin stated that the study is designed to look at how services should be delivered when youth are placed in detention. He added that NVJDC is operated by Arlington County and the Cities of Alexandria and Falls Church through the Northern Virginia Juvenile Detention Commission. Mr. Conklin noted that the Commission’s powers include establishing a budget, employing staff, setting regulations, acquiring property and undertaking construction.

Mr. Conklin stated that a vital component of the study includes opportunities for the stakeholders, including the public in each of the three participating jurisdictions, to provide input to inform the study and receive debriefings about the study’s recommendations. The community engagement plan will offer stakeholder groups opportunities to learn about the issues and provide input. He added that the Arlington CSB will be

able to provide input to the study and will be able to participate in a survey. He noted that the context for consideration is quality of services, equity, and family engagement. Stakeholder groups will include:

- County Board and City Councils
- Youth and parents
- Organizations involved in youth advocacy and service provision
- Juvenile justice systems
- Law enforcement
- Community Service Boards
- Public school systems
- Departments of social service

Mr. Conklin provided an overview of the services provided by NVJDC. They are as follows:

- Pre-dispositional detention – youth awaiting trial or sentencing
- Post-dispositional detention – youth may be sentenced up to 30 days in detention for a misdemeanor or up to 180 days for a felony
- Basic services – secure housing, supervision, medical care, transportation, education, psycho-educational groups and programming, food service, recreation, volunteer programming, parental visitation, and behavioral health services
- Educational services – provided through the City of Alexandria public schools
- Virginia Department of Juvenile Justice services – Centralized Assessment Program and a Community Placement Program for up to eight girls

Mr. Conklin stated that NVJDC has capacity for 70 youth. He noted that utilization by all jurisdictions has steadily declined over the last decade with a reduction of over 70% between FY06 and FY19. He reported that the decline in utilization is related to several positive community trends.

- Decrease in juvenile crime and increased jail diversion
- Increased use of alternatives to secure detention
- Structured detention assessment instrument

Mr. Conklin provided the scope of the NVJDC study. He stated that the NVJDC study will provide the following information and analysis:

- Historical review and compilation of documents related to the center's structure, operation and ownership/control of assets
- Analysis of national, state and local best practices related to juvenile justice and incarceration and evidence-based, cost-efficient detention programming
- Analysis of existing Center operations and potential efficiencies
- Evaluation of the potential for further regionalization of juvenile detention services (e.g. with existing jurisdictions and Fairfax County)
- Provision of a comparative financial and service delivery analysis of the two proposed options: continued operation of the center by existing jurisdictions, versus further regionalization
- Recommendations and full report

Mr. FitzGerald asked if Parisa Dehghani-Tafti, who is running unopposed for Arlington Commonwealth Attorney was invited to participate in the study. Mr. Conklin responded that she will participate.

Ms. Mitchell asked if a date has been scheduled for the public meeting in Arlington. Mr. Conklin responded that a date has not yet been scheduled.

Mr. Carolla asked if there are specific groups that the commission will reach out to. Mr. Conklin responded that he does not have the full list with him this evening but is working with the communication offices in Arlington, the City of Alexandria and Falls Church.

Chair O'Keefe asked when the surveys will be available. Mr. Conklin responded that the survey will be available on the City of Alexandria's website and will include a link to Arlington's website.

Ms. Warren provided an overview of the Racial Equity Disparity (RED) initiative. She reported that several CSB staff attended a course in Georgetown last year to receive training on how to reduce racial and ethnic disproportionality. Ms. Warren stated that, in order to become a member of the Center of Juvenile Justice Reform, Arlington was required to develop a Capstone Proposal. Arlington's Capstone Proposal was accepted. Ms. Warren stated that Arlington developed a proposal to reduce the frequency and disproportionality in technical probation violations.

Mr. Conklin stated that probation is supervision. He added that probation violations lead to deeper penetration into the criminal justice system, for example; violations can lead to placement in detention and to new sanctions/charges. Mr. Conklin reported that NVJDC adopted a goal of a 5:1 ratio of incentives to sanctions for probation staff to follow. The purpose of the initiative is to reduce probation violations from carrying sanctions by requiring youth to maintain a 5:1 ratio of incentives to sanctions. He stated that, with DHS assistance in funding, and a match in funding from NVJDC, gift cards, sodas, treats, etc. were purchased. Mr. Conklin stated that the premise is for a probation officer to reward youth for positive behavior, as opposed to focusing on negative behavior. Mr. Conklin provided an example:

\*A youth refuses to attend school, but then attends two days in one week. The focus is not on the three missed days, but on the two days that the youth attended. The probation officer tells the youth that attending two days is good and that he/she is moving in the right direction. The probation officer rewards the behavior, even if the recognition is only verbal, or the youth will be offered a tangible reward.

Mr. Conklin stated that a second approach was to determine alternatives to filing probation violations. For instance, a youth may be rewarded with a gift card for graduating, completing an anger management program, good grades on a report card, completing community service, etc.

Mr. Conklin stated that NVJDC received RED training specifically set in the context of the Juvenile Justice Court System.

Chair O'Keefe thanked Mr. Conklin for presenting.

### **Overview: State Performance Contract**

Ollie Russell, Assistant Behavioral Healthcare Division Chief, and Rudbel Alfaro, Behavioral Healthcare Administrative Officer, provided an updated overview of the CSB State Performance Contract. Mr. Russell stated that the performance contract is the vehicle through with the Department of Behavioral Health and Disability Services (DBHDS) gauges the utilization of the capacity and program demand offered by each CSB. He added that the Performance Contract is an alignment between services and funding. Mr. Russell asked the members to send any questions to Ms. Mauller.

Mr. Russell stated that the Performance Contract is divided into four program areas. He provided a cost comparison between FY18 and FY19 for each program. The programs are as follows:

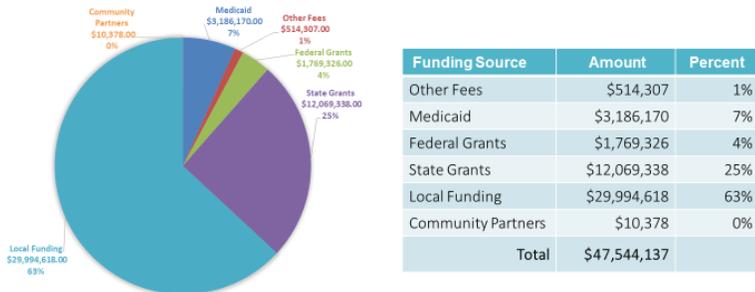
- Mental Health Services
- Developmental Disability Services
- Substance Use Disorder Services

- Emergency and Ancillary Services (intake and assessment, emergency services, peer recovery services, homeless services)

Mr. Alfaro provided an overview of funding for each CSB program. He reminded the members to send any questions to Ms. Mauller.

Total funding for FY19

CSB Financing FY 2019



Approval of the July 17, 2019 ACCSB Meeting Minutes

Chair O’Keefe called for a motion to approve the July 17, 2019 ACCSB Full Board meeting minutes. Ms. Hermann motioned to approve the minutes, Mr. Mack seconded the motion, and the minutes were approved as amended.

Executive Director’s Report

- Ms. Warren provided an update about StepVA. Step VA is the regulations going forward to strengthen the entire CSB system so that there is more consistency in services across the State. Ms. Warren is a member of the STAC Advisory Council. She reported that the StepVa Advisory Council (STAC) is currently focused on defining Mobile Crisis Services for children. She added that STAC is developing a plan to integrate these services and that the plan is due to the State by October 16<sup>th</sup>. Ms. Warren stated that the State will distribute \$5.8 million in funding based on the plans that are submitted. She noted that STAC created a work group to develop mental health services for military service members and veterans and their families. The work group is also working to enhance peer support services and develop parent partner services.
- Ms. Warren reported that the signatories of the Mental Health Docket held an internal work session on September 5<sup>th</sup> to identify areas of concern around the elements of the docket application. She added that the signatories discussed including a pre-plea option (The original application only included a post-plea option). She stated that the signatories also discussed the volume for a pre and post plea docket, similarities and differences with the Mental Health Docket in Fairfax, the pros and cons about the due process waivers, and the ability to manage pre-trial obligations related to risk assessment for the ability for an individual to be successful with the pre-plea and the monitoring of clients. She noted that the signatories agreed to convene another meeting tentatively in October. CSB Board member, Gretchen Foster, is on the committee representing the Sheriff’s Office. Ms. Warren stated that she and Anita Friedman, DHS Director, met with the Commonwealth Attorney Candidate Parisa Dehghani-Tafti and provided her a tour of the DHS complex.

- Mr. Carolla asked Ms. Foster if Newport News has a Mental Health Docket. Ms. Foster responded that Newport News has a Mental Health Docket but that she has not had a chance to review their procedures. She noted that the Mental Health Docket in Fairfax was implemented in July of this year. It was noted that Loudoun County also has a Mental Health Docket.
- Ms. Takemoto asked if there was any discussion about procedures for individuals with a developmental disability and autism, as a primary diagnosis, but without mental illness. Ms. Warren responded that the signatories did not discuss this population.

Ms. Skelly asked if there will be an opportunity for discussion about this population. Ms. Warren responded that there will be an opportunity for discussion in the future.

Ms. Mauller will email a link to the comments that were submitted about the Mental Health Docket to the members.

- Ms. Warren announced that Leslie Weisman, Emergency Services Bureau Chief, has retired. She noted that DHS received input from the Arlington Mental Health and Disability Alliance (AMHDA) and other stakeholders for consideration in revising the description of the program and that the position has been posted.

She further announced that Jeanne Booth, Aging and Disability Services Division Chief has retired. Ms. Booth accepted a professor position with George Mason University. Ms. Warren will act as interim Division Chief.

- Ms. Warren reported about the progress of the group home RFPs.
  - The Group Home RFP was posted on August 28<sup>th</sup> and will close on October 31<sup>st</sup>. The CSB Chair can appoint a member of the CSB board to the Selection Advisory Committee (SAC) to review the proposals. The committee agreed that the appointee should be a member of the Group Home Committee.
  - The three RFPs in the region were combined to create one RFP for the Regional Crisis Stabilization Units, which includes ACCESS in Arlington. The RFP was posted by the procurement office in Prince William County on August 12<sup>th</sup> and will close on September 25<sup>th</sup>. The SAC is scheduled to meet on September 27<sup>th</sup>.
  - The Regional Crisis Stabilization Program (CR2) RFP, which is a regional project, was awarded to the current vendor, The National Counseling Group. The contract was renewed for five years and may be amended as StepVA moves forward.
  - The Northern Virginia Detention Center RFP was posted by the procurement office in Alexandria. The RFP is regional. Ms. Warren was a member of the SAC for the RFP. The RFP is for a study of the Northern Virginia Detention Center to review utilization and best practices of the detention center.

### **Chairman's Report**

Due to time restraints, the Chairman's report was not provided.

### **Miscellaneous Updates/Information**

The committee Chairs provided two-minute updates about their current work.

#### **Substance Use Disorder (SUD) Committee**

Chair O'Keefe announced that Paul Kalchbrenner has agreed to Chair the SUD committee. Mr. Kalchbrenner provided an overview of his personal and professional background. Mr. Kalchbrenner reported that the

committee is discussing improving community outreach, improving regional cooperation by combining and coordinating resources, with a focus on treatment and recovery resources, and expanding committee membership.

#### Child and Youth (CY) Committee

Ms. Warren distributed suicide prevention month fliers. She reported that DHS received a \$50,000 State Opioid Response (SOR) Grant. The funds were used to post suicide prevention banners on 27 ARTS buses for six months and 28 banners will be displayed at sports fields throughout Arlington. She noted that other prevention items were purchased as well.

#### Mental Health (MH) Committee

Ms. Mitchell reported that the MH committee is discussing gaps in aftercare services for individuals discharged from the Virginia Hospital Center (VHC). The committee also determined their budget priorities, set the committee's agenda for next year and is formulating a list of resources for the County public website. A We Care Dinner will be held next week at the Kensington Apartments group home. The Group Home sub-committee will meet next week to review the wait list for group homes. The Mental Health committee is scheduled to tour the Clarendon House Psychosocial Day Program on October 23<sup>rd</sup>.

#### Developmental Disabilities (DD) committee

Ms. Skelly reported that the DD committee discussed and voted on two recommendations, related to the budget, to address needs related to the increasing number of DD clients being served. The number of total clients has increased by 25% over the past 5 years. The first recommendation concerns case management. A minimum of two additional support coordinators and one support coordinator supervisor are needed to meet the rising needs. Most Support Coordinator services in DD are billed to Medicaid, allowing for minimal effect on the budget but the addition of a supervisor would incur a cost to the County. The second recommendation concerns capacity in the contracted day and employment programs. The committee is requesting that staff review options to grow Arlington based capacity. The request will add to staff's workload; therefore, the committee has sent a formal request to Ms. Warren and Chair O'Keefe requesting permission for staff to perform the review.

#### Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair O'Keefe at 9:00 p.m.

Respectfully submitted by Kelly Mauller

#### Upcoming Committee Meetings

Mental Health -Wednesday October 23<sup>rd</sup>, 2120 Building, Room 322 - 6:00 - 8:00

Child and Youth -Wednesday September 18<sup>th</sup>, 2100 Building, Lower level B, 6:00 - 7:00

Substance Use Disorder-Monday September 30<sup>th</sup>, 2120 Building, Room 115 - 7:00 - 9:00

Developmental Disabilities - Thursday September 26<sup>th</sup>, 2100 Building, lower level - 6:30 - 8:30

#### Upcoming Events

September 25, 2019 - Annual National Recovery Month Event - Bus Boys & Poets, 4251 Campbell Avenue, 6:30 p.m. to 8:00 p.m.

October 15, 2019 - Suicide Prevention Month Event - "The Ripple Effect", Shirlington Library, 4200 Campbell Ave, Arlington

October 29, 2019 - CSB New and Current Member Orientation, 2120 Building, Room 112, 6:00 - 8:00

October 31, 2019 - SPAN conference: Promoting Wellness and Preventing Suicide in Northern Virginia at Inova Fairfax Hospital - this event is sold out

November 6, 2019 - CSB Legislative Delegation Forum - 2100 Washington Boulevard, lower level auditorium, 6:00 p.m. to 7:00 p.m.

## **VACSB Conferences & Trainings**

### **2019/2020 Events**

- Legislative Conference - January 21-22, 2020 The Richmond Marriott
- Development & Training Conference May 6-8, 2020 The Williamsburg Lodge
- Public Policy Conference October 2-4, 2019 Hotel Roanoke & Conference Center