



The Arlington Community Services Board

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Jenette O’Keefe
ACCSB Chair

July 17, 2019
2100 Washington Blvd.
Lower Level Auditorium
Arlington, Virginia
7:00 pm – Full Board Meeting

Deborah Warren
**DHS Deputy Director/
CSB Executive Director**

Present: Anne Hermann, David FitzGerald, Steve Gallagher, Jenette O’Keefe, Lynne Kozma, Asha Patton-Smith, Sherry Coles, Dori Mitchell, Wendy Carria, Jim Mack, Bob Carolla

Excused: Carol Skelly, Cherie Takemoto, Paul Kalchbrenner, Steve Taphorn, Gretchen Foster, Joanne Del Toro, Frank Haltiwanger

Staff: Kelly Mauller, Deborah Warren, Ollie Russell

Public Comment(s)

Public comment is limited to 5 minutes. At the discretion of the CSB Chair, additional time may be given. There will be a brief opportunity for the board members to ask questions but no discussion of the matter will be held at the time.

Acknowledgement – Julia Airey, Arlington Now, introduced herself. Ms. Airey attended for the Behavioral Health Docket agenda item.

CSB Staff Recognition Award

The CSB Staff Recognition Award was presented to the CSB Mental Health Therapists from the Behavioral Healthcare Division who responded to the tragedy in Virginia Beach by providing support to the Family Assistance Center.

- Dr. John Palmieri, Behavioral Healthcare Division Chief
- Unique Campbell, Client Services Entry, Forensic Case Management
- Grace Guerrero, Supervisor, Client Services Entry, Forensic Case Management
- Andrea Tree, Client Services Entry, Intake and Assessment Unit
- Mark Doering, Supervisor, Client Services Entry, Intake and Assessment Unit

Dr. Palmieri stated that the work was very challenging and emotional and at the same time reminded him of why we are here; to support communities and individuals when they are not at their best. He added that the work meant a lot to him, and to the Virginia Beach community, as well as the other communities that provided support from other jurisdictions. Dr. Palmieri thanked the CSB for recognizing the teams’ efforts.

Ms. Guerrero thanked the CSB for recognizing the team. She added that what she took home was, that as human beings in general, we need to know who we are around and reach out to anyone that needs help.

Ms. Tree stated that she is grateful to have had the opportunity to provide support to the team.

Mr. Doering stated that he appreciated the opportunity to assist, adding that he has family near where the tragedy occurred.

Dallas Leamon, CIT Coordinator, read an email from Stephanie Arnold, Disaster Behavioral Health Coordinator, Office of Emergency Management, Virginia Department of Behavioral Health and Developmental Services commending the teams' efforts.

Ms. Warren thanked the team, noting that they provided 186 hours of support to Virginia Beach.

Approval of the June 19, 2019 ACCSB Meeting Minutes

Chair O'Keefe called for a motion to approve the June 19, 2019 ACCSB Full Board meeting minutes. Mr. Mack motioned to approve the minutes, Ms. Hermann seconded the motion, and the minutes were approved as amended. Clarification of the May 22nd minutes was noted.

Overview: State Performance Contract

Mr. Russell provided an overview of the CSB State Performance Contract (Refer to Handout). Mr. Russell stated that the fiscal year closing has not yet taken place due to incoming vendor invoices that will need to be processed. He will provide a full report at the September 18th full board meeting. Mr. Russell stated that the State Performance Contract is the only place where services are operationalized.

Mr. Russell provided an overview of populations served:

The CSB shall provide needed services to adults with serious mental illnesses, children with or at risk of serious emotional disturbance, individuals with developmental disabilities, or individuals with substance use disorders to the greatest extent possible within the resources available to it for this purpose.

Mr. Russell stated that the State Performance Contract is the Department of Behavioral Health and Development Services (DBHDS) way of:

- Funding CSB services
- Establishing required program areas
- Establishing core services each of the programs will provide
- The Performance Contract reports CSB financial information to the State

Mr. Russell stated that the State Performance Contract is divided into four program areas.

- Mental Health Services
- Developmental Disability Services
- Substance Use Services
- Emergency and Ancillary Services

Mr. Russell provided an overview of the number of individuals served in FY18 (actual numbers), the year-to-date number of individuals served in FY19 (numbers through the 3rd quarter), and the projected number of individuals to be served in FY20.

Mr. Russell asked the members to email him any questions they may have. Mr. Russell offered to speak with the committees individually.

County Board Request to Commissions: General Assembly Legislative Packet

Chair O'Keefe directed the members to a letter (Refer to handout) from County Board Chair, Christian Dorsey to Commission Chairs, requesting the perspective and expertise of Commissions in the development of Arlington's 2020 Legislative priorities. Comments must be submitted to CSB County Attorney Liaison, Pat Carroll by August 1, 2019 in order to be included in the legislative packet. Ms. O'Keefe read the questions that Mr. Dorsey requested feedback about. She asked the members to send any comments to Ms. Mauller by Friday July 26th.

Introductory Comments from New Chair and Vice Chair

Chair O'Keefe stated that she is honored to be in the position of Chair and feels privileged to be the spokesperson for the CSB. She thanked the CSB members for their work. Chair O'Keefe added that she would like the board to be a collaborative entity and welcomed input from the members. She asked the members to send suggestions to her for topics of discussion.

Mr. Gallagher stated that he is collaborating with Mr. Russell on a work plan for the upcoming year. He asked the members to send him any ideas about how the meetings can be restructured to include more interactive discussions.

Ms. Patton-Smith commented that the board should keep in mind the time frame of the meetings, to respect everyone's time, and to keep work within the work plan.

Duties and Roles of the Executive and Full Board Committees

Chair O'Keefe stated that she is taking a look at the roles of the Executive Committee and Full Board, as well as the role of Chair. She noted that CSB members should speak to persons, not associated with the CSB Board, as individuals and not on behalf of the CSB. She noted that, per the CSB By-Laws, only the CSB Chair serves as the spokesperson for the Board, unless another Board member is designated to do so. Chair O'Keefe added that the CSB members should speak with her prior to requesting tasks from staff.

Mr. FitzGerald asked if the members should speak with her about all requests to staff. Chair O'Keefe responded that the members should speak with her first about any major requests. The members agreed to copy Chair O'Keefe and Vice Chair Gallagher on major decisions/tasks that need to be facilitated with staff. She noted that the CSB should not directly ask staff to do additional work that will take away from their regular duties.

Chair O'Keefe reported that the Executive Committee held an informal discussion of the roles of committees at the July 8th meeting. She stated that she would like all members to feel that they have a role on the CSB. She added that the Executive Committee will hold another discussion about roles at the August 12th Executive Committee meeting and report out to the full board at the September 18th meeting.

Committee Briefings: CSB Committee Chairs

Chair O'Keefe stated that brief reports from committees may be brought forth as informal agenda items. Brief reports were provided by each committee Chair. The reports are as follows:

Substance Use Disorder (SUD) Committee (meets the 4th Monday of each month at 7:00 p.m. at 2120 Washington Blvd in room 115)

- Reviewing intensive outpatient program in specialized services; in particular, the need for an FTE on one of the SUD teams. This will be a main priority.
- Reviewing the Drug Court Program; what is successful, not successful.
- Review SUD cases and how they are handled at Virginia Hospital Center (VHC).

Mental Health (MH) Committee (meets the 4th Wednesday of each month at 6:00 p.m. at 2120 Washington Blvd. in room 321)

- Beginning process of developing staff budget proposals
- Reviewing DHS aftercare after discharge from VHC
- Discussing the impact of the proposed Behavioral Health docket
- Tracking the progress of the contract for the group homes
- Reviewing the wait list as a measure of demand and strategies for potential new group homes
- Developing the committee's FY20 meeting schedule
- Working on CSB committee member orientation
- Developing resource list for the public website
- A We Care Dinner picnic is being planned for the Kensington Group Home Residence in September
- The committee is monitoring the development of a Critical Incident Policy in collaboration with staff
- The MHCJRC reported to the Mental Health Committee that it
- continues to look at its committee structure and is monitoring the progress of the draft Behavioral Health Docket initiative

Developmental Disabilities (DD) Committee (meets the 1st Wednesday of each month at 6:30 p.m. at 2100 Washington Blvd. in the lower level – room varies)

- Discussing the implementation of self-directed services
- Based on community-based employment and the Win model, discussing individual client service and group service
- Addressing capacity shortages at the day treatment program at Woodmont
- Discussing measures to prevent sexual abuse of DD clients

Child and Youth (CY) Committee (meets the 3rd Wednesday of each month at 6:00 p.m. at 2100 Washington Blvd. in lower level room B)

- CSB member Wendy Carria is the new Co-Chair
- Same Day Access for children had an increase of 40% over the past year
- Developing the committee's FY20 meeting schedule – planning to co-meet with other committees
- Focusing on LGBTQ awareness this year – a grant was approved to train staff about inclusivity and working with at risk populations
- Adverse Childhood Experiences (ACES) trainings internally and in the community through George Mason University
- Discussing how to enhance substance use disorder services

Ms. Warren stated that DHS reached out to stakeholders in the community to put together a suicide prevention event in October at Central Library.

Executive Director's Report

- ✓ Ms. Warren reported that the County Attorney has completed reviewing the RFP for the Group Homes. She noted that a meeting is scheduled on July 23rd to discuss questions and concerns. She added that the process should be complete by the end of July
- ✓ Ms. Warren stated that the Department of Behavioral Health and Developmental Services (DBHDS) has contracted with JBS International Services to perform a state-wide Behavioral Health System Assessment of all 40 CSBs in the State. She noted that the Arlington CSB was the pilot assessment which occurred on June 25th and 26th. She added that JBS conducted interviews with the Chair and the Executive Director of the CSB, individual interviews with staff, and held focus groups for clients and staff. The assessment was focused on mental health and substance use disorder treatment services.

She stated that once JBS provides the CSB Leadership Team with a report of their findings, the report will be shared with the CSB members. Ms. Warren added that a State aggregated report will be made available once all 40 CSBs have been assessed.

- ✓ Ms. Warren provided an overview of the public meeting, held earlier today, about the proposed Behavioral Health Docket. Arlington Behavioral Health Docket is a post-plea, pre-conviction, therapeutic docket in line with the vast majority of dockets in the Commonwealth.

Mr. Gallagher asked about the outcome of the meeting. Ms. Warren responded that the meeting was recorded and that a note taker was present. She noted that the comments will be posted publicly and feedback will be collected through August. The members were asked to send any written comments to Ms. Mauller.

Ms. Kozma asked if an evening meeting will be held to discuss the docket. Ms. Warren responded that a decision has not yet been made to hold an evening meeting.

The members proposed and agreed to receive regular updates about the docket. The members who attended the meeting provided comments about the docket.

Ms. Mitchell asked if the CSB is able to participate on the Behavioral Health Docket Committee. Mr. Gallagher motioned to request that a member of the CSB be able to participate on the Behavioral Health Docket Committee. Mr. FitzGerald seconded the motion. The members agreed.

- ✓ Dr. John Palmieri, Behavioral Healthcare Division (BHD) Chief, presented about the proposed reorganization of the BHD. Dr. Palmieri provided a brief update about the hiring process to replace Leslie Weisman, Client Services Entry (CSE) Bureau Chief, who is retiring at the end of August. He stated that he has been working with County Human Resources to develop a stakeholder survey to determine how the division is functioning in general. He added that the survey will be sent across all divisions, the CSB, to the community, families and clients and will ask about their experiences with services such as quality of services and service gaps and strengths. Dr. Palmieri stated that the goal is to have the survey distributed by the end of July and to begin collecting data in August. He noted that the survey will be somewhat helpful in the recruitment of the new CSE Bureau Chief position.

Dr. Palmieri provided key highlights of the proposed BHD reorganization. They are as follows:

- Drug Court Program and proposed BH Docket will report to the same supervisor
- Forensic Case Management services will now report to Residential and Specialized Clinical Services Bureau
- The Crisis Intervention Team (CIT) Coordinator will be moved to more closely work with Emergency Services
- Community Corrections (probation services) will move to BHD from the Economic Independence Division (EID)

Dr. Palmieri presented an overview of the current and proposed organizational chart (Refer to Handout).

Mr. FitzGerald asked about the timeline for fulfilling the Client Services Bureau Chief position. Dr. Palmieri estimated the timeline would be 3 to 6 months and assured the members that the program will continued to be administered in the interim.

Ms. Warren asked when implementation of the reorganization will take place. Dr. Palmieri responded that the shift in the placement of Forensic Case Management will take place in the initial phase and that

moving Community Corrections from EID to BHD will occur later, once the Bureau Chief position is filled.

Miscellaneous Updates/Information

- ✓ Mr. Russell directed the members to the CSB tracking calendar and asked the members to send him any suggestions for changes. Ms. Hermann suggested adding the new committee member orientation to the calendar. She also suggested to invite Arlington’s legislators to the November 6th CSB Legislative Delegation Forum now instead of waiting until September.
- ✓ Ms. Mitchell called for a motion to approve using the design of the CSB 50th Anniversary quilt square as the CSBs new Logo. Ms. Coles motioned for an approval. Mr. FitzGerald seconded the motion.
- ✓ Ms. Mauller asked the members to send her suggestions for inclusion in the CSB FY19 Annual Report. This year’s report will be data based and include information about the CSBs 50th Anniversary.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:20 p.m.

Respectfully submitted by Kelly Mauller